European Commission

Special Eurobarometer 472

Report

Sport and physical activity

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Survey requested by the European Commission,
Directorate-General for Education, Youth, Sport and Culture
and co-ordinated by the Directorate-General for Communication

This document does not represent the point of view of the European Commission.
The interpretations and opinions contained in it are solely those of the authors.

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Special Eurobarometer 472

Report

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Survey conducted by TNS opinion & social at the request of the European Commission,
Directorate-General for Education, Youth, Sport and Culture
Survey co-ordinated by the European Commission, Directorate-General for Communication
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INTRODUCTION

This report presents the results of the Special Eurobarometer public opinion survey on sport and physical activity in the 28 EU Member States. This follows three previous Eurobarometer surveys on sport and physical activity, conducted in 2002, 2009 and 2013.

In 2007, the White Paper on Sport was issued by the European Commission as the first policy document addressing sport on behalf of the European Union. The Lisbon Treaty, in force since December 2009, introduced a specific article, namely Article 165 TFEU, which gave the EU a new supporting competence for sport. This article entails provisions for promoting European sporting issues and calls for EU action to develop the European dimension in sport.

In 2011, the Commission adopted a Communication entitled "Developing the European Dimension in Sport" providing for specific actions regarding the societal role of sport, the economic dimension of sport and the organisation of sport. Based on this Communication, the Council adopted a Resolution on an EU Work Plan for Sport 2011-2014, which further strengthened European cooperation on sport by setting priorities for EU-level work engaging the EU Member States and the Commission. To implement the Work Plan, work at the expert level inter alia focused on providing input to the questionnaire of the present Special Eurobarometer survey. In 2012, the Council adopted conclusions on promoting health-enhancing physical activity and on strengthening the evidence-base for sport policymaking, both calling on the Commission to issue regular surveys on sport and physical activity.

Following a proposal from the Commission, financial support for sport is now included in the form of a specific chapter in Erasmus+, the EU programme for education, training, youth and sport for the period 2014-2020.

A new EU Work Plan for Sport came into force in July 2017. It sets out the key topics that EU Member States and the Commission should prioritise up to 2020:

- Integrity of sport will focus on good governance, safeguarding minors, fighting match-fixing, doping and corruption;
- The economic dimension, focusing on innovation in sport, and the links between sport and the digital single market;
- Sport and society, focusing on social inclusion, coaches, media, environment, health, education and sport diplomacy.

This Special Eurobarometer survey will contribute to providing some of the data to support the developing policy framework for promoting sport and physical activity, as described above. Moreover, it will allow policymakers, researchers and other interested parties to deliver trend analysis on various matters compared to previous years.

This survey was carried out by TNS Political & Social network in the 28 EU Member States between 2 and 11 December 2017. Some 28,031 EU citizens from different social and demographic categories were interviewed face-to-face at home and in their native language, on behalf of the Directorate-General for Education, Youth, Sport and Culture. The methodology used is that of the Standard Eurobarometer surveys carried out by the Directorate-General for Communication ("Media Monitoring, Media Analysis and Eurobarometer" Unit)[1]. It is the same for all countries and territories covered in the survey. A technical note concerning the interviews conducted by the member institutes of the TNS Political & Social network is annexed to this report. It also specifies the confidence intervals[2].

Note: In this report, countries are referred to by their official abbreviation. The abbreviations used in this report correspond to:

Belgium	BE	Lithuania	LT
Bulgaria	BG	Luxembourg	LU
Czech Republic	CZ	Hungary	HU
Denmark	DK	Malta	MT
Germany	DE	The Netherlands	NL
Estonia	EE	Austria	AT
Ireland	IE	Poland	PL
Greece	EL	Portugal	PT
Spain	ES	Romania	RO
France	FR	Slovenia	SI
Croatia	HR	Slovakia	SK
Italy	IT	Finland	FI
Republic of Cyprus	CY *	Sweden	SE
Latvia	LV	United Kingdom	UK
European Union – weighted average for the 28 EU Member States			EU28

We wish to thank the people throughout the European Union

who have given their time to take part in this survey.

Without their active participation, this study would not have been possible.

[1] http://ec.europa.eu/commfrontoffice/publicopinion

[2] The results tables are annexed. It should be noted that the total of the percentages indicated in the tables in this report may exceed 100% when the respondent has the possibility of giving several answers to the question.

MAIN FINDINGS

Nearly half of Europeans never exercise or play sport, and the proportion has increased gradually in recent years

- Two in five Europeans (40%) exercise or play sport at least once a week, including 7% who do so regularly (at least five times per week). However, almost half of respondents (46%) never exercise or play sport.
- Levels of participation have not changed substantially since 2013. However, the proportion of those who never exercise or play sport has increased from 42% to 46%, and this is a continuation of a gradual trend since 2009.
- Less than half of respondents (44%) do some form of other physical activity (such as cycling, dancing or gardening) at least once a week, while 35% never do this kind of activity at all.
- Europeans are now less likely to engage in other physical activities than in 2013. In particular, the proportion that never does this type of activity has increased, from 30% to 35%.
- Overall, in the EU, men exercise, play sport or engage in other physical activity more than women. This disparity is particularly marked in the 15-24 age group, with young men tending to exercise or play sport on a regular basis considerably more than young women. The amount of regular activity that people do tends to decrease with age.
- Engagement in sport and physical activity is also less prevalent among people with lower levels of education and among those with financial difficulties.
- The proportion of people who exercise or play sport regularly or with some regularity is highest in Finland (69%), Sweden (67%) and Denmark (63%). Respondents are least likely to exercise or play sport in Bulgaria, Greece and Portugal (in each of these countries, 68% never exercise or play sport).
- There are several countries where respondents are now much less likely to engage in sport than in 2013: Croatia, Latvia, Austria and Estonia. Levels of engagement have increased in Malta, Bulgaria and Cyprus.

In a given week, more than half of Europeans do not do any vigorous physical activity, and around half do not engage in moderate physical activity

- When asked about their levels of physical activity within a week, more than half of all respondents (58%) did not do any vigorous activity (+4pp since 2013) and 47% did not do any moderate physical activity (+3pp).
- Among those who do vigorous physical activity, the majority (54%) spend an hour or less per day doing so, while 43% of them spend more than an hour.
- Most respondents spend an hour or less doing moderate physical activity (63%), while 34% spend more than one hour doing it.

15% of Europeans do not walk for 10 minutes at a time at all in a weekly period, while 12% sit for more than 8.5 hours per day

- Most EU citizens (61%) say they walked for at least ten minutes at a time on four or more of the last seven days. However, 15% did not walk for at least 10 minutes at a time on any day within a week. These figures are similar to those seen in 2013.
- On a usual day, around two thirds of respondents (69%) spend between 2.5 and 8.5 hours sitting, while 12% sit for more than 8.5 hours and 16% for no more than 2.5 hours.
- Respondents now typically spend slightly longer sitting than in 2013, with an increase in the proportion of those sitting for more than 5.5 hours (+4pp) and a decrease in the proportion of those sitting for up to 5.5 hours (-4pp).

Formal sport settings are less popular than informal settings such as parks or outdoors, the home or the journey between home and work or school

- Sport or physical activity takes place in a wide range of locations, most commonly in parks and outdoors (40%), at home (32%) or on the journey between home and school, work or shops (23%).
- These findings are in line with those seen in 2013, although there has been an increase in the proportion engaging in sport or physical activity at a sport centre (12%, +4pp), while the proportion doing so at home has decreased (32%, -4pp).
- In 17 countries, the most common setting for sport or physical activity is the park or outdoors; this is highest among respondents in Finland (67%). The home is the most popular setting among respondents in nine countries, mostly in Eastern Europe, while in two countries the preferred setting is on the way between home and school, work or shops.
- Three in ten EU citizens say that they are members of a club where they participate in sport or recreational physical activities, specifically a sport club (12%), a health or fitness centre (11%), a socio-cultural club (3%) or another type of club (7%).
- There were no changes since 2013 for any of the individual types of club; however, there was an increase in the proportion saying they are members of other types of club (+6pp).

The main motivations for participation in sport or physical activity are improved health and fitness. Lack of time is the principal barrier.

- The most common reasons for engaging in sport or physical activity are to improve health (54%) and to improve fitness (47%). Other popular reasons include relaxing (38%), having fun (30%) and improving physical performance (28%).
- In comparison with the 2013 survey, respondents are now less likely to say they engage in sport or physical activity in order to improve their health (-8pp), but are more likely to mention improved fitness (+7pp) and improved physical performance (+4pp).
- A lack of time is by far the main reason given for not practising sport more regularly (40%). Other factors mentioned are a lack of motivation or interest (20%) and having a disability or illness (14%). Findings are broadly in line with those seen in 2013.

Most Europeans think that there are opportunities available locally to be physically active, but many do not think their local authority does enough

- Three quarters of respondents (74%) agree that in their local area there are many opportunities to be physically active. A similar proportion of them (73%) think that their local sport clubs and other providers offer such opportunities.
- There are mixed views as to whether local authorities do enough to provide their citizens with opportunities to be physically active: 39% of respondents think that they do not do enough, while 49% think they do. Figures are similar to those seen in 2013.
- Views on opportunities for physical activities are most positive in the Netherlands, Denmark, Sweden and Germany, and are least positive in Bulgaria, Romania, Croatia and Italy.

6% of respondents engage in voluntary work that supports sport activities

- Overall, 6% of EU citizens say that they engage in voluntary work that supports sport activities. There was little change compared with 2013 (-1pp).
- Respondents in the Netherlands, Sweden (both 19%) and Denmark (18%) are most likely to engage in voluntary work.
- Three in ten respondents who give their time to volunteering in sport do so on an occasional basis. By contrast, 39% devote at least six hours of their time each month to volunteering in sport, with 9% of those surveyed giving 21 hours or more.
- People who volunteer in sport do a range of different activities, most commonly organising or helping to run a sporting event (33%), followed by coaching or training (27%).

I. FREQUENCY AND LEVELS OF ENGAGEMENT IN SPORT AND OTHER PHYSICAL ACTIVITY

This chapter examines frequency and levels of engagement in sport and other physical activity. It looks in detail at the amount of time EU citizens spend doing vigorous and moderate physical activity, as well as at the time spent walking and sitting down. As a result, it provides a comprehensive picture of behaviour in relation to sport and physical activity.

1 Frequency

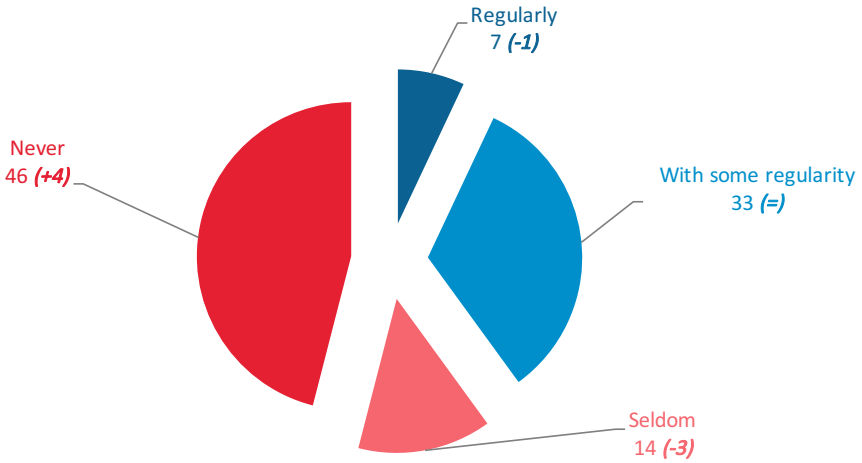
This first section looks at the proportion of EU citizens who exercise or play sport and who engage in other physical activity.

a. Exercising or playing sport

i. Findings for the EU as a whole

The proportion of Europeans that never exercise or play sport continues to increase. Almost half of Europeans (46%) say that they never exercise or play sport, while 14% only do so seldom[3]. Conversely, 40% of them exercise or play sport with at least some regularity, including 7% who exercise or play sport regularly[4]. Compared to 2013, the proportion of those who never exercise or play sport has increased (+4 percentage points, from 42% to 46%), while the proportion that does so seldom has decreased (from 17% to 14%). This continues the longer-term trend since 2009, when 39% said that they never exercised or played sport.

QB1 How often do you exercise or play sport?
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

Base: All respondents (N=28,031)

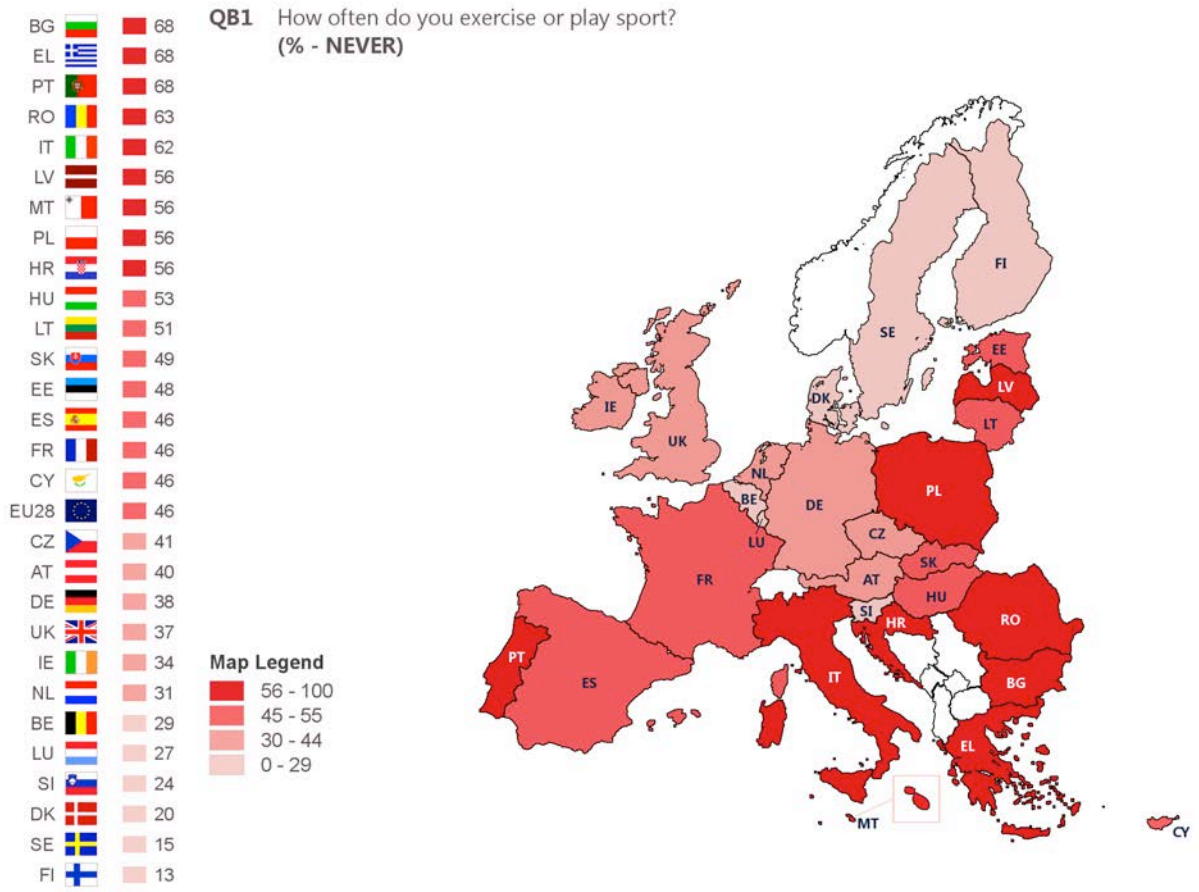
[3] QB1 How often do you exercise or play sport? By "exercise", we mean any form of physical activity which you do in a sport context or sport-related setting, such as swimming, training in a fitness centre or sport club, running in the park.

[4] "Regularly" means the respondent exercises at least 5 times a week; "with some regularity" means 1 to 4 times a week; and "seldom" means 3 times a month or less often.

ii. Findings by individual countries

There are 11 countries in which more than half of respondents never exercise or play sport. Respondents in Bulgaria, Greece and Portugal (all 68%) are the most likely to never exercise or play sport, followed by respondents in Romania (63%) and Italy (62%).

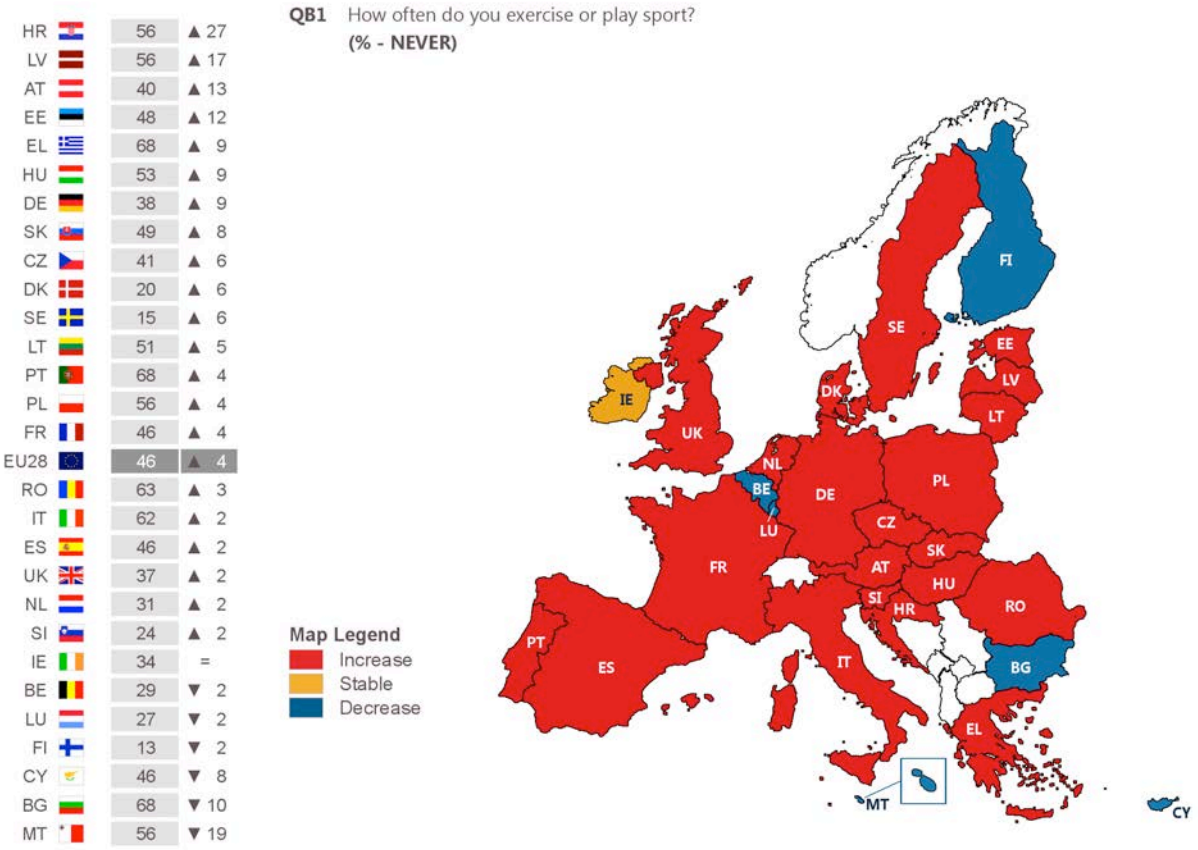
In the Nordic countries, only small proportions of respondents never exercise or play sport: Finland (13%), Sweden (15%) and Denmark (20%). These are also the countries where respondents are most likely to exercise or play sport regularly or with some regularity: 69% in Finland, 67% in Sweden and 63% in Denmark.



Base: All respondents (N=28,031)

There have been some large changes since 2013 in the proportions of people in different countries that never exercise or play sport. The largest increases can be seen in Croatia (+27pp), Latvia (+17pp), Austria (+13pp) and Estonia (+12pp).

There are only six countries that have seen a decrease in the proportion that never exercises or plays sport. The largest decreases are found in Malta (-19pp), Bulgaria (-10pp) and Cyprus (-8pp).



Base: All respondents (N=28,031)

Respondents in Finland (17%), Slovenia (15%), Spain and Sweden (both 14%) are the most likely to exercise or play sport regularly, while the lowest proportions can be seen in Italy (1%), Bulgaria and Greece (both 2%).

When comparing the results with the 2013 survey, there has been a large increase in Malta in the proportions that exercise or play sport either regularly (+6pp) or with some regularity (+5pp). By contrast, there have been large decreases in the proportions that exercise or play sport regularly or with some regularity in Croatia (-11pp), Greece (-8pp) and Austria (-7pp).

QB1 How often do you exercise or play sport?
(%)

	Regularly	2017 - 2013	With some regularity	2017 - 2013	Seldom	2017 - 2013	Never	2017 - 2013	Don't know
EU28	7	▼ 1	33	=	14	▼ 3	46	▲ 4	0
MT	11	▲ 6	19	▲ 5	14	▲ 8	56	▼ 19	0
FI	17	▲ 4	52	▼ 1	18	▼ 1	13	▼ 2	0
UK	13	▲ 3	34	▼ 2	16	▼ 3	37	▲ 2	0
SI	15	=	36	=	25	▼ 2	24	▲ 2	0
LU	12	=	44	▲ 2	17	=	27	▼ 2	0
CY	11	=	28	▲ 3	15	▲ 5	46	▼ 8	0
EE	7	=	28	▼ 4	17	▼ 7	48	▲ 12	0
LV	6	=	22	▼ 3	16	▼ 14	56	▲ 17	0
RO	6	=	13	▼ 2	18	=	63	▲ 3	0
CZ	5	=	27	▼ 4	27	▼ 2	41	▲ 6	0
PL	5	=	23	=	15	▼ 3	56	▲ 4	1
BG	2	=	14	▲ 5	15	▲ 6	68	▼ 10	1
ES	14	▼ 1	29	▼ 2	11	▲ 1	46	▲ 2	0
SE	14	▼ 1	53	▼ 2	18	▼ 3	15	▲ 6	0
SK	5	▼ 1	23	▼ 5	23	▼ 2	49	▲ 8	0
AT	4	▼ 1	34	▼ 6	22	▼ 6	40	▲ 13	0
DK	12	▼ 2	51	▼ 3	17	▼ 1	20	▲ 6	0
BE	8	▼ 2	41	▲ 4	22	=	29	▼ 2	0
FR	6	▼ 2	36	▲ 1	12	▼ 3	46	▲ 4	0
NL	6	▼ 2	51	▲ 1	12	▼ 1	31	▲ 2	0
DE	5	▼ 2	43	▲ 2	14	▼ 9	38	▲ 9	0
IT	1	▼ 2	27	=	10	=	62	▲ 2	0
IE	13	▼ 3	40	▲ 4	13	▼ 1	34	=	0
PT	5	▼ 3	21	▲ 1	6	▼ 2	68	▲ 4	0
LT	11	▼ 4	22	=	16	▼ 1	51	▲ 5	0
HR	5	▼ 4	19	▼ 7	20	▼ 16	56	▲ 27	0
EL	2	▼ 5	21	▼ 3	9	▼ 1	68	▲ 9	0
HU	9	▼ 6	24	▲ 1	14	▼ 4	53	▲ 9	0

Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

An analysis of the socio-demographic data reveals strong differences, in line with the 2013 survey:

- Men are more likely than women to exercise or play sport: 44% of men do so with at least some regularity, compared with 36% of women; conversely, 40% of men never exercise or play sport, compared with 52% of women.
- The frequency of exercise or sport tends to decrease with age. A majority of 15-24 year-olds (62%) exercise or play sport regularly or with some regularity; this falls to 46% in the 25-39 age group, 39% for 40-54 year-olds and 30% for the 55+ age group. Correspondingly, the proportion that never exercises or plays sport ranges from 24% among 15-24 year olds, to 61% of those aged 55 or over.
- The difference between men and women is strongest in the younger age groups: just 15% of men aged 15-24 never exercise or play sport, compared with 33% of women in the same age group. The gender gap becomes narrower as age increases: in the 55+ age group, the majority of both men and women never exercise or play sport (58% and 64% respectively).
- A link also appears between education and the frequency of exercise or sport done. The majority of people who left the education system by the age of 15 or earlier (73%) say they never exercise or play sport; this falls to 52% of those who ended education at 16-19; and 31% of those who finished education at the age of 20 or over.
- People in some socio-professional categories are also more likely to exercise or play sport: 26% of managers never exercise or play sport, compared with 37% in other white-collar jobs, 36% of self-employed people and 49% of manual workers. A high proportion of housepersons (67%) never exercises or play sport.
- There are differences in relation to the respondent's financial position: the majority of those who have difficulties paying bills never exercise or play sport (66% of those who have difficulties most of the time, and 55% of those who have difficulties from time to time, compared with 41% of those who never or almost never have difficulties).
- However, socio-demographic variables do not appear to have an important impact on the proportion of people who exercise or play sport regularly (five times or more per week), with the figure for most groups staying quite close to the EU28 level of 7%.

QB1 How often do you exercise or play sport?
(% - EU)

	Regularly	With some regularity	Seldom	Never	Don't know
EU28	7	33	14	46	0
Gender					
Men	8	36	16	40	0
Women	7	29	12	52	0
Age					
15-24	9	53	14	24	0
25-39	6	40	19	35	0
40-54	7	32	17	44	0
55 +	8	22	9	61	0
Gender and Age					
Men 15-24	12	59	14	15	0
Men 25-39	6	45	21	28	0
Men 40-54	6	35	20	39	0
Men 55+	8	22	12	58	0
Women 15-24	6	47	14	33	0
Women 25-39	4	36	17	42	1
Women 40-54	7	29	14	50	0
Women 55+	7	21	8	64	0
Education (End of)					
15-	6	14	7	73	0
16-19	6	27	15	52	0
20+	9	43	17	31	0
Still studying	10	63	11	16	0
Socio-professional category					
Self-employed	7	39	18	36	0
Managers	7	46	20	26	1
Other white collars	4	40	19	37	0
Manual workers	6	29	16	49	0
House persons	5	18	10	67	0
Unemployed	10	26	14	49	1
Retired	8	20	9	63	0
Students	10	63	11	16	0
Difficulties paying bills					
Most of the time	4	19	11	66	0
From time to time	5	24	15	55	1
Almost never/ Never	8	37	14	41	0

Base: All respondents (N=28,031)

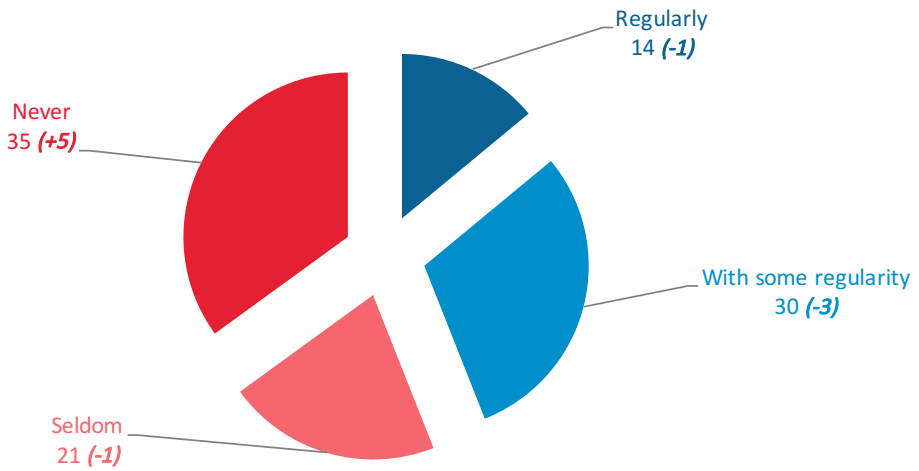
b. Engaging in other physical activities

i. Findings for the EU as a whole

Less than half of respondents engage in other physical activities, such as cycling, dancing or gardening, at least with some regularity. Respondents are now less likely to engage in other physical activity than they were in 2013. The proportion that never does this kind of activity has increased (+5pp), while the proportion that does so with some regularity has decreased (-3pp).

When asked about their engagement in other physical activity (such as cycling, dancing or gardening)[5], 14% of EU citizens say they do this kind of activity regularly, while 30% do so with some regularity. However, the majority of respondents do this kind of activity seldom (21%) or never (35%)[6].

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.?
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

Base: All respondents (N=28,031)

[5] QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.? By 'other physical activity' we mean physical activity for recreation or non-sport-related reasons.

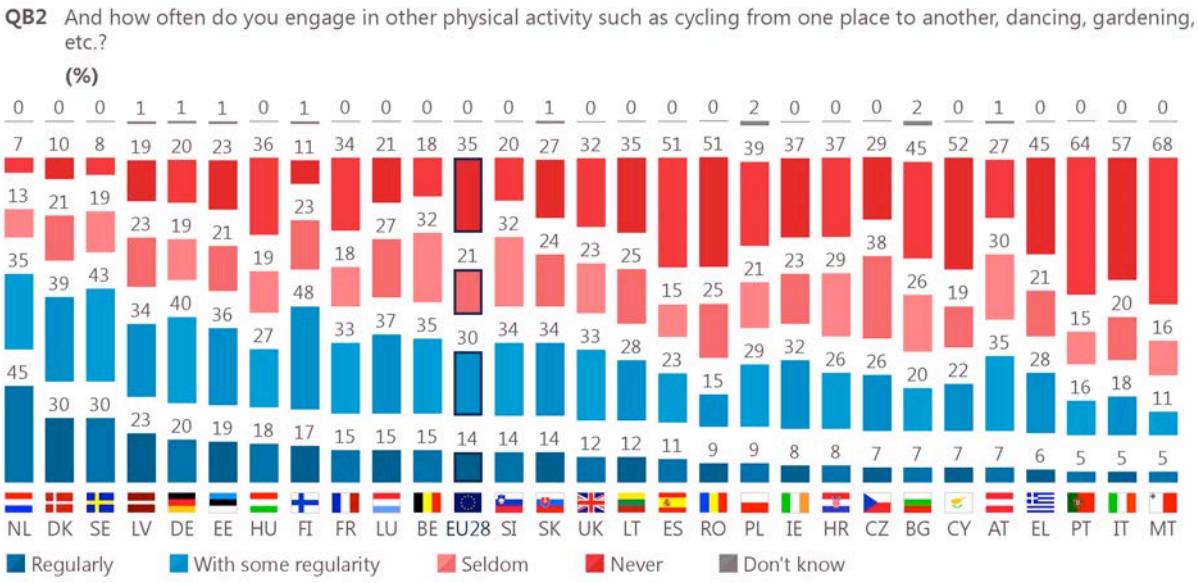
[6] "Regularly" means the respondent engages in other physical activity at least 5 times a week; "with some regularity" means 1 to 4 times a week; and "seldom" means 3 times a month or less often.

ii. Findings by individual countries

The proportion of people who engage in other physical activities regularly (at least five times a week) is the highest in the Netherlands (45%), and is also at a high level in Denmark and Sweden (both 30%). The proportion of those who engage in other physical activities with at least some regularity is also high in the Netherlands (80%), Sweden (73%) and Denmark (69%), along with Finland (65%), Germany (60%) and Latvia (57%).

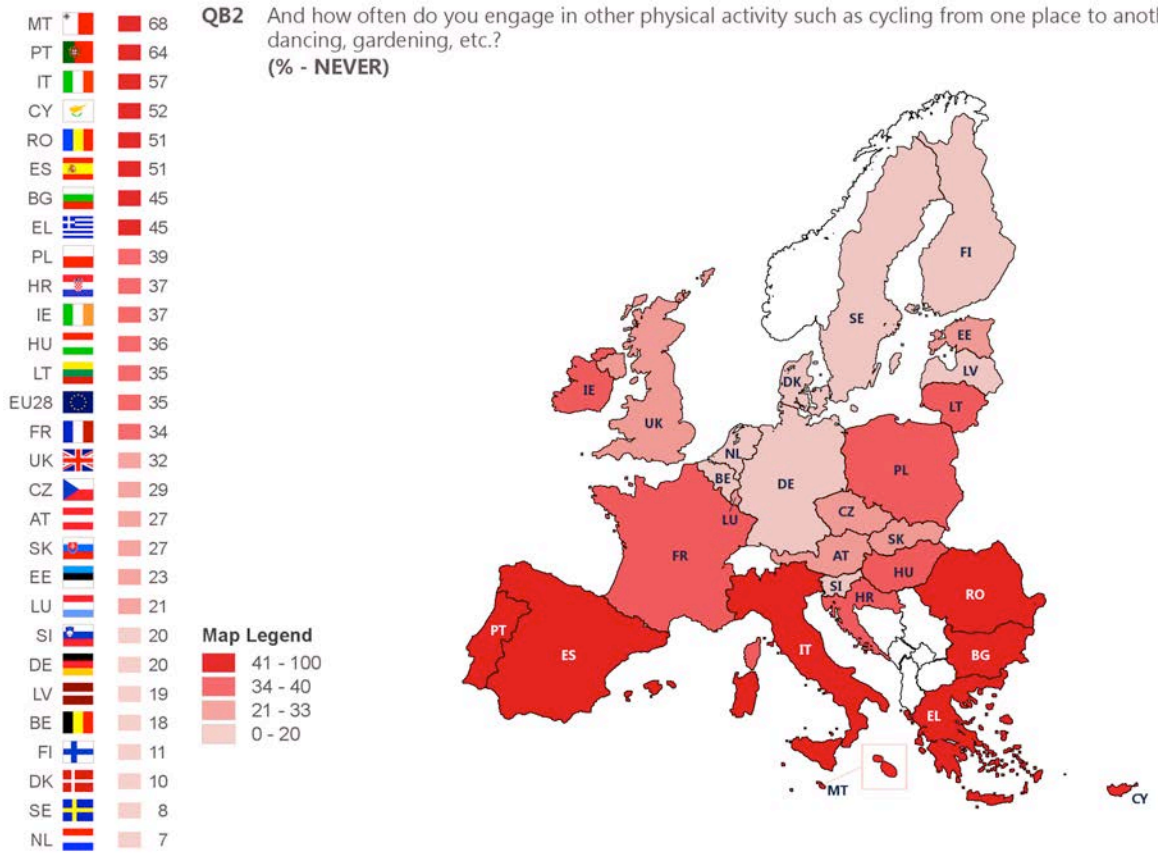
By contrast, in a number of countries less than one in ten respondents regularly engage in other physical activities, with the lowest proportions found in Malta, Italy and Portugal (all 5%).

In six countries, more than half of respondents never engage in other physical activities: Malta (68%), Portugal (64%), Italy (57%), Cyprus (52%), Romania and Spain (both 51%). The proportion of those who never engage in this kind of activity is lowest in the Netherlands (7%), Sweden (8%), Denmark (10%) and Finland (11%).



Base: All respondents (N=28,031)

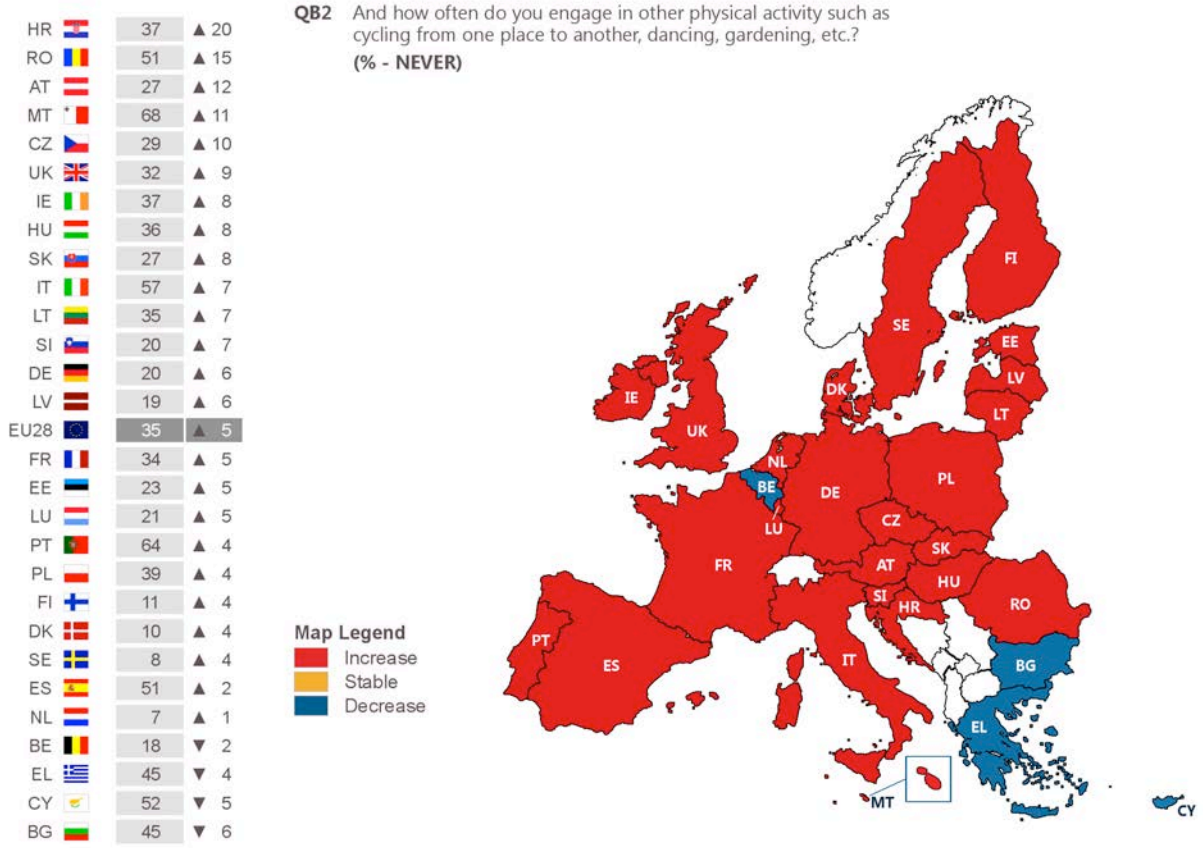
Looking at individual countries, a clear general geographical pattern appears: the proportion of those who never engage in other physical activities tends to be higher in countries in Southern Europe than in Northern Europe.



Base: All respondents (N=28,031)

With regards to the evolution of this tendency since 2013, there has been an increase in most countries in the proportion of people who never engage in other physical activities, most notably in Croatia (+20pp), Romania (+15pp), Austria (+12pp), Malta (+11pp) and the Czech Republic (+10pp).

There are only four countries where there has been a decrease in the proportion of those who never engage in this kind of activity: Bulgaria (-6pp), Cyprus (-5pp), Greece (-4pp) and Belgium (-2pp).



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

As with exercising or playing sport, strong differences can be observed between socio-demographic groups when looking at other physical activities:

- Men are more likely than women to engage in other physical activities: 31% of men never take part in this kind of activity, compared with 40% of women.
- Older people are less likely to engage in other physical activities: people aged 55 or over are more likely to say that they never engage in any other physical activity (45%, falling to 33% of 40-54 year olds, 29% of 25-39s, and 25% of 15-24 year olds).
- More than half (57%) of people who finished education by the age of 15 say they never engage in other physical activities. This falls to 37% of those who ended education at 16-19; and 24% of those who finished education at the age of 20 or over.
- Those with financial difficulties are less likely to engage in other physical activities. The proportion that never does this kind of activity is 49% among those who have difficulties paying bills most of the time, and 45% among those who have difficulties from time to time, compared with 31% of those who never or almost never have difficulties.

- Engagement in other physical activities varies depending on subjective urbanisation: respondents who live in a rural village are more likely to engage in other physical activities (32% say they never do so), compared with those living in a large town (41%).
- There is a strong link between exercise and sport: among those who never exercise or play sport, the majority (62%) also say that they never participate in other physical activities.

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.?

	Regularly	With some regularity	Seldom	Never	Don't know
EU28	14	30	21	35	0
Gender					
Men	15	32	22	31	0
Women	13	28	19	40	0
Age					
15-24	17	34	23	25	1
25-39	12	32	26	29	1
40-54	13	31	23	33	0
55 +	14	26	15	45	0
Education (End of)					
15-	10	20	13	57	0
16-19	12	28	22	37	1
20+	16	38	22	24	0
Still studying	19	36	23	21	1
Difficulties paying bills					
Most of the time	12	21	17	49	1
From time to time	10	23	22	45	0
Almost never/ Never	15	34	20	31	0
Subjective urbanisation					
Rural village	15	33	19	32	1
Small/ mid size town	14	29	22	35	0
Large town	11	27	20	41	1
Exercise or play sport					
Regularly	46	26	10	17	1
With some regularity	13	54	20	13	0
Seldom	11	26	53	10	0
Never	10	15	13	62	0

Base: All respondents (N=28,031)

2 Levels of engagement

This section examines the amount of time respondents spend doing vigorous physical activity and moderate physical activity, walking and sitting. This allows a detailed analysis of activity (as well as inactivity) patterns in the context of the overall frequency of engagement in sport and other physical activity seen in the previous section.

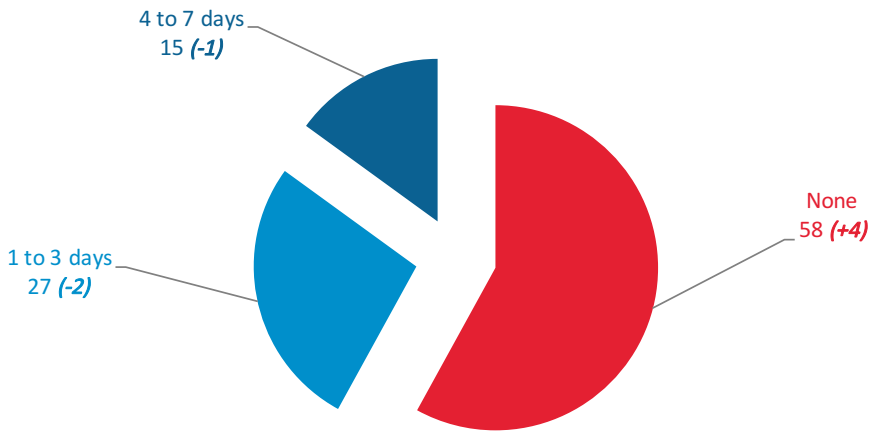
a. Vigorous physical activity

i. Findings for the EU as a whole

When asked on how many days they engage in vigorous physical activity[7], 15% of respondents say they did vigorous physical activity on at least four of the previous seven days, while 27% did so on one to three days. However, the majority (58%) of all respondents did not do any vigorous physical activity in the previous week.

The proportion that did no vigorous activity has increased by 4 pp since 2013. In parallel, there has been a decrease in the proportion of respondents who did vigorous physical activity (-3 pp) in the previous week.

QB3a In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

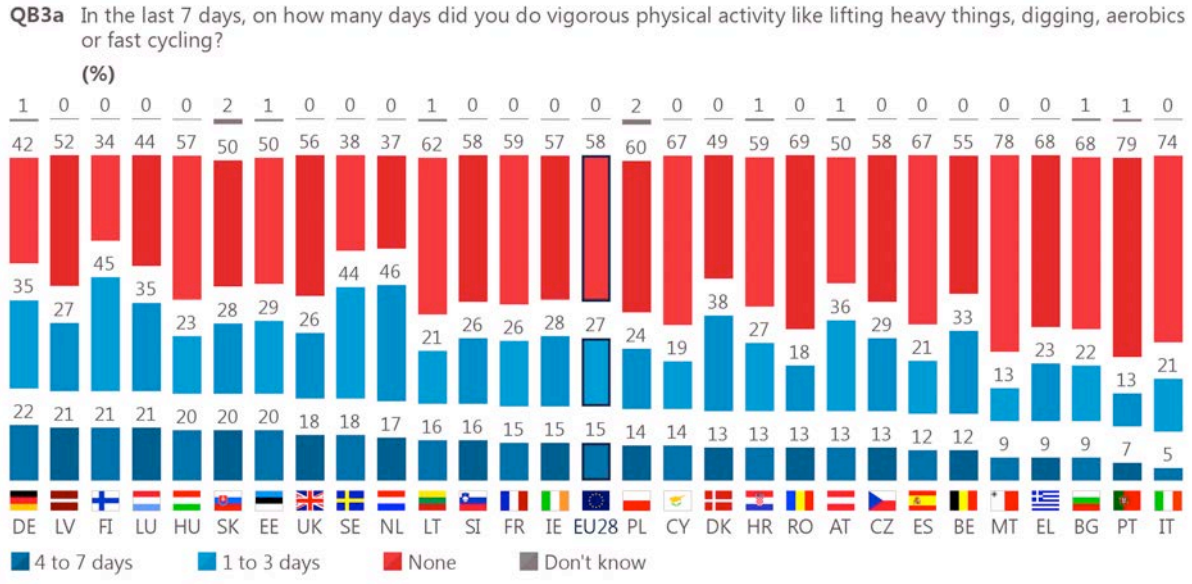
Base: All respondents (N=28,031)

[7] QB3a In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?

ii. Findings by individual countries

Findings in many individual countries are similar to the EU28 figures. However, respondents are more likely to have done vigorous physical activity on at least four of the previous seven days in Germany (22%), Latvia, Finland and Luxembourg (all 21%). Respondents are most likely to have done vigorous physical activity on at least one day in Finland (66%), the Netherlands (63%) and Sweden (62%).

Respondents are least likely to have done any vigorous physical activity in Portugal (79% did none in the previous week), Malta (78%) and Italy (74%). The proportion that did vigorous physical activity on at least four of the last seven days is the lowest in Italy (5%), Portugal (7%), Bulgaria, Greece and Malta (all 9%).



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

The differences between socio-demographic groups include:

- Men are more likely than women to do vigorous physical activity: 18% of men did so on at least four of the previous seven days, compared with 11% of women. The proportion who did no vigorous physical activity is 51% for men and 65% for women.
- Older people are less likely to do vigorous physical activity: people aged 55 or over are more likely to say that they did no vigorous physical activity (71%, falling to 56% of 40-54 year olds, 47% of 25-39s, and 42% of 15-24 year olds).
- The difference between men and women is most pronounced in the 15-24 age group: 53% of women in this age group did no vigorous activity, compared with 31% of men.
- Around half (48%) of those who finished education at the age of 20 or over did no vigorous physical activity in the previous week. This was higher among those who ended education at 16-19 (60%), and higher still among people who finished education by the age of 15 (77%).
- Students (23%) are more likely than respondents from other socio-professional groups to do vigorous physical activity on four to seven days in the last week. Looking at the occupational groups, those in manual occupations (22%) are more likely to have done vigorous physical activity on at least four of the last seven days. This may suggest that, for some respondents, the activities may be work-related.

QB3a In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling? (DO NOT SHOW SCREEN - DO NOT READ OUT)
(% - EU)

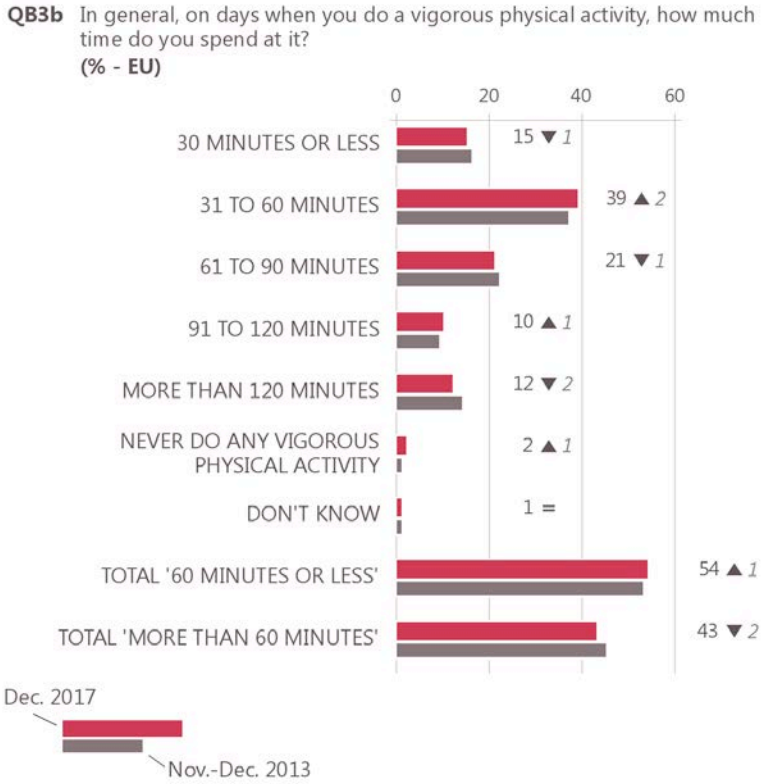
	None	1 to 3 days	4 to 7 days	Don't know	Average
EU28	58	27	15	0	1.3
Gender					
Men	51	31	18	0	1.6
Women	65	24	11	0	1.1
Age					
15-24	42	37	21	0	1.8
25-39	47	34	18	1	1.6
40-54	56	28	16	0	1.4
55 +	71	19	10	0	0.9
Gender and Age					
Men 15-24	31	41	27	1	2.3
Men 25-39	40	37	23	0	1.9
Men 40-54	50	31	19	0	1.6
Men 55+	65	23	12	0	1.1
Women 15-24	53	33	14	0	1.3
Women 25-39	55	31	13	1	1.3
Women 40-54	61	26	13	0	1.2
Women 55+	75	17	8	0	0.8
Education (End of)					
15-	77	13	10	0	0.8
16-19	60	24	15	1	1.3
20+	48	37	15	0	1.5
Still studying	38	39	23	0	1.9
Socio-professional category					
Self-employed	49	33	18	0	1.6
Managers	44	41	15	0	1.5
Other white collars	54	35	10	1	1.2
Manual workers	52	25	22	1	1.7
House persons	76	14	9	1	0.8
Unemployed	63	24	13	0	1.2
Retired	73	19	8	0	0.8
Students	38	39	23	0	1.9

Base: All respondents (N=28,031)

iv. Time spent on vigorous physical activity

The group of respondents who said they did vigorous physical activity during the last week were asked specifically how much time they spent at it on those days[8].

Among these respondents, the majority (54%) spend no more than an hour doing vigorous physical activity: 15% do it for 30 minutes or less and 39% for 31 to 60 minutes. On the other hand, over four in ten respondents (43%) spend more than one hour doing vigorous physical activity: 21% do it for 61 to 90 minutes, 10% for 91 to 120 minutes and 12% for more than 120 minutes. Findings are very similar to those seen in the 2013 survey.



Base: Respondents who have done vigorous physical activity in the last week (N= 19,982)

Looking at individual countries, respondents in Estonia and Latvia (both 58%) are the most likely to do vigorous physical activity for more than an hour. In fact, around a quarter of respondents do this type of activity for two hours or more in Latvia (27%), Lithuania (26%) and Estonia (24%).

By contrast, respondents who are more likely to do vigorous physical activity for an hour or less are in Malta (75%), Italy (70%), Ireland (69%) and Greece (64%).

8 QB3b In general, on days when you do vigorous physical activity, how much time in total do you usually spend at it?

QB3b In general, on days when you do a vigorous physical activity, how much time do you spend at it?

(%)

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never do any vigorous physical activity	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	15	39	21	10	12	2	1	54	43
BE	25	34	14	11	15	1	0	59	40
BG	13	38	21	9	15	1	3	51	45
CZ	11	40	27	6	14	1	1	51	47
DK	18	43	22	8	8	1	0	61	38
DE	18	32	20	14	13	2	1	50	47
EE	6	33	21	13	24	1	2	39	58
IE	16	53	19	7	4	1	0	69	30
EL	21	43	17	6	12	0	1	64	35
ES	9	44	23	10	13	1	0	53	46
FR	14	33	21	10	19	2	1	47	50
HR	19	39	18	9	13	1	1	58	40
IT	16	54	21	4	3	2	0	70	28
CY	13	39	20	9	15	4	0	52	44
LV	12	29	19	12	27	1	0	41	58
LT	16	30	19	7	26	0	2	46	52
LU	21	28	24	12	14	1	0	49	50
HU	18	31	21	10	18	1	1	49	49
MT	25	50	11	5	4	5	0	75	20
NL	11	35	26	11	16	1	0	46	53
AT	19	34	29	9	6	1	2	53	44
PL	13	42	20	9	9	3	4	55	38
PT	12	36	25	10	10	4	3	48	45
RO	20	32	17	12	15	3	1	52	44
SI	14	39	24	11	10	2	0	53	45
SK	13	40	27	8	7	1	4	53	42
FI	13	46	28	7	4	1	1	59	39
SE	8	46	24	12	9	1	0	54	45
UK	15	43	21	7	12	1	1	58	40

Highest percentage per country *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: Respondents who have done vigorous physical activity in the last week (N= 19,982)

Socio-demographic variations are as follows:

- Men typically spend longer than women doing vigorous physical activity. While 50% of men do this for more than an hour, the proportion is much lower for women (35%).
- Self-employed people and those in manual occupations (both 52%) are more likely to spend more than an hour doing vigorous physical activity, compared with other occupational groups.
- Findings are consistent by age group.

QB3b In general, on days when you do a vigorous physical activity, how much time do you spend at it? **(% - EU)**

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never do any vigorous physical activity	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	15	39	21	10	12	2	1	54	43
Gender									
Men	14	34	23	12	15	1	1	48	50
Women	17	45	19	7	9	2	1	62	35
Age									
15-24	14	42	23	11	8	1	1	56	42
25-39	12	42	22	9	13	1	1	54	44
40-54	15	36	21	10	15	2	1	51	46
55 +	19	35	19	9	14	3	1	54	42
Socio-professional category									
Self-employed	14	33	22	13	17	1	0	47	52
Managers	14	46	21	9	6	2	2	60	36
Other white collars	15	43	24	9	7	1	1	58	40
Manual workers	12	33	20	9	23	2	1	45	52
House persons	16	44	16	11	10	2	1	60	37
Unemployed	16	40	18	10	13	2	1	56	41
Retired	22	33	20	9	12	3	1	55	41
Students	14	44	25	11	5	1	0	58	41

Base: Respondents who have done vigorous physical activity in the last week (N= 19,982)

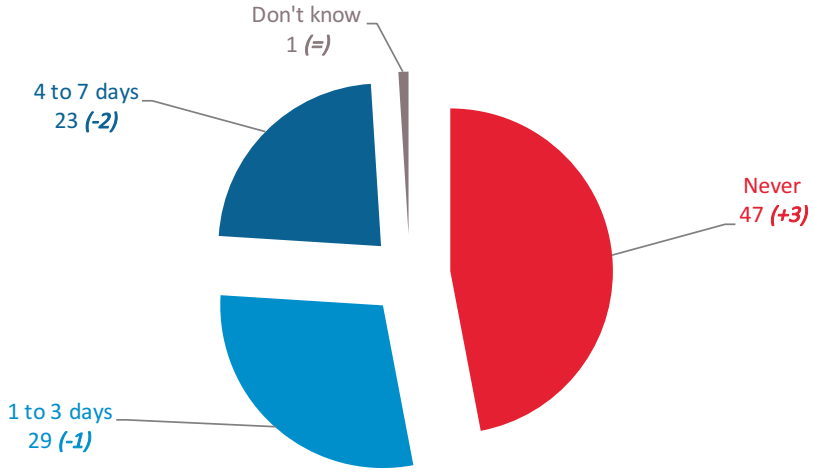
b. Moderate physical activity

i. Findings for the EU as a whole

Respondents were asked on how many days they engage in moderate physical activity[9]. Just under one in four respondents (23%) say they did moderate physical activity on at least four of the previous seven days, while 29% did so on one to three days. However, almost half (47%) did not do any moderate physical activity in the previous week.

The results show a slight decline in the frequency of moderate physical activity since 2013. The proportion of those who did no moderate physical activity at all in the last week increased by 3 pp, while there was a corresponding decrease in the proportions that did moderate physical activity (-3 pp).

QB4a In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

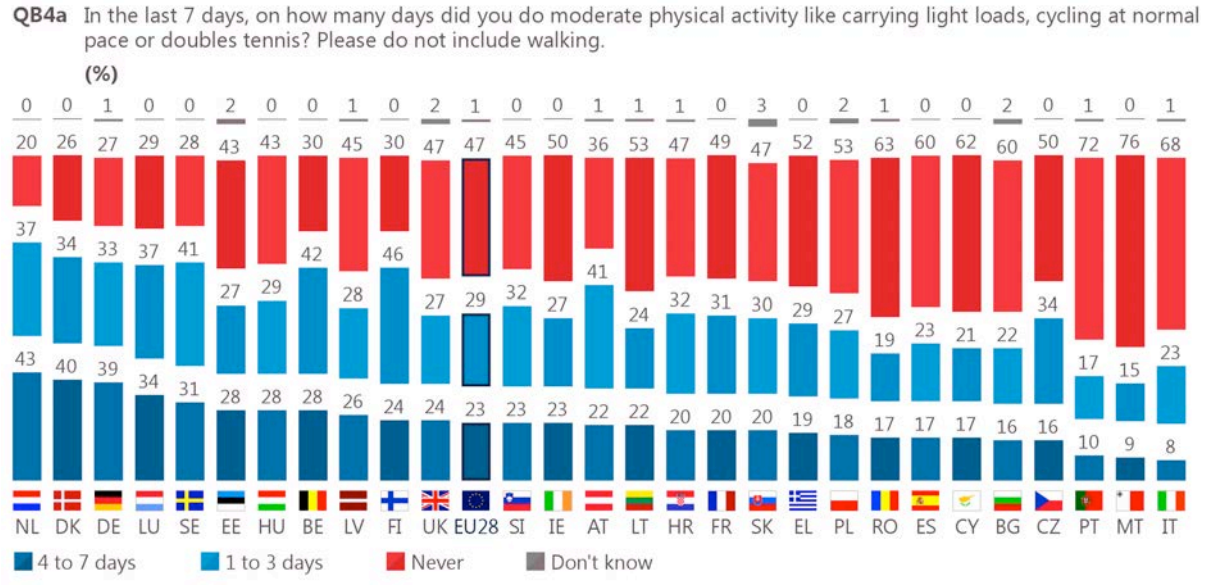
Base: All respondents (N=28,031)

[9] QB4a In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

ii. Findings by individual countries

Looking at country level, respondents are most likely to do moderate physical activity on at least four of the previous seven days in the Netherlands (43%), Denmark (40%) and Germany (39%).

Respondents in Italy (8%), Malta (9%) and Portugal (10%) are the least likely to have done moderate physical activity on at least four of the last seven days. Furthermore respondents in Malta (76%), Portugal (72%) and Italy (68%) are also the most likely to say that they did no moderate physical activity at all.



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

Differences by socio-demographic groups include:

- Men are more likely than women to do moderate physical activity: 42% of men did no moderate physical activity in the previous seven days, compared with 52% of women. Moreover, a slightly higher proportion of men did moderate physical activity on at least four of the last seven days (25% vs 21% of women).
- Older people are less likely to do moderate physical activity: people aged 55 or over are more likely to say that they did no moderate physical activity in the previous seven days (56%, falling to 46% of 40-54 year olds, 41% of 25-39 year olds, and 35% in 15-24 age group).
- The difference between men and women is most pronounced in the 15-24 age group: 43% of women in this age group did no moderate activity, compared with 26% of men.
- There is a link between education and moderate physical activity. While 66% of people who left the education system by the age of 15 say they did no moderate physical activity in the previous week, this falls to 50% of those who ended education at 16-19, and 37% of those who finished education at the age of 20 or over.
- Those with financial difficulties are less likely to engage in moderate physical activity. The proportion that never does this kind of activity is 61% among those who have difficulties paying bills most of the time, and 56% among those who have difficulties from time to time, compared with 43% of those who never or almost never have difficulties.

- There is a difference by type of urbanisation: respondents who live in a rural village are more likely to engage in moderate physical activity (43% say they never do so), compared with those living in a large town (52%).

QB4a In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking. (DO NOT SHOW SCREEN - DO NOT READ OUT)
(% - EU)

	Never	1 to 3 days	4 to 7 days	Don't know	Average
EU28	47	29	23	1	1.9
Gender					
Men	42	32	25	1	2.1
Women	52	26	21	1	1.8
Age					
15-24	35	36	28	1	2.3
25-39	41	34	24	1	2.1
40-54	46	30	23	1	1.9
55 +	56	23	20	1	1.7
Gender and Age					
Men 15-24	26	40	32	2	2.7
Men 25-39	37	35	27	1	2.2
Men 40-54	43	32	24	1	2.0
Men 55+	51	27	21	1	1.8
Women 15-24	43	33	23	1	2.0
Women 25-39	45	32	22	1	2.0
Women 40-54	48	28	23	1	1.9
Women 55+	61	19	20	0	1.5
Education (End of)					
15-	66	15	18	1	1.4
16-19	50	27	22	1	1.8
20+	37	36	26	1	2.2
Still studying	30	40	29	1	2.5
Socio-professional category					
Self-employed	40	34	25	1	2.1
Managers	35	38	25	2	2.2
Other white collars	45	35	19	1	1.8
Manual workers	46	26	27	1	2.1
House persons	64	16	20	0	1.5
Unemployed	49	28	22	1	1.9
Retired	59	22	19	0	1.6
Students	30	40	29	1	2.5
Difficulties paying bills					
Most of the time	61	20	18	1	1.5
From time to time	56	26	17	1	1.5
Almost never/ Never	43	30	26	1	2.1
Subjective urbanisation					
Rural village	43	31	25	1	2.1
Small/ mid size town	48	28	23	1	1.9
Large town	52	27	20	1	1.7

Base: All respondents (N=28,031)

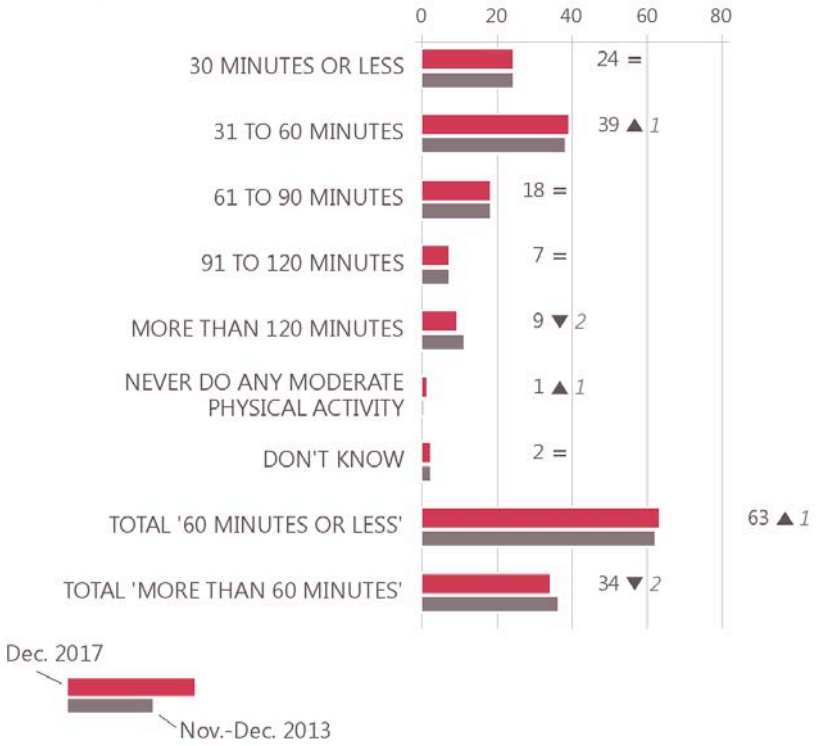
iv. Time spent on moderate physical activity

The group of respondents who said they did moderate physical activity in the last week were asked specifically how much time they spent doing these activities on those days[10].

Among these respondents, a majority spend an hour or less doing moderate physical activity (63%): one in four (24%) do it for 30 minutes or less and four in ten (39%) for 31 to 60 minutes. About a third spend more than one hour at moderate physical activity (34%): 18% do it for 61 to 90 minutes, 7% for 91 to 120 minutes and 9% for more than 120 minutes.

Once again, the figures are comparable to what was observed in 2013 (62% and 36% respectively).

QB4b In general, on days when you do a moderate physical activity, how much time do you spend at it?
(% - EU)



Base: Respondents who have done moderate physical activity in the last week (N=14,747)

Analysis by individual countries shows that respondents in Latvia (51%), Estonia (50%) and Luxembourg (47%) are more likely to do moderate physical activity for more than an hour; in Latvia, one in four respondents (24%) do such an activity for two hours or more.

Conversely, respondents who are more likely to do moderate physical activity for less than an hour are in Italy (77%), Finland, Ireland, Malta (all three 76%) and Greece (74%).

[10] QB4b In general, on days when you do a moderate physical activity, how much time do you spend at it?

QB4b In general, on days when you do a moderate physical activity, how much time do you spend at it?

(%)

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never do any moderate physical activity	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	24	39	18	7	9	1	2	63	34
BE	32	**39**	13	*6*	9	1	0	71	28
BG	20	**39**	15	*7*	13	0	6	59	35
CZ	20	**38**	19	*8*	13	1	1	58	40
DK	29	**40**	14	*6*	10	0	1	69	30
DE	21	**33**	21	*10*	12	1	2	54	43
EE	13	**33**	21	*11*	18	0	4	46	50
IE	29	**47**	13	*4*	7	0	0	76	24
EL	27	**47**	15	6	*4*	0	1	74	25
ES	15	**45**	23	*8*	*8*	1	0	60	39
FR	29	**36**	17	*7*	10	0	1	65	34
HR	22	**42**	18	*7*	9	1	1	64	34
IT	28	**49**	14	3	*1*	3	2	77	18
CY	25	**40**	16	*9*	*9*	1	0	65	34
LV	15	**32**	15	*12*	24	1	1	47	51
LT	22	**33**	12	*11*	20	0	2	55	43
LU	22	**30**	22	*9*	16	0	1	52	47
HU	23	**36**	19	*9*	12	0	1	59	40
MT	33	**43**	14	*4*	5	1	0	76	23
NL	25	**41**	16	*7*	11	0	0	66	34
AT	26	**40**	18	8	*4*	0	4	66	30
PL	22	**41**	20	*5*	6	0	6	63	31
PT	14	**43**	21	*7*	11	1	3	57	39
RO	26	**34**	16	*9*	11	3	1	60	36
SI	22	**42**	17	*7*	12	0	0	64	36
SK	19	**36**	26	8	*5*	0	6	55	39
FI	27	**49**	14	5	*4*	0	1	76	23
SE	27	**43**	13	*8*	*8*	1	0	70	29
UK	24	**41**	16	*8*	10	0	1	65	34

Highest percentage per country *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: Respondents who have done moderate physical activity in the last week (N=14,747)

Socio-demographic variations include:

- Men typically spend longer time than women doing moderate physical activity. Men are more likely to spend more than an hour at it (37%) than women (32%).
- Results are comparable across the various age groups.
- There seems to be no clear link between education and the time spent doing moderate physical activity.
- Those in manual occupations (43%) are more likely to spend over an hour doing moderate physical activity, compared with other occupations.
- Respondents who live in a rural village are more likely to spend more than an hour doing moderate physical activity (38%), compared with those living in other types of area.

QB4b In general, on days when you do a moderate physical activity, how much time do you spend at it?
(% - EU)

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never do any moderate physical activity	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	24	39	18	7	9	1	2	63	34
Gender									
Men	22	38	19	8	10	1	2	60	37
Women	25	41	17	7	8	1	1	66	32
Age									
15-24	23	42	20	7	5	1	2	65	32
25-39	22	41	17	7	10	1	2	63	34
40-54	25	39	16	7	11	0	2	64	34
55 +	24	38	19	8	9	1	1	62	36
Education (End of)									
15-	22	37	18	9	11	1	2	59	38
16-19	23	37	16	8	13	1	2	60	37
20+	23	42	18	8	7	0	2	65	33
Still studying	26	43	20	5	3	1	2	69	28
Socio-professional category									
Self-employed	21	38	16	9	13	1	2	59	38
Managers	26	40	18	8	6	0	2	66	32
Other white collars	25	45	17	5	6	1	1	70	28
Manual workers	18	36	17	8	18	1	2	54	43
House persons	24	36	19	8	12	1	0	60	39
Unemployed	28	39	18	6	7	0	2	67	31
Retired	25	38	18	9	8	1	1	63	35
Students	26	43	20	5	3	1	2	69	28
Subjective urbanisation									
Rural village	21	38	19	8	11	1	2	59	38
Small/ mid size town	25	38	17	7	10	1	2	63	34
Large town	24	43	17	7	7	0	2	67	31

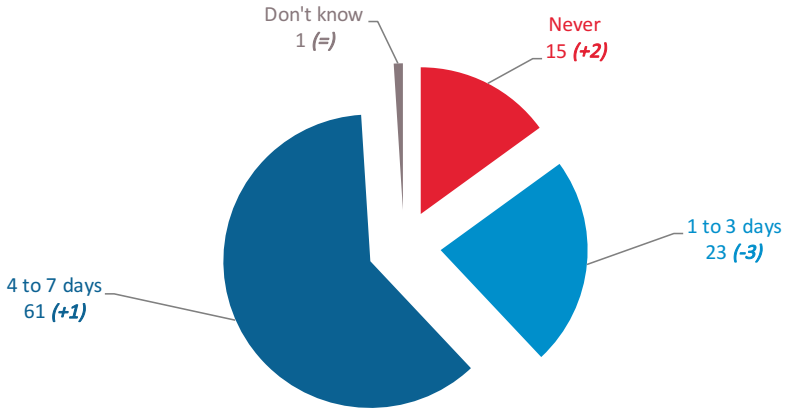
Base: Respondents who have done moderate physical activity in the last week (N=14,747)

c. Walking

i. Findings for the EU as a whole

Respondents were asked how many days they walked for at least ten minutes at a time in the previous seven days[11]. Around six out of ten (61%, +1 pp) say they walked for at least ten minutes at a time on four or more days in the previous week, while 23% (-3 pp) say they walked for this amount of time on one to three days. However, around one in seven EU citizens (15%, +2 pp) say they did not walk for ten minutes at a time on any day during the previous week.

QB5a In the last 7 days, on how many days did you walk for at least 10 minutes at a time?
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

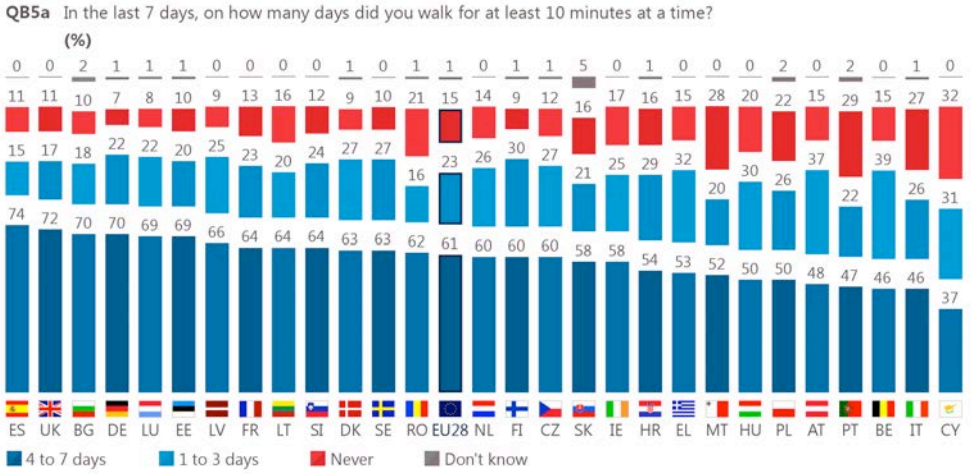
Base: All respondents (N=28,031)

[11] QB5a In the last 7 days, on how many days did you walk for at least 10 minutes at a time?

ii. Findings by individual countries

The countries where people are most likely to walk for ten minutes or more on at least four days per week are Spain (74%), the UK (72%), Bulgaria, Germany (both 70%), Luxembourg and Estonia (both 69%).

By contrast, there are five countries where less than half of respondents have walked for ten minutes or more on at least four days: Cyprus (37%), Italy, Belgium (both 46%), Portugal (47%) and Austria (48%). Respondents in Cyprus (32%), Portugal (29%), Malta (28%), Italy (27%) Poland (22%), Romania (21%) and Hungary (20%) are most likely to say they did not walk for ten minutes or more on any day during the previous week.



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

Socio-demographic differences include:

- Younger people are more likely to walk for ten minutes or more. The proportion that does this on at least four days per week ranges from 70% of 15-24 year olds to 57% of those aged 55+. The proportion that did not walk for ten minutes or more at all is 8% among 15-24s, rising to 19% among the 55+ age group.
- There are no significant differences by gender.
- People who left the education system by the age of 15 are less likely to walk for ten minutes or more at a time: 23% did not do this at all in the previous week, compared with 15% of those who ended education at 16-19, and 10% of those who finished education at the age of 20 or over.
- There is a link between walking and exercising or playing sport. Respondents who exercise or play sport regularly are more likely to walk for ten minutes or more at least four days a week (84%). At the other extreme, those who do not exercise or play sport at all are less likely to walk for ten minutes or more at a time (24% did not do so at all in the previous week).

QB5a In the last 7 days, on how many days did you walk for at least 10 minutes at a time? (DO NOT SHOW SCREEN - DO NOT READ OUT)

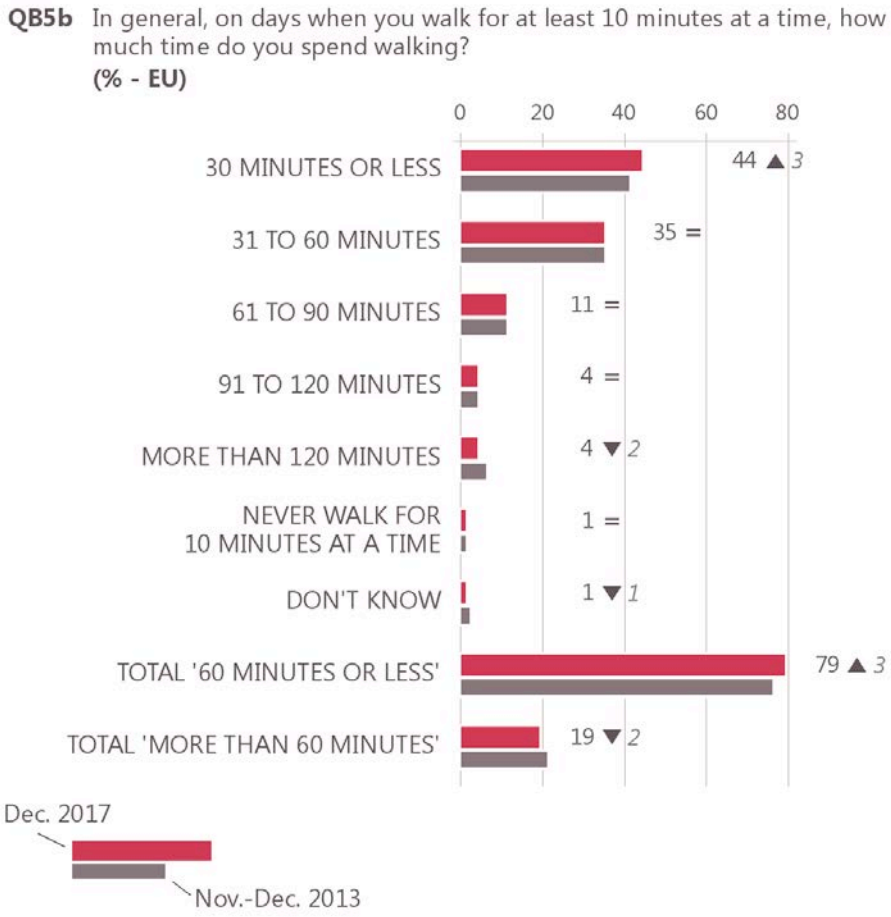
	Never	1 to 3 days	4 to 7 days	Don't know	Average
EU28	15	23	61	1	4.4
Gender					
Men	15	24	60	1	4.3
Women	15	22	62	1	4.4
Age					
15-24	8	21	70	1	4.9
25-39	11	22	66	1	4.7
40-54	15	24	60	1	4.3
55 +	19	23	57	1	4.0
Education (End of)					
15-	23	21	56	0	3.9
16-19	15	24	60	1	4.3
20+	10	23	66	1	4.7
Still studying	8	19	72	1	4.9
Exercise or play sport					
Regularly	5	10	84	1	5.7
With some regularity	6	27	67	0	4.7
Seldom	11	31	58	0	4.2
Never	24	19	56	1	3.9

Base: All respondents (N=28,031)

iv. Time spent on walking

All respondents who said they had walked at least 10 minutes at a time once or more during the last week were asked about the time they usually spend on it[12].

Among these respondents, around one in five (19%) spend more than an hour walking: 11% between 61 and 90 minutes, 4% between 91 and 120 minutes and 4% more than 120 minutes. Over four in ten respondents (44%; +3 pp) spend 30 minutes or less walking, and 35% (no change) spend between 31 minutes and an hour.



Base: Respondents who walked for at least 10 minutes at a time at least once in the past week (N= 23,853)

Results are generally consistent across countries. In the following countries, at least one quarter of respondents who walked for at least 10 minutes at a time at least once in the past 7 days did so for more than two hours in total: Estonia (12%), Latvia, UK (both 8%), Denmark, Lithuania and Luxembourg (all three 7%).

Conversely, in the following countries, the majority of respondents who walked for at least 10 minutes at a time at least once in the past 7 days did so for only 30 minutes or less: Greece (57%), Malta (56%), Portugal, Italy (both 55%), Bulgaria, Croatia (both 53%) and Cyprus (51%).

[12] QB5b In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?

QB5b In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?

(%)

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never walk for 10 minutes at a time	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	44	35	11	4	4	1	1	79	19
BE	**48**	32	10	*4*	*4*	2	0	80	18
BG	**53**	28	6	4	*2*	4	3	81	12
CZ	**45**	33	10	6	*4*	0	2	78	20
DK	**42**	33	11	*5*	7	1	1	75	23
DE	**38**	36	13	6	*5*	1	1	74	24
EE	**33**	**33**	12	*8*	12	0	2	66	32
IE	41	**42**	10	*3*	*3*	1	0	83	16
EL	**57**	32	7	2	*1*	1	0	89	10
ES	33	**40**	16	*5*	*5*	1	0	73	26
FR	**48**	33	9	*3*	5	1	1	81	17
HR	**53**	33	7	*3*	*3*	0	1	86	13
IT	**55**	33	5	*1*	*1*	2	3	88	7
CY	**51**	32	9	*1*	4	3	0	83	14
LV	26	**41**	14	10	*8*	0	1	67	32
LT	**45**	33	9	*4*	7	0	2	78	20
LU	**40**	29	15	*6*	7	1	2	69	28
HU	**46**	35	11	*2*	4	1	1	81	17
MT	**56**	31	5	*2*	3	3	0	87	10
NL	**44**	36	10	*3*	6	0	1	80	19
AT	**46**	35	9	5	*4*	0	1	81	18
PL	**46**	30	11	4	*3*	1	5	76	18
PT	**55**	34	5	*1*	2	1	2	89	8
RO	**48**	30	10	*5*	*5*	1	1	78	20
SI	**38**	36	13	*5*	6	0	2	74	24
SK	**39**	32	13	*4*	*4*	0	8	71	21
FI	33	**46**	12	*3*	*3*	1	2	79	18
SE	36	**44**	11	5	*3*	1	0	80	19
UK	**42**	34	11	*4*	8	0	1	76	23

Highest percentage per country *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: Respondents who walked for at least 10 minutes at a time at least once in the past week (N= 23,853)

Socio-demographic variations include:

- Results are similar across the various age groups and by level of education.
- As noted above, there is a link between walking and exercising or playing sport. Respondents who do exercise or play sport regularly are more likely to walk for more than an hour (31%, compared with 17-20% of those who do exercise or play sport less often).

QB5b In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?
(% - EU)

	30 minutes or less	31 to 60 minutes	61 to 90 minutes	91 to 120 minutes	More than 120 minutes	Never walk for 10 minutes at a time	Don't know	Total '60 minutes or less'	Total 'More than 60 minutes'
EU28	44	35	11	4	4	1	1	79	19
Age									
15-24	47	32	11	4	4	1	1	79	19
25-39	44	34	11	3	6	1	1	78	20
40-54	43	34	11	4	5	1	2	77	20
55 +	43	36	11	4	4	1	1	79	19
Education (End of)									
15-	46	35	10	3	4	1	1	81	17
16-19	42	34	11	4	6	1	2	76	21
20+	44	35	11	4	4	1	1	79	19
Still studying	51	33	8	4	2	1	1	84	14
Exercise or sport									
Regularly	29	39	17	7	7	0	1	68	31
With some regularity	41	38	12	4	4	0	1	79	20
Seldom	48	32	10	3	5	1	1	80	18
Never	48	32	9	4	4	1	2	80	17

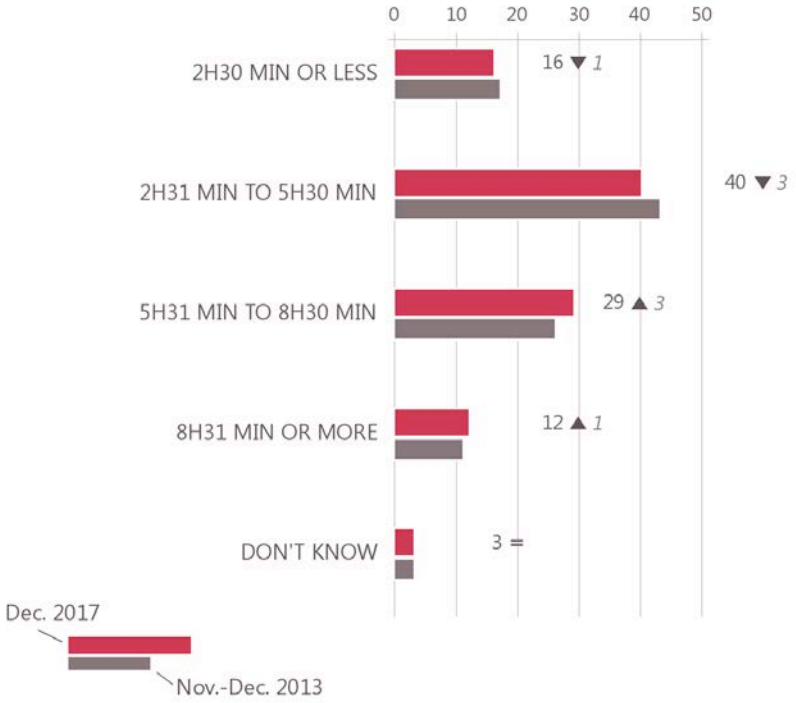
Base: Respondents who walked for at least 10 minutes at a time at least once in the past week (N= 23,853)

d. Sitting

i. Findings for the EU as a whole

When asked about the amount of time they spend sitting on a usual day[13], around one in eight respondents (12%) say they sit for more than 8 hours and 30 minutes, while 29% spend between 5 hours 31 minutes and 8 hours 30 minutes sitting (+3 pp). Two in five (40%) sit for between 2 hours 31 minutes and 5 hours 30 minutes (-3 pp), while one in six (16%) only sit for 2 hours 30 minutes or less.

QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.
(% - EU)



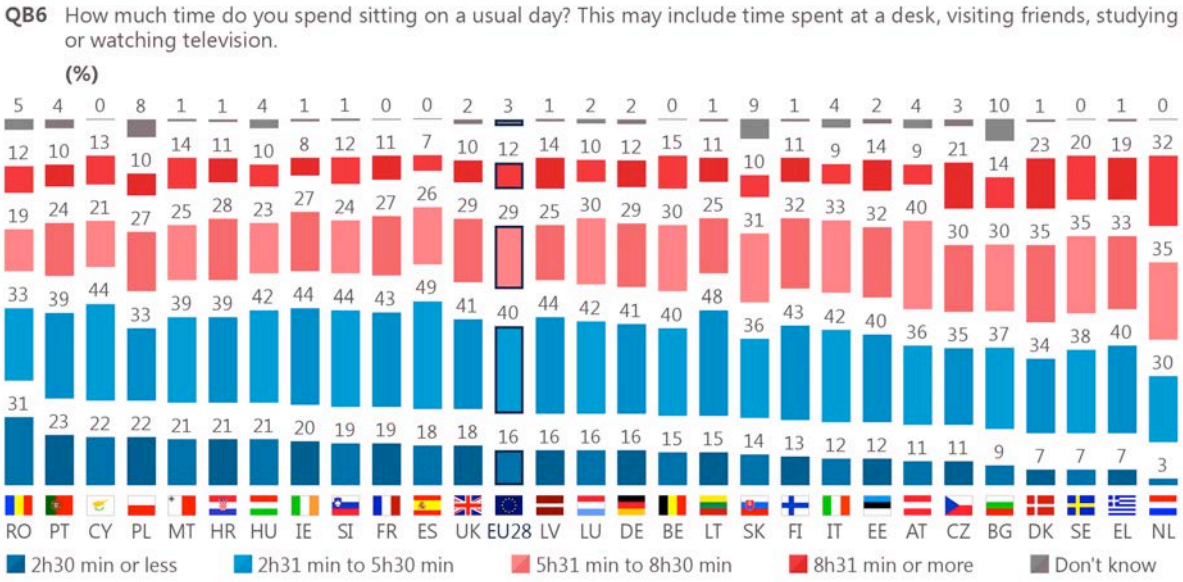
Base: All respondents (N=28,031)

[13] QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.

ii. Findings by individual countries

Looking at country level, respondents are more likely to spend 2 hours 30 minutes or less sitting down in Romania (31%), followed by those in Portugal (23%), Cyprus and Poland (both 22%).

At the other end of the scale, respondents are more likely to spend more than 8 hours 30 minutes per day sitting down in the Netherlands (32%), Denmark (23%), the Czech Republic (21%), Sweden (20%) and Greece (19%).



Base: All respondents (N=28,031)

It is notable that in some of the countries where respondents spend a long time sitting down, the proportion of citizens who exercise or play sport on a regular basis tends to be high (e.g. Denmark, the Netherlands and Sweden). By contrast, some countries have high proportions of respondents who never or seldom exercise or play sport, despite seeing low average times for sitting down (e.g. Portugal and Romania).

iii. Findings by socio-demographic groups

Variations by socio-demographic characteristics include:

- Respondents in the middle age bands tend to spend less time sitting down: 20% of those aged 25-39 and 19% of those aged 40-54 spend 2 hours 30 minutes or less sitting down on a usual day, compared with 12% of 15-24 year olds and 14% of those aged 55 or over. Those aged 15-24 are most likely to sit for more than 5 hours 30 minutes (51% compared with 38-41% in the older age groups).
- People in white collar occupations tend to spend more time sitting down. The proportion that spends more than 8 hours 30 minutes per day sitting down is 17% among managers and 19% among other white collar workers. The proportion is also relatively high among students (17%).
- People who never walk for more than ten minutes at a time are more likely to spend more than 8 hours 30 minutes per day sitting down (20% vs 10% of those who walked 4 to 7 times in the last week).
- For the EU as a whole, however, there is a slight tendency for people who exercise or play sport to spend less time sitting. For example, 6% of those who exercise or play sport regularly spend more than 8.5 hours per day sitting, compared with 13% of those who do not exercise or play sport at all.

QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.
(% - EU)

	2h30 min or less	2h31 min to 5h30 min	5h31 min to 8h30 min	8h31 min or more	Don't know
EU28	16	40	29	12	3
Age					
15-24	12	35	37	14	2
25-39	20	40	28	10	2
40-54	19	40	27	11	3
55 +	14	42	29	12	3
Socio-professional category					
Self-employed	19	44	25	9	3
Managers	13	33	35	17	2
Other white collars	11	30	38	19	2
Manual workers	27	48	18	4	3
House persons	25	45	21	7	2
Unemployed	15	45	27	9	4
Retired	12	43	29	13	3
Students	8	30	43	17	2
Exercise or play sport					
Regularly	21	46	26	6	1
With some regularity	15	42	30	11	2
Seldom	19	38	30	11	2
Never	16	39	28	13	4
Walked at least 10 min in a week					
1-3 days	17	38	30	12	3
4-7 days	16	44	29	10	1
Never	16	31	28	20	5

Base: All respondents (N=28,031)

II. WHERE CITIZENS ENGAGE IN SPORT AND OTHER PHYSICAL ACTIVITY

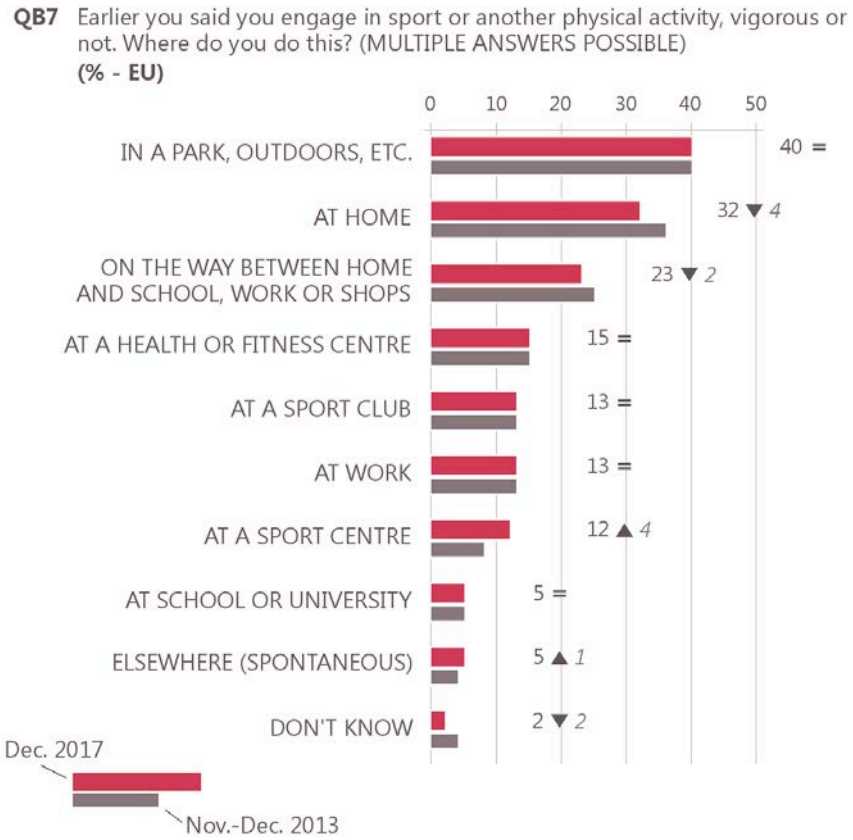
This chapter focuses on where EU citizens engage in sport and other physical activity; it also examines club membership.

1 Different settings

i. Findings for the EU as a whole

Among respondents who exercise, play sport or engage in other physical activities, most of their activities take place[14] in informal settings, such as parks and outdoors (40% of respondents engage in sport or physical activity there), at home (32%) or on the journey between home and school, work, or shops (23%).

These findings are similar to those seen in the 2013 survey, although there has been an increase in the proportion engaging in sport or a physical activity at a sport centre (+4 pp), while the proportion doing so at home has decreased (-4 pp).



Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

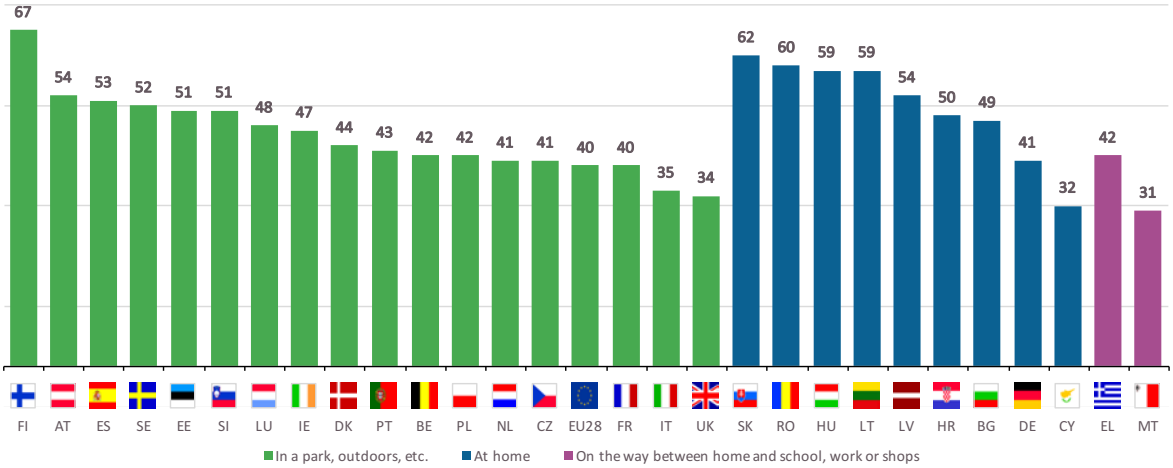
[14] QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

ii. Findings by individual countries

The country-level data reveal different preferences for the settings in which people choose to engage in sport or physical activity.

In the EU overall, the most common setting is a park or outdoors (40%), and this is the most popular answer in 17 individual countries (from 67% in Finland to 34% in the United Kingdom). The home is the preferred setting among respondents in nine countries, while in two countries (Greece, 42% and Malta, 31%) the most popular setting is on the way between home and school, work or shops.

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)
(% - THE MOST MENTIONED ANSWER BY COUNTRY)



Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

As noted above, respondents in Finland are most likely to engage in sport or physical activity in a park or outdoors (67%). This also applies to more than half of respondents in Austria (54%), Spain (53%), Sweden (52%), Slovenia and Estonia (both 51%). The lowest proportions are recorded in Hungary and Romania (both 17%).

Sport or physical activity at home is popular in Eastern European countries: more than half of respondents in Slovakia (62%), Romania (60%), Hungary, Lithuania (both 59%) and Latvia (54%). This is less common in Southern European countries, specifically in Spain, Italy (both 16%) and Portugal (17%).

The same pattern applies to engaging in sport or physical activity at work, with low figures again in Italy and Spain (both 4%), while work is most popular as a setting in Eastern European countries, specifically Latvia, Estonia (both 26%) and Lithuania (22%).

Respondents in Greece (42%) and the Netherlands (39%) are the most likely to engage in sport or physical activity on the way between home and school, work or shops. The lowest figures are seen in the UK (11%), Ireland and France (both 15%).

Respondents in Sweden (44%) are, by far, the most likely to engage in sport or physical activity in a health or fitness centre. Sport clubs are most popular among respondents in the Netherlands (24%) and Germany (21%). Use of sport centres is the most common in Italy (27%).

Health or fitness centres are the least often used in Lithuania (3%), France (5%), Latvia and Slovenia (both 6%), while sport centres are the least popular in Romania (3%), Bulgaria (4%), Greece, Lithuania and Portugal (all 5%). Respondents are least likely to use a sport club in Romania (4%), Bulgaria, Greece, Croatia, Slovakia, Hungary and Cyprus (all 5%).

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

(%)

	In a park, outdoors, etc.	At home	On the way between home and school, work or shops	At a health or fitness centre	At a sport club	At work	At a sport centre	At school or university	Elsewhere (SPONTANEOUS)	Don't know
EU28	40	32	23	15	13	13	12	5	5	2
BE	**42**	34	25	10	14	15	11	*5*	3	1
BG	26	**49**	20	14	5	15	*4*	6	7	3
CZ	**41**	37	22	15	10	16	13	*4*	2	1
DK	**44**	27	24	26	18	18	13	*6*	5	1
DE	39	**41**	29	14	21	18	9	*4*	4	2
EE	**51**	48	25	13	16	26	11	*7*	4	1
IE	**47**	24	15	20	15	*7*	13	*7*	3	2
EL	32	37	**42**	22	*5*	13	*5*	*5*	2	0
ES	**53**	16	23	18	10	4	10	*2*	4	1
FR	**40**	20	15	5	18	13	8	*4*	8	4
HR	27	**50**	30	7	5	13	8	*4*	3	2
IT	**35**	16	19	15	6	4	27	*3*	6	1
CY	25	**32**	22	21	*5*	11	8	*5*	5	0
LV	44	**54**	31	6	6	26	8	*5*	3	1
LT	33	**59**	23	*3*	10	22	5	7	5	1
LU	**48**	39	21	13	15	15	15	*8*	2	2
HU	17	**59**	29	9	5	19	6	*4*	3	1
MT	26	26	**31**	7	17	7	7	*5*	3	2
NL	**41**	31	39	16	24	16	16	*5*	6	0
AT	**54**	41	26	21	13	12	9	*6*	5	3
PL	**42**	36	21	11	*7*	8	15	*7*	4	2
PT	**43**	17	17	27	7	12	*5*	6	5	1
RO	17	**60**	25	9	4	13	*3*	7	9	3
SI	**51**	49	16	6	12	12	13	*5*	4	0
SK	41	**62**	31	14	5	12	8	*4*	8	3
FI	**67**	44	29	25	9	10	19	*4*	3	2
SE	**52**	34	32	**44**	9	13	10	*1*	3	0
UK	**34**	30	11	18	11	16	12	*6*	5	3

Highest percentage per country | *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

The patterns for different countries are similar to those seen in the 2013 survey. The largest changes for individual countries are as follows:

- The proportion engaging in sport or physical activity in a park or outdoors has increased the most in Luxembourg (+12 pp), Belgium (+10 pp) and Poland (+7 pp), while the largest decreases can be seen in Slovenia (-9 pp) and Cyprus (-8 pp).
- Across the EU as a whole, there has been a decrease in the proportion engaging in sport or physical activity at home (-4 pp). The largest individual decreases are seen in Sweden, Denmark (both -12pp) and the UK (-10 pp). However, there have been large increases in Slovakia, Hungary (both +8 pp), Estonia, Romania and Malta (all +7 pp).
- There have been some large increases in the proportion engaging in sport or physical activity on the way between home and school, work or shops, most notably in the Netherlands and Luxembourg (both +10 pp), while the largest decreases can be seen in Finland (-18 pp) and the UK (-11 pp).
- Engaging in sport or physical activity at work has increased the most in Portugal (+7 pp), Estonia and Hungary (both +6 pp), while the largest decreases are found in Slovakia (-6 pp) and Finland (-5 pp).
- The use of health or fitness centres has increased the most in Portugal (+10 pp), while the largest decrease can be seen in Malta (-5 pp).
- The use of sport clubs has not changed greatly, with the largest increase in Malta (+6 pp) and the largest decrease in Denmark (-4 pp).
- Engaging in sport or physical activity at a sport centre has increased the most in Poland (+9 pp), Italy (+8 pp) and Finland (+7 pp). There have been no decreases of more than 2 pp in any country.

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

(%)

	In a park, outdoors, etc.	2017 - 2013	At home	2017 - 2013	On the way between home and school, work or shops	2017 - 2013	At a health or fitness centre	2017 - 2013	At a sport club	2017 - 2013	At work	2017 - 2013	At a sport centre	2017 - 2013	At school or university	2017 - 2013
EU28	40	=	32	▼ 4	23	▼ 2	15	=	13	=	13	=	12	▲ 4	5	=
LU	48	▲ 12	39	▲ 4	21	▲ 10	13	▼ 1	15	▼ 1	15	▲ 4	15	▲ 6	8	▲ 1
BE	42	▲ 10	34	▼ 4	25	▼ 4	10	▼ 1	14	▼ 3	15	▲ 2	11	▲ 2	5	▼ 1
PL	42	▲ 7	36	▼ 1	21	▼ 3	11	▲ 2	7	▲ 2	8	▲ 1	15	▲ 9	7	=
SK	41	▲ 5	62	▲ 8	31	▼ 5	14	▲ 1	5	▼ 3	12	▼ 6	8	▲ 3	4	▼ 3
LT	33	▲ 5	59	▼ 4	23	▼ 6	3	▲ 1	10	▼ 2	22	▲ 3	5	▲ 2	7	▼ 1
EE	51	▲ 4	48	▲ 7	25	▲ 1	13	▲ 1	16	▲ 2	26	▲ 6	11	▲ 4	7	=
NL	41	▲ 4	31	▼ 4	39	▲ 10	16	▼ 2	24	▲ 1	16	▲ 3	16	▲ 6	5	▼ 1
IE	47	▲ 3	24	▼ 3	15	▲ 1	20	▲ 4	15	▼ 3	7	=	13	▲ 6	7	▲ 2
ES	53	▲ 2	16	▲ 2	23	▼ 8	18	▼ 1	10	▲ 1	4	▼ 2	10	▼ 1	2	=
LV	44	▲ 2	54	▲ 5	31	▼ 3	6	=	6	=	26	=	8	=	5	▼ 3
BG	26	▲ 1	49	▼ 3	20	▼ 1	14	▲ 2	5	=	15	▲ 5	4	=	6	=
HU	17	▲ 1	59	▲ 8	29	=	9	▲ 3	5	=	19	▲ 6	6	▲ 3	4	▼ 1
AT	54	=	41	▼ 2	26	▼ 4	21	▲ 2	13	▲ 1	12	▲ 2	9	▲ 4	6	▲ 1
PT	43	▼ 1	17	▲ 3	17	▼ 8	27	▲ 10	7	=	12	▲ 7	5	▲ 2	6	▲ 2
CZ	41	▼ 1	37	▼ 9	22	▼ 3	15	▼ 2	10	▼ 1	16	▼ 3	13	▲ 2	4	▼ 1
IT	35	▼ 1	16	▲ 3	19	▼ 4	15	=	6	▼ 1	4	=	27	▲ 8	3	▼ 1
EL	32	▼ 1	37	▲ 6	42	▲ 1	22	▲ 2	5	▼ 3	13	▲ 3	5	=	5	▲ 2
FR	40	▼ 2	20	▼ 7	15	▼ 1	5	=	18	▲ 1	13	▼ 3	8	▲ 1	4	▼ 1
RO	17	▼ 2	60	▲ 7	25	▲ 1	9	▲ 3	4	▲ 1	13	▲ 4	3	▲ 1	7	▲ 1
SE	52	▼ 3	34	▼ 12	32	▼ 6	44	▲ 4	9	▼ 3	13	▼ 3	10	▲ 4	1	▼ 5
DE	39	▼ 3	41	▼ 5	29	▲ 2	14	▼ 2	21	=	18	▲ 3	9	▲ 4	4	=
HR	27	▼ 3	50	▲ 6	30	▲ 7	7	▼ 2	5	▼ 3	13	▲ 3	8	▲ 1	4	▲ 1
MT	26	▼ 3	26	▲ 7	31	▼ 5	7	▼ 5	17	▲ 6	7	=	7	▼ 2	5	=
UK	34	▼ 4	30	▼ 10	11	▼ 11	18	▼ 3	11	=	16	▼ 2	12	▲ 3	6	▲ 2
FI	67	▼ 5	44	▲ 1	29	▼ 18	25	▼ 2	9	▲ 2	10	▼ 5	19	▲ 7	4	▼ 1
DK	44	▼ 6	27	▼ 12	24	▼ 5	26	=	18	▼ 4	18	=	13	▲ 6	6	▼ 1
CY	25	▼ 8	32	▼ 4	22	▼ 8	21	▼ 1	5	=	11	=	8	▲ 4	5	▼ 2
SI	51	▼ 9	49	▼ 5	16	▼ 8	6	=	12	▲ 3	12	▲ 3	13	▲ 5	5	▲ 1

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

iii. Findings by socio-demographic groups

The differences between socio-demographic groups include:

- There is relatively little variation between men and women, although men are more likely to engage in sport or physical activity at a sport club and at work (15% compared with 11% for women). Meanwhile, women are more likely to engage in sport or physical activity at home (35% compared with 29%) or on the way between home and school, work or shops (25% compared with 20%).
- Younger people are more likely to use formal settings; for example, the proportion using a health or fitness centre ranges from 22% among 15-24 year olds to 10% among those aged 55 or over. The use of sport clubs and sport centres is particularly high among men aged 15-24 (26% and 22% respectively). School or university is also a popular location for younger people (24% of 15-24 year olds). By contrast, engaging in sport or physical activity in a park or outdoors is less common among young people (30% of 15-24 year olds, compared with 38-43% in the older age groups). The same applies to engaging in sport or physical activity at home (24% of 15-24 year olds, rising to 38% of those aged 55+).
- The use of formal settings is higher among those who spent more time in education. While 18% of people who ended education at the age of 20 or above engage in sport or physical activity in a health or fitness centre, this falls to 12% among those who ended education between the age of 16 and 19, and to 7% among those who finished education by the age of 15.
- People living in rural areas are more likely to engage in sport or physical activity at home (40%, compared with 29% of those in small or medium size towns, and 27% of those in large towns). By contrast, those living in large towns are more likely to use health or fitness centres (20%, compared with 13% of those in small or medium size towns and 13% of those in rural areas).
- The use of a park or outdoors is higher among people who exercise or play sport on a regular basis (five times or more per week): 50%, compared with 33-41% of those who exercise or play sport less regularly or never. The use of formal settings is most popular among those who exercise or play sport with some regularity (between one and four times a week). For example, 23% of these respondents use a sport club, compared with 14% of those who exercise or play sport regularly (five times or more per week) and 4% of those who only seldom exercise or play sport.

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

(% - EU)

	At a health or fitness centre	At a sport club	At a sport centre	At school or university	At work	At home	On the way between home and school, work or shops	In a park, outdoors, etc.	Elsewhere (SPONTANEOUS)	Don't know
EU28	15	13	12	5	13	32	23	40	5	2
Gender										
Man	13	15	13	5	15	29	20	41	4	2
Woman	16	11	10	4	11	35	25	38	6	2
Age										
15-24	22	21	17	24	10	24	21	30	3	1
25-39	19	13	14	2	16	29	22	38	3	2
40-54	12	12	10	1	18	32	25	41	4	2
55 +	10	10	8	1	7	38	22	43	8	2
Education (End of)										
15-	7	8	6	1	9	34	23	41	8	3
16-19	12	10	10	1	17	34	22	37	5	2
20+	18	15	13	1	12	32	23	46	4	1
Still studying	23	23	19	34	4	24	25	29	2	1
Subjective urbanisation										
Rural village	13	13	9	4	14	40	23	41	5	2
Small/ mid size town	13	13	12	4	13	29	22	39	5	2
Large town	20	13	14	6	11	27	23	38	4	2
Gender and Age										
Men 15-24	20	26	22	25	11	20	19	31	2	1
Men 25-39	18	15	17	2	20	26	19	39	3	2
Men 40-54	11	15	11	1	20	29	24	41	3	3
Men 55+	8	9	7	1	8	37	19	47	8	3
Women 15-24	23	15	12	23	9	28	24	29	5	1
Women 25-39	20	11	11	1	12	33	25	38	4	1
Women 40-54	14	10	9	0	16	35	26	42	5	2
Women 55+	11	10	9	0	6	40	25	40	8	2
Exercise or play sport										
Regularly	19	14	12	5	11	34	20	50	3	1
With some regularity	24	23	19	7	9	24	19	41	2	0
Seldom	7	4	6	3	16	36	26	39	6	3
Never	1	1	1	1	18	42	28	33	10	4

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

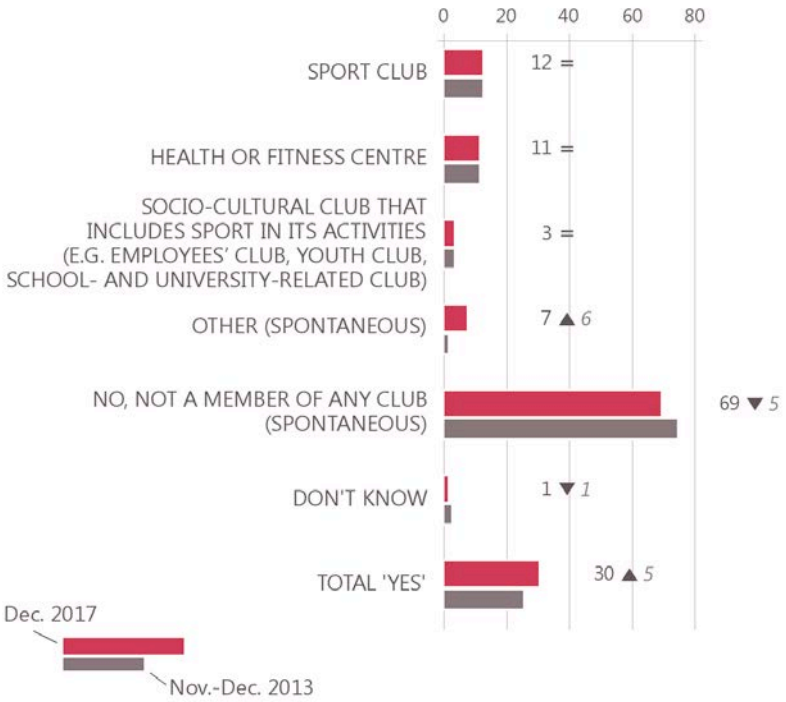
2 Club membership

i. Findings for the EU as a whole

Three in ten respondents (30%) say that they are members of a club where they participate in sport or recreational physical activity [15]. Specifically, 12% of respondents are members of a sport club, while 11% belong to a health or fitness centre. In addition, 3% are members of socio-cultural clubs that include sport in its activities, such as an employees' club, a youth club or a club related to school or university. A further 7% say they are a member of another type of club.

The overall proportion of EU citizens who are members of any club (30%) is higher than in 2013 (24%). However, this is entirely due to an increase in the proportion of respondents saying that they are members of other types of club (+6 pp), as the figures for sport clubs, health or fitness centres and socio-cultural clubs have remained unchanged from 2013.

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - EU)



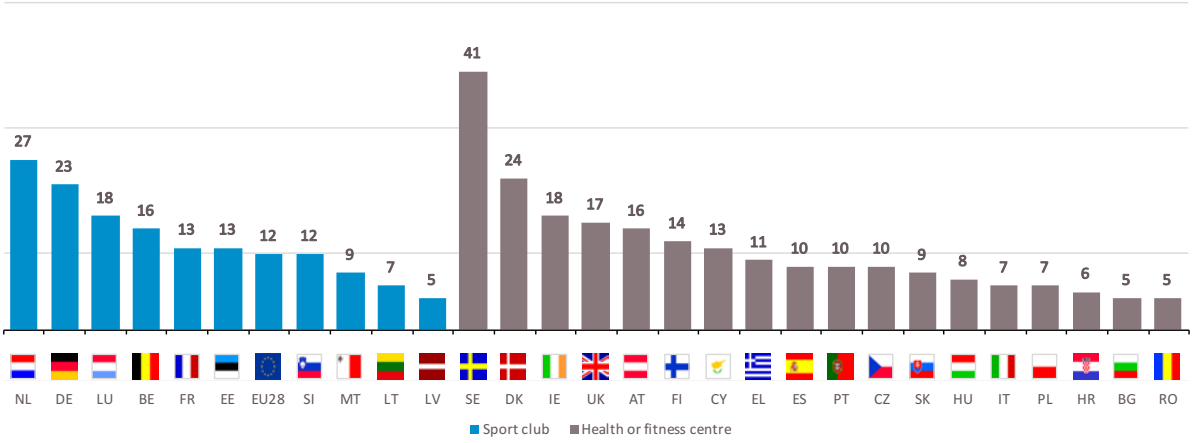
Base: All respondents (N=28,031)

[15] QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)

ii. Findings by individual countries

The club membership figures vary considerably between the different EU Member States. Sport clubs are the most common type of club in 10 countries, with the highest proportion seen in the Netherlands (27%). In the other 18 countries, respondents are more likely to belong to a health or fitness centre, most notably in Sweden (41%).

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - THE MOST MENTIONED ANSWER BY COUNTRY)



Base: All respondents (N=28,031)

The proportion of respondents who are members of a club varies across countries. The majority of respondents in Sweden (59%), Denmark and the Netherlands (both 53%) are members of some kind of club, while those in Latvia (14%), Bulgaria (14%) and Portugal (16%) are the least likely to belong to a club.

Looking at the specific types of club:

- The highest proportions for memberships at a sport club are observed in the Netherlands (27%), Denmark and Germany (both 23%), while the lowest proportions are seen in Bulgaria, Romania (both 2%), Cyprus, Hungary, Portugal and Slovakia (all 4%).
- Respondents in Sweden (41%) are by far the most likely to be members at a health or fitness centre, followed by respondents in Denmark (24%) and the Netherlands (22%). The lowest proportions are found in Lithuania (2%), Latvia and Estonia (both 4%).
- Membership of a socio-cultural club that includes sport in its activities is highest in Denmark and Sweden (both 8%).
- Large proportions of respondents say they are members of other types of club in Romania (19%), the Czech Republic, Lithuania (both 18%) and Luxembourg (16%).

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)

(%)

	Sport club	Health or fitness centre	Socio-cultural club that includes sport in its activities (e.g. employees' club, youth club, school- and university-related club)	Other (SPONTANEOUS)	No, not a member of any club (SPONTANEOUS)	Don't know	Total 'Yes'
EU28	12	11	3	7	69	1	30
BE	**16**	10	*5*	3	67	0	32
BG	*2*	**5**	*2*	6	84	2	14
CZ	8	**10**	*4*	18	61	1	38
DK	23	**24**	*8*	6	46	1	53
DE	**23**	11	*4*	1	63	1	36
EE	**13**	4	*2*	5	77	2	22
IE	16	**18**	*7*	12	52	1	46
EL	5	**11**	*2*	3	81	0	19
ES	7	**10**	*2*	5	77	0	23
FR	**13**	*5*	*5*	9	67	1	31
HR	5	**6**	*2*	8	79	0	21
IT	5	**7**	*2*	13	72	1	27
CY	4	**13**	*2*	6	75	0	25
LV	**5**	4	*2*	4	85	2	14
LT	**7**	*2*	*2*	18	68	4	29
LU	**18**	12	*6*	16	52	1	47
HU	4	**8**	*3*	7	78	1	21
MT	**9**	7	*1*	13	71	1	28
NL	**27**	22	*3*	7	47	0	53
AT	13	**16**	*5*	4	67	0	33
PL	6	**7**	*2*	10	74	2	24
PT	4	**10**	*1*	2	83	1	16
RO	2	**5**	*1*	19	71	2	27
SI	**12**	*6*	*6*	13	65	0	34
SK	4	**9**	*2*	11	73	2	24
FI	13	**14**	*6*	5	63	2	35
SE	16	**41**	*8*	4	40	0	59
UK	11	**17**	*2*	1	70	2	28

Highest percentage per country *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: All respondents (N=28,031)

Looking at the evolution by individual countries, the largest increases in membership at a sport club can be seen in Malta and Poland (both +3 pp), while the largest decreases are observed in Sweden (-6 pp) and Croatia (-5 pp).

Membership at a health or fitness centre has increased the most in Sweden (+8 pp), followed by Portugal, Hungary and Cyprus (all +4 pp), with the largest decrease seen in Germany (-3 pp).

There have been increases in membership of socio-cultural clubs in Slovenia and Ireland (both +3 pp).

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)

	Sport club	2017 - 2013	Health or fitness centre	2017 - 2013	Socio-cultural club that includes sport in its activities (e.g. employees' club, youth club, school- and university-related club)	2017 - 2013
EU28	12	=	11	=	3	=
MT	9	▲ 3	7	=	1	▼ 1
PL	6	▲ 3	7	▲ 1	2	▲ 1
EE	13	▲ 1	4	=	2	▼ 1
FI	13	▲ 1	14	▲ 1	6	▼ 1
RO	2	▲ 1	5	▲ 1	1	=
NL	27	=	22	▲ 3	3	=
BE	16	=	10	▼ 1	5	=
AT	13	=	16	=	5	▲ 2
SI	12	=	6	▲ 1	6	▲ 3
UK	11	=	17	▼ 1	2	=
ES	7	=	10	=	2	▼ 1
EL	5	=	11	=	2	▲ 1
PT	4	=	10	▲ 4	1	▼ 1
BG	2	=	5	▲ 3	2	▲ 1
DE	23	▼ 1	11	▼ 3	4	=
LT	7	▼ 1	2	▲ 1	2	=
LV	5	▼ 1	4	▲ 1	2	=
HU	4	▼ 1	8	▲ 4	3	=
DK	23	▼ 2	24	▼ 1	8	▼ 1
IT	5	▼ 2	7	▲ 1	2	▼ 1
CY	4	▼ 2	13	▲ 4	2	▲ 1
LU	18	▼ 3	12	▼ 1	6	▲ 1
IE	16	▼ 3	18	▲ 3	7	▲ 3
FR	13	▼ 3	5	▲ 1	5	▲ 1
CZ	8	▼ 3	10	▼ 2	4	▲ 1
SK	4	▼ 3	9	=	2	▼ 1
HR	5	▼ 5	6	▼ 1	2	▼ 1
SE	16	▼ 6	41	▲ 8	8	=

Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

Socio-demographic variations include:

- Men are more likely than women to be members of a sport club (16% compared with 8%).
- Young people are more likely than older people to be members of a sport club (20% of 15-24 year olds, falling to 8% of those aged 55 or over), as well as of a health or fitness centre (ranging from 18% of those aged 15-24 to 6% of those aged 55+).
- Membership at a sport club is high among young men (29% of men aged 15-24, falling to 10% of men aged 55 or over). The age difference is much less pronounced for women (11% of women aged 15-24 are members at a sport club, falling to 6% of those aged 55+).
- There is a link between membership at clubs and level of education. Those who finished education at the age of 20 or above are more likely to be members at a club of some kind (40%), than those who ended education at the age of 16-19 (24%) and those who finished education by the age of 15 (18%). This pattern applies to membership at both sport clubs and health or fitness centres.
- Club membership also varies by occupational group: membership of a club of some kind is highest for students (50% are members at a club of some kind) and for managers (43%).

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - EU)

	Health or fitness centre	Sport club	Socio-cultural club that includes sport in its activities (e.g. employees' club, youth club, school- and university-related club)	Other (SPONTANEOUS)	No, not a member of any club (SPONTANEOUS)	Don't know
EU28	11	12	3	7	69	1
Gender						
Men	11	16	4	7	65	1
Women	11	8	3	7	72	1
Age						
15-24	18	20	5	5	55	1
25-39	15	13	3	6	64	1
40-54	10	12	2	7	70	1
55 +	6	8	3	8	75	1
Gender and Age						
Men 15-24	18	29	6	4	48	2
Men 25-39	15	17	3	6	61	1
Men 40-54	9	16	3	7	66	1
Men 55+	6	10	3	8	74	1
Women 15-24	19	11	4	5	62	1
Women 25-39	15	9	2	6	68	1
Women 40-54	11	8	2	6	74	1
Women 55+	6	6	3	8	76	1
Education (End of)						
15-	3	5	2	8	81	1
16-19	8	8	2	7	75	1
20+	16	17	4	7	59	1
Still studying	20	23	7	4	49	1
Socio-professional category						
Self-employed	14	16	3	7	61	2
Managers	18	19	5	6	55	2
Other white collars	14	12	2	7	65	1
Manual workers	9	10	2	7	73	1
House persons	6	3	2	10	80	0
Unemployed	7	7	2	7	77	1
Retired	5	7	3	8	77	1
Students	20	23	7	4	49	1

Base: All respondents (N=28,031)

III. UNDERSTANDING MOTIVATORS AND BARRIERS TO SPORT PARTICIPATION

This chapter looks at the reasons why people engage in sport and other physical activity, as well as the barriers to practising sport more regularly.

1 Motivators

i. Findings for the EU as a whole

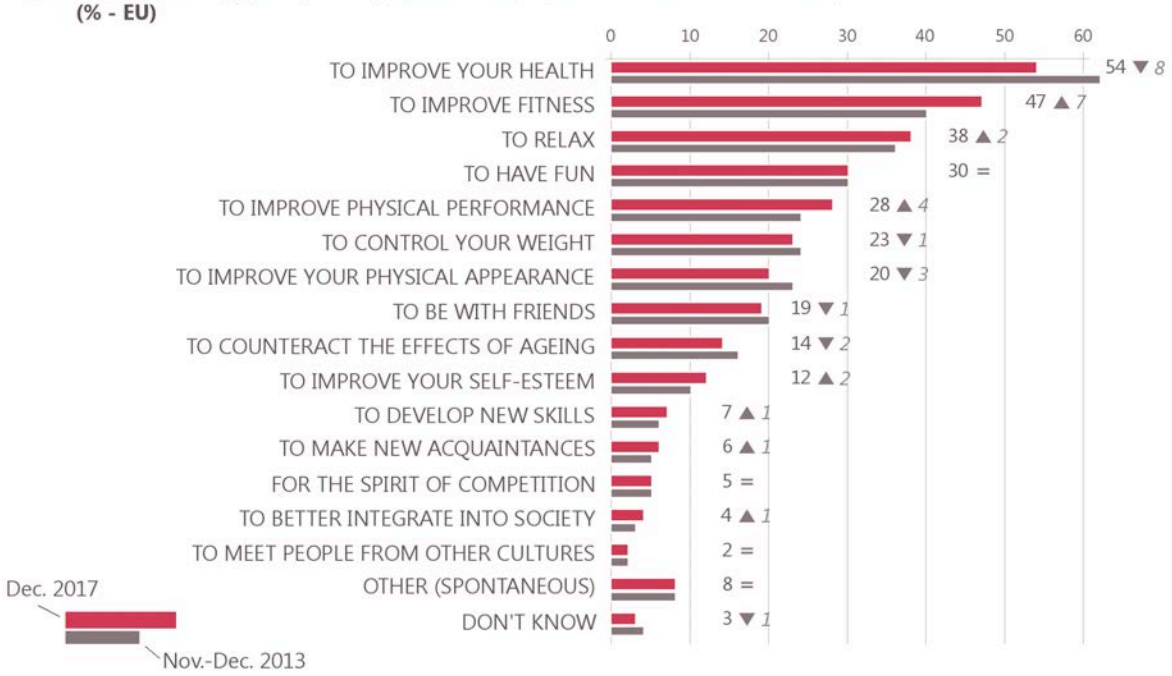
Improving health and fitness are the main considerations for EU citizens when engaging in sport or physical activity. This stage of the survey reveals the wide range of personal motivations that individual respondents have for deciding whether to engage in sport or physical activity.

The most common reason for engaging in sport or physical activity is to improve health (54%)[16], with 23% of respondents also mentioning weight control. The other most commonly cited reasons for engaging in sport or physical activity are to improve fitness (47%), followed by relaxation (38%), to have fun (30%) and to improve physical performance (28%).

A range of other reasons is given relating to personal image (e.g. 20% of people engage in sport or physical activity to improve their physical appearance), social interaction (e.g. 19% engage in sport or physical activity so that they can be with friends), as well as other factors.

There have been some changes since the 2013 survey. Respondents are less likely to say they engage in sport or physical activity in order to improve their health (-8 pp), although this remains the most common response. They are more likely to mention doing this to improve fitness (+7 pp) and to improve physical performance (+4 pp).

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - EU)



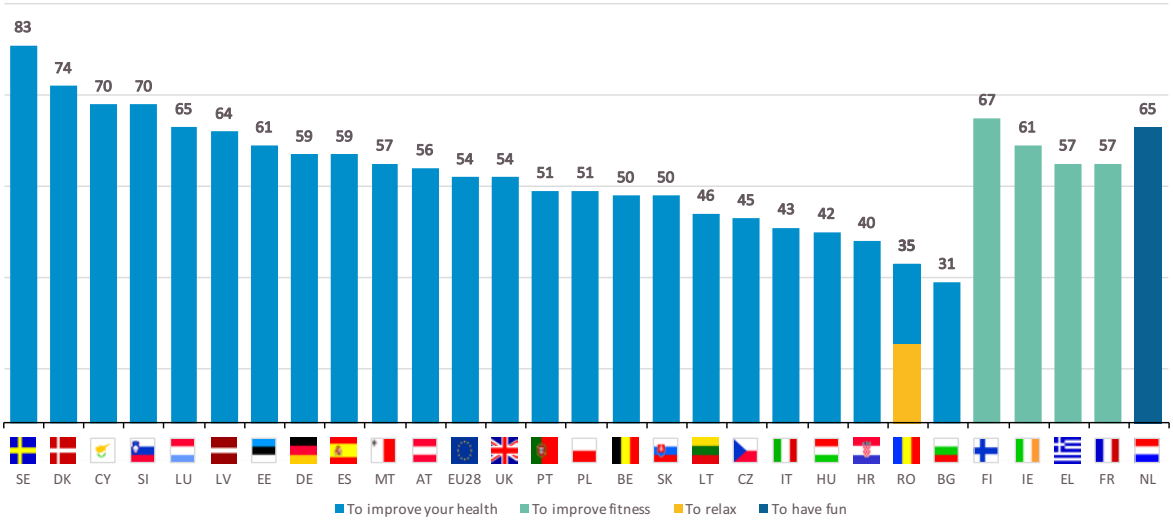
Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

[16] QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)

ii. Findings by individual countries

In the EU as a whole, the most common reason for engaging in sport or physical activity is to improve health (54%), and this is also the most frequent response in 22 individual countries, notably in Sweden (83%). In addition, this is the joint highest answer in Romania (along with relaxation, both 35%). In four countries, the most common reason is to improve fitness: Finland, Ireland, Greece and France (from 67% to 57%). In the Netherlands (65%), having fun is the reason given most frequently.

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - THE MOST MENTIONED ANSWER BY COUNTRY)



Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

As noted above, respondents in Sweden are the most likely to say that health considerations influence their decision to engage in sport or physical activity (83%). The proportion giving this reason is also high in Denmark (74%), Cyprus and Slovenia (both 70%). However, a lower proportion of people in Bulgaria (31%) and Romania (35%) say they are motivated to improve their health.

Improving one's fitness is given as a reason by 72% of respondents in Sweden, with high proportions also mentioning this in Finland (67%), the Netherlands (64%) and Ireland (61%). Yet while fitness might seem to be an obvious motivation, a surprisingly low proportion of respondents cite this as a motivation in Romania (20%) and Bulgaria (22%).

Relaxation emerges as a particularly compelling reason in Slovenia (64%) and the Netherlands (63%). However, this is less of a factor in Slovakia (18%), the Czech Republic and Poland (both 21%).

Respondents in the Netherlands are by far the most likely to say that they engage in sport or physical activity to have fun (65%), while the proportion is lowest in Cyprus and Hungary (both 11%).

Improving physical performance is a very common motivating factor in some countries, especially in Sweden (53%), Poland (44%) and Finland (41%). Respondents in the Netherlands (42%), Sweden and Cyprus (both 39%) commonly cite controlling one's weight as a motivating factor.

Respondents in Italy (33%) and Spain (31%) are most likely to say they engage in sport or physical activity to improve their physical appearance, while those in Sweden (36%) and Finland (35%) are most likely to say that a motivation is to counteract the effects of ageing.

Engaging in sport or physical activity as a way of spending time with friends is most common in Slovenia (33%), Austria (30%) and Denmark (29%); while those in Denmark (28%) are also the most likely to say that improving their self-esteem is a motivation.

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)

	To improve your health	To improve fitness	To relax	To have fun	To improve physical performance	To control your weight	To improve your physical appearance	To be with friends	To counteract the effects of ageing	To improve your self-esteem	To develop new skills	To make new acquaintances	For the spirit of competition	To better integrate into society	To meet people from other cultures	Other (SPONTANEOUS)	Don't know
EU28	54	47	38	30	28	23	20	19	14	12	7	6	5	4	2	8	3
BE	50	46	48	37	21	28	16	19	16	10	6	7	5	*3*	*3*	6	1
BG	31	22	24	16	10	22	21	14	15	15	7	*3*	6	*3*	*3*	20	7
CZ	45	41	21	33	21	18	23	23	16	7	5	6	5	4	*2*	9	2
DK	74	58	29	38	30	36	21	29	24	28	11	10	8	*2*	*2*	11	3
DE	59	47	42	42	39	18	19	23	18	14	7	6	4	4	*2*	7	4
EE	61	51	36	27	20	30	19	19	19	20	10	5	6	2	*1*	14	3
IE	58	61	36	29	27	35	24	27	11	22	13	10	12	8	*7*	3	2
EL	48	57	26	21	22	28	17	13	9	13	5	2	3	3	*0*	12	1
ES	59	38	34	25	37	22	31	15	10	10	5	5	5	*2*	*2*	7	1
FR	50	57	54	21	15	23	17	19	12	11	5	6	6	*3*	4	9	4
HR	40	34	36	17	24	19	17	15	15	5	5	6	5	2	*1*	13	3
IT	43	42	36	19	19	23	33	19	15	6	4	6	3	3	*1*	6	2
CY	70	49	52	11	19	39	21	12	8	15	10	4	4	*2*	*2*	11	0
LV	64	48	40	21	25	19	27	20	15	18	12	9	9	6	*4*	14	2
LT	46	42	26	42	30	17	19	10	12	6	3	3	*1*	2	2	13	3
LU	65	57	47	29	32	29	27	24	15	15	8	8	8	*3*	4	10	1
HU	42	37	28	11	32	16	24	13	15	8	6	3	4	3	*1*	12	2
MT	57	40	42	32	20	34	19	19	7	18	10	7	9	*4*	*4*	7	2
NL	63	64	63	65	28	42	13	22	23	10	10	9	10	2	*1*	7	1
AT	56	45	36	44	35	32	26	30	24	18	11	11	7	7	*4*	7	3
PL	51	42	21	25	44	13	21	10	6	13	6	2	6	3	*1*	5	7
PT	51	36	38	24	31	21	22	24	11	15	6	5	5	4	*2*	9	3
RO	35	20	35	17	12	21	16	13	15	7	5	7	4	8	*2*	20	5
SI	70	36	64	24	39	21	19	33	10	15	11	8	7	*3*	4	7	1
SK	50	40	18	16	28	25	25	26	11	14	5	8	4	5	*1*	13	3
FI	64	67	50	26	41	34	19	26	35	16	12	7	10	3	*1*	5	3
SE	83	72	48	46	53	39	23	21	36	21	14	9	10	2	*2*	4	1
UK	54	49	25	30	16	23	12	17	7	13	7	4	4	4	*2*	10	3

Highest percentage per country | *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

There have been some changes in the reasons for engaging in sport or physical activity since 2013. In the EU as a whole, there has been a decrease in the proportion of respondents saying they engage in sport or physical activity to improve their health (-8 pp). A decrease can also be observed in most individual countries, notably in Croatia (-21 pp) and Portugal (-16 pp). There has been an increase in just five countries, with the largest one seen in Estonia (+6 pp).

By contrast, improved fitness is more commonly given as a reason in 2017 than in 2013. Large increases can be seen in Portugal (+22 pp), Lithuania (+19 pp), Italy and Spain (both +15 pp). Only one country shows a slight decrease: Denmark (-2 pp).

There have been large increases in the proportion of respondents who give relaxation as a motivating factor in France (+12 pp) and Romania (+11 pp), and a large decrease in Greece (-14 pp).

In Romania (+10 pp) and the Netherlands (+9 pp), there has been an increase in the proportion saying they engage in sport or physical activity in order to have fun, while a large decrease can be observed in Cyprus (-8 pp).

In a number of countries, there has been a large increase in the proportion mentioning improved physical performance as a motivating factor: Portugal (+15 pp), Lithuania (+12 pp), Spain and Latvia (both +11 pp), Luxembourg and Ireland (both +10 pp). There has been a decrease in five countries, the largest being in Austria (-7 pp) and in the UK (-6 pp).

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - TOP 5 ANSWERS)

	To improve your health	2017 - 2013	To improve fitness	2017 - 2013	To relax	2017 - 2013	To have fun	2017 - 2013	To improve physical performance	2017 - 2013
EU28	54	▼ 8	47	▲ 7	38	▲ 2	30	=	28	▲ 4
EE	61	▲ 6	51	▲ 10	36	▼ 6	27	▼ 1	20	▲ 7
HU	42	▲ 3	37	▲ 6	28	▲ 3	11	▲ 2	32	▲ 5
SE	83	▲ 2	72	▲ 1	48	▲ 4	46	▲ 2	53	▲ 5
LV	64	▲ 2	48	▲ 10	40	▲ 7	21	▲ 1	25	▲ 11
NL	63	▲ 2	64	▲ 10	63	▲ 7	65	▲ 9	28	▲ 6
LU	65	=	57	▲ 8	47	▲ 8	29	▲ 3	32	▲ 10
DK	74	▼ 2	58	▼ 2	29	▼ 2	38	▼ 4	30	▼ 3
SK	50	▼ 2	40	▲ 1	18	▲ 2	16	▼ 2	28	▲ 7
CY	70	▼ 3	49	▲ 1	52	▲ 9	11	▼ 8	19	▲ 4
BE	50	▼ 3	46	▲ 1	48	▼ 5	37	▲ 1	21	▲ 6
BG	31	▼ 3	22	▲ 10	24	▲ 1	16	=	10	▲ 7
FI	64	▼ 5	67	▲ 6	50	▲ 2	26	▲ 5	41	▲ 3
FR	50	▼ 5	57	▲ 3	54	▲ 12	21	▼ 2	15	▲ 3
CZ	45	▼ 5	41	▲ 4	21	▼ 3	33	▼ 6	21	▲ 7
SI	70	▼ 6	36	▲ 4	64	▲ 4	24	▲ 1	39	▼ 3
AT	56	▼ 7	45	▲ 5	36	=	44	▲ 5	35	▼ 7
LT	46	▼ 7	42	▲ 19	26	▼ 1	42	=	30	▲ 12
PL	51	▼ 8	42	▲ 13	21	▲ 5	25	▲ 1	44	▲ 9
EL	48	▼ 8	57	▲ 8	26	▼ 14	21	▼ 3	22	▲ 7
UK	54	▼ 11	49	=	25	▼ 6	30	▼ 6	16	▼ 6
DE	59	▼ 12	47	▲ 4	42	▲ 3	42	▲ 2	39	▲ 1
IT	43	▼ 12	42	▲ 15	36	▼ 8	19	=	19	▲ 7
RO	35	▼ 12	20	▲ 8	35	▲ 11	17	▲ 10	12	▲ 6
IE	58	▼ 13	61	▲ 14	36	▼ 1	29	▲ 3	27	▲ 10
MT	57	▼ 13	40	▲ 5	42	▲ 1	32	▲ 2	20	▼ 3
ES	59	▼ 14	38	▲ 15	34	▼ 1	25	▼ 1	37	▲ 11
PT	51	▼ 16	36	▲ 22	38	▲ 6	24	▲ 6	31	▲ 15
HR	40	▼ 21	34	▲ 4	36	▼ 2	17	▼ 5	24	▲ 7

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

iii. Findings by socio-demographic groups

Socio-demographic variations include:

- Men are more motivated by having fun (33% compared with 28%), being with friends (22% compared with 16%) and by competition (8% compared with 2%).
- A number of factors are more likely to be mentioned by younger respondents, including improving physical appearance (29% of 15-24 year olds, falling to 12% of those aged 55 or over), having fun (ranging from 44% for those aged 15-24 to 23% for those aged 55+) and being with friends (33%, falling to 15%).
- The differences are particularly pronounced for young men, especially in factors such as having fun (48% of 15-24-year-old men mention this), being with friends (41%), improving physical performance (43%) and competing (17%). The differences are less strong on these items between women in the different age groups.
- By contrast, older people are more likely than younger people to mention improving their health (57% of people aged 55 or over, compared with 49% of those aged 15-24) and counteracting the ageing process (25% compared with 3%).
- People who stay in education for longer are more likely to mention a number of the factors. The largest difference is in the proportion of those who engage in sport or physical activity in order to improve fitness: 55% of people who left education at 20 or older, falling to 34% of those who left education by the age of 15.
- Most of the factors are mentioned more frequently by people who exercise or play sport on a regular basis. For example, improving one's fitness is mentioned by 57% of those who exercise or play sport regularly, and by 62% of those who are active with some regularity. However, it is lower among those who exercise or play sport seldom (37%) or never (25%).

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(% - EU)

	To improve your health	To improve your physical appearance	To counteract the effects of ageing	To have fun	To relax	To be with friends	To make new acquaintances	To meet people from other cultures	To improve physical performance	To improve fitness	To control your weight	To improve your self-esteem	To develop new skills	For the spirit of competition	To better integrate into society	Other (SPONTANEOUS)	Don't know
EU28	54	20	14	30	38	19	6	2	28	47	23	12	7	5	4	8	3
Gender																	
Men	53	19	13	33	38	22	5	3	29	48	22	11	7	8	4	8	3
Women	55	21	15	28	38	16	6	2	27	47	24	13	6	2	3	8	3
Age																	
15-24	49	29	3	44	35	33	8	3	38	52	22	16	15	11	6	5	2
25-39	53	27	8	33	40	20	6	3	31	50	26	15	8	6	4	7	2
40-54	54	19	13	29	42	15	4	2	24	46	26	12	5	5	3	10	3
55 +	57	12	25	23	34	15	5	3	24	44	19	9	3	2	3	10	4
Gender and Age																	
Men 15-24	49	29	3	48	35	41	9	2	43	55	20	16	16	17	8	4	1
Men 25-39	53	26	8	36	40	23	6	3	33	50	24	14	10	9	5	6	3
Men 40-54	52	16	12	31	42	18	4	2	24	46	26	11	5	7	2	11	3
Men 55+	55	11	24	22	33	13	4	2	23	43	20	7	3	3	2	11	4
Women 15-24	49	30	4	38	35	23	7	3	33	48	24	15	13	5	4	7	3
Women 25-39	53	28	8	29	40	17	6	2	29	50	29	16	7	3	4	8	2
Women 40-54	56	21	14	27	41	12	5	1	24	46	26	12	4	2	3	9	3
Women 55+	59	13	26	24	36	16	6	3	24	45	18	11	3	1	3	9	4
Education (End of)																	
15-	50	12	18	20	30	14	4	2	20	34	16	8	3	2	2	14	5
16-19	50	17	13	26	34	16	5	2	23	43	20	10	4	4	3	10	4
20+	60	22	18	34	46	19	6	2	32	55	29	15	7	6	3	6	2
Still studying	52	33	4	48	39	36	9	3	41	55	23	17	19	12	7	3	2
Exercise or play sport																	
Regularly	69	27	23	33	40	20	8	4	37	57	29	18	10	10	6	5	1
With some regularity	64	28	16	40	44	27	8	3	38	62	30	16	10	8	5	2	1
Seldom	44	14	11	25	34	14	4	2	18	37	18	8	4	2	2	10	4
Never	37	7	10	16	29	8	2	1	13	25	11	5	2	1	2	20	8

Base: Respondents who exercise, play sport or engage in other physical activity (N= 19,982)

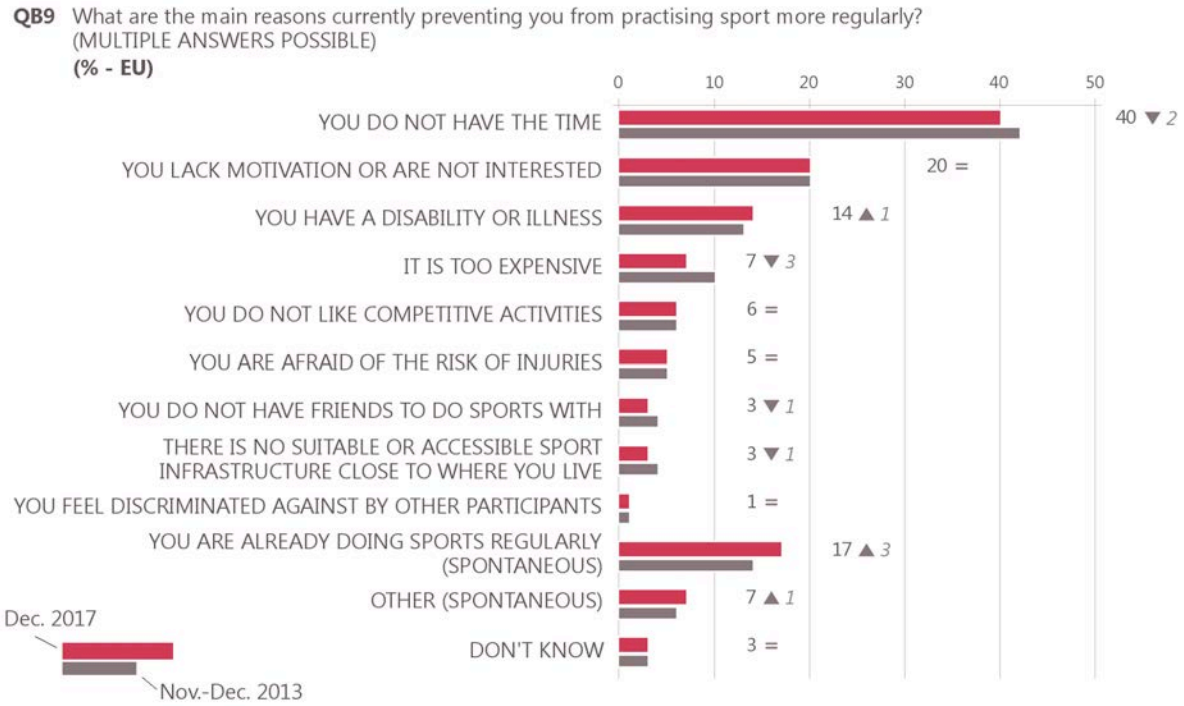
2 Barriers

i. Findings for the EU as a whole

All respondents were asked about the main reasons that currently prevent them from practising sport more regularly[17]. In the EU as a whole, lack of time (40%) is the most mentioned reason, followed by lack of motivation or interest (20%), having a disability or illness (14%), the fact that it is too expensive (7%), a dislike of competitive activities (6%) and fear of the risk of injuries (5%).

Respondents also give a range of other reasons, while one in six respondents (17%) say that they are already doing sport regularly.

The findings are very similar to those observed in the 2013 survey, although there have been small decreases in the proportions mentioning lack of time (-2 pp) and expensiveness (-3 pp), while respondents are now a bit more likely to say that they are already doing sport regularly (+3 pp).



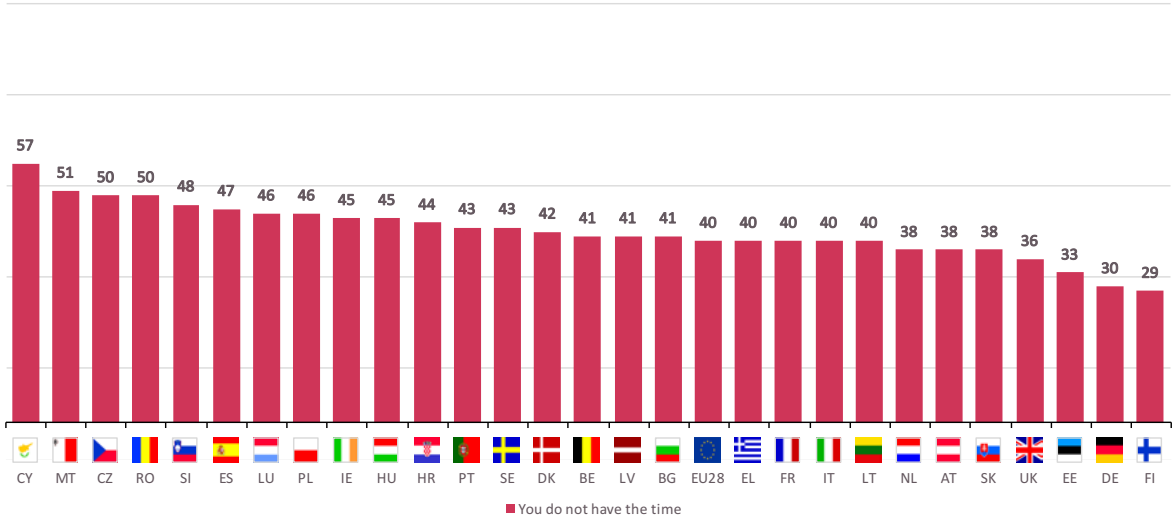
Base: All respondents (N=28,031)

[17] QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

ii. Findings by individual countries

Lack of time is the most common reason mentioned in every EU Member State for not practising sport more regularly. The highest proportion of respondents providing this answer can be observed in Cyprus (57%), Malta (51%), Romania and the Czech Republic (both 50%). The lowest proportions can be seen in Finland (29%), Germany (30%) and Estonia (33%).

QB9 What are the main reasons currently preventing you from practising sport more regularly?
(MULTIPLE ANSWERS POSSIBLE)
(% - THE MOST MENTIONED ANSWER BY COUNTRY)



Base: All respondents (N=28,031)

Lack of interest or motivation is mentioned by a relatively large proportion of respondents in Portugal (33%) and Greece (30%), while respondents in the UK (12%) and Estonia (13%) are least likely to see this as a problem.

Illness or disability emerge as particular reasons for not practising sport in Estonia (24%), Latvia, Finland (both 21%) and Sweden (20%). The cost of practising sport is mentioned most frequently in Portugal, Croatia and Cyprus (all 13%).

A dislike of competitive activities is most frequently given as a reason by respondents in Italy and Hungary (both 11%); and respondents in Belgium and Croatia (both 11%) are most likely to say that they are afraid of the risk of injuries.

A lack of suitable or accessible sport infrastructure is not seen as a problem by the vast majority of EU citizens, although a larger proportion of respondents in Romania (13%) mention this as a difficulty for them.

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

(%)

	You do not have the time	You lack motivation or are not interested	You have a disability or illness	It is too expensive	You do not like competitive activities	You are afraid of the risk of injuries	You do not have friends to do sports with	There is no suitable or accessible sport infrastructure close to where you live	You feel discriminated against by other participants	You are already doing sports regularly (SPONTANEOUS)	Other (SPONTANEOUS)	Don't know
EU28	40	20	14	7	6	5	3	3	1	17	7	3
BE	41	21	16	12	10	11	6	3	2	10	7	0
BG	41	28	19	6	8	5	4	5	1	4	7	4
CZ	50	22	18	9	6	9	6	4	1	6	5	1
DK	42	23	19	4	3	6	3	1	0	15	11	1
DE	30	21	13	5	4	4	3	2	0	33	5	4
EE	33	13	24	10	5	4	4	5	0	16	10	2
IE	45	15	11	6	4	9	3	3	1	19	4	3
EL	40	30	13	9	5	7	8	5	1	12	8	0
ES	47	21	13	4	5	5	1	2	0	16	5	1
FR	40	20	16	11	8	5	5	2	0	13	7	1
HR	44	28	12	13	8	11	5	5	0	8	6	2
IT	40	23	7	9	11	6	3	4	0	16	7	2
CY	57	15	12	13	2	5	3	5	0	12	6	0
LV	41	19	21	7	5	3	4	5	0	9	10	1
LT	40	22	18	12	3	4	3	7	0	9	9	2
LU	46	17	8	4	4	4	3	1	0	19	10	0
HU	45	20	18	11	11	5	4	5	1	9	3	1
MT	51	21	12	2	4	9	3	1	0	10	8	1
NL	38	23	14	7	6	5	1	1	0	21	8	2
AT	38	27	15	8	4	7	6	3	2	23	8	2
PL	46	19	14	5	3	8	3	3	1	8	6	8
PT	43	33	10	13	8	3	1	2	0	16	5	1
RO	50	18	12	8	7	3	5	13	2	9	9	2
SI	48	19	13	11	7	7	2	2	0	16	5	1
SK	38	15	12	10	5	8	5	5	0	21	7	4
FI	29	16	21	7	5	4	4	3	1	29	6	2
SE	43	29	20	6	6	4	4	3	0	14	5	2
UK	36	12	17	7	2	3	1	1	0	17	10	4

Highest percentage per country *Lowest percentage per country*

Highest percentage per item | Lowest percentage per item

Base: All respondents (N=28,031)

The reasons for not practising sport regularly have remained similar in most countries since the 2013 survey. However, there have been some individual changes:

- There has been a large increase in the proportion giving lack of time as a reason in Portugal (+10 pp), the Netherlands (+9 pp), Cyprus (+8 pp) and Austria (+7 pp). However, large decreases can be seen in Slovakia (-10 pp), Estonia (-9 pp), Germany (-8 pp) and Sweden (-7 pp).
- There have been increases in the proportion of respondents mentioning lack of interest or motivation in the Netherlands (+8 pp) and Portugal (+7 pp), while the proportion has decreased in Slovakia (-8pp) and Malta (-7 pp).
- In some countries, there has been an increase in the proportion of respondents citing illness or disability as a reason, notably Latvia (+9 pp), Estonia and Bulgaria (both +7 pp), while the largest decrease can be found in Luxembourg (-6 pp).
- Across the EU as a whole, there has been a small decrease in the proportion saying that practising sport is too expensive (-3 pp), with the largest decreases in Portugal and Italy (both -6pp). Belgium (+2 pp) is the only country where there has been an increase of more than 1 pp.
- The proportion saying they dislike competitive activities has increased the most in Croatia (+5 pp) and decreased the most in Malta (-8 pp). Fear of the risk of injuries has increased the most in Belgium (+5 pp).

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

(%)

	You do not have the time	2017 - 2013	You lack motivation or are not interested	2017 - 2013	You have a disability or illness	2017 - 2013	It is too expensive	2017 - 2013	You do not like competitive activities	2017 - 2013	You are afraid of the risk of injuries	2017 - 2013	You do not have friends to do sports with	2017 - 2013	There is no suitable or accessible sport infrastructure close to where you live	2017 - 2013	You feel discriminated against by other participants	2017 - 2013
EU28	40	▼ 2	20	=	14	▲ 1	7	▼ 3	6	=	5	=	3	▼ 1	3	▼ 1	1	=
PT	43	▲ 10	33	▲ 7	10	▼ 1	13	▼ 6	8	▲ 1	3	▼ 1	1	▼ 3	2	▼ 2	0	▼ 1
NL	38	▲ 9	23	▲ 8	14	▲ 1	7	▼ 1	6	▲ 1	5	▲ 1	1	=	1	=	0	=
CY	57	▲ 8	15	▼ 5	12	▲ 1	13	▼ 5	2	=	5	▲ 1	3	▲ 1	5	=	0	=
AT	38	▲ 7	27	▲ 1	15	▲ 5	8	▼ 1	4	▼ 4	7	▼ 1	6	▲ 1	3	=	2	▲ 1
SI	48	▲ 3	19	▲ 5	13	▼ 1	11	▼ 3	7	▲ 3	7	▲ 1	2	▼ 1	2	▼ 2	0	=
ES	47	▲ 2	21	▼ 3	13	▲ 4	4	▼ 5	5	▲ 1	5	=	1	=	2	▲ 1	0	▼ 1
HU	45	▲ 2	20	▲ 2	18	▲ 1	11	▼ 2	11	▲ 1	5	▼ 2	4	▼ 1	5	▼ 1	1	=
BE	41	▲ 2	21	▲ 2	16	▲ 1	12	▲ 2	10	▲ 2	11	▲ 5	6	▲ 2	3	=	2	▲ 1
BG	41	▲ 2	28	▲ 2	19	▲ 7	6	▼ 3	8	▲ 2	5	▼ 1	4	=	5	▼ 2	1	▲ 1
IE	45	▲ 1	15	▲ 4	11	=	6	▼ 1	4	▼ 2	9	▲ 2	3	▲ 1	3	▲ 1	1	▲ 1
PL	46	=	19	=	14	=	5	▼ 5	3	▲ 1	8	▲ 1	3	▼ 1	3	▼ 2	1	=
HR	44	=	28	▲ 6	12	▼ 1	13	▼ 1	8	▲ 5	11	▲ 3	5	▲ 1	5	▼ 3	0	▼ 1
IT	40	=	23	▲ 5	7	▲ 3	9	▼ 6	11	▼ 2	6	▲ 3	3	=	4	=	0	▼ 1
CZ	50	▼ 2	22	▼ 1	18	▲ 2	9	▼ 5	6	=	9	=	6	▼ 1	4	▼ 3	1	=
FR	40	▼ 2	20	▼ 4	16	▲ 1	11	▲ 1	8	▼ 1	5	▼ 1	5	▲ 1	2	▼ 1	0	=
LT	40	▼ 2	22	▲ 2	18	▲ 5	12	▼ 5	3	=	4	▲ 2	3	▼ 1	7	▼ 2	0	▼ 1
RO	50	▼ 3	18	▲ 5	12	▲ 2	8	▼ 1	7	▲ 3	3	▲ 2	5	▲ 3	13	▲ 3	2	▲ 1
FI	29	▼ 3	16	▼ 1	21	▼ 3	7	▲ 1	5	▼ 2	4	▼ 2	4	▼ 2	3	▼ 2	1	=
LU	46	▼ 4	17	▼ 6	8	▼ 6	4	▼ 1	4	=	4	=	3	▼ 1	1	▼ 2	0	▼ 1
MT	51	▼ 5	21	▼ 7	12	▲ 3	2	▲ 1	4	▼ 8	9	▲ 1	3	▲ 1	1	▼ 1	0	=
DK	42	▼ 6	23	▼ 6	19	▼ 1	4	▼ 4	3	▼ 2	6	▼ 1	3	=	1	▼ 2	0	=
LV	41	▼ 6	19	=	21	▲ 9	7	▼ 4	5	▼ 1	3	▲ 1	4	▲ 1	5	▼ 1	0	=
EL	40	▼ 6	30	▲ 3	13	▲ 4	9	▼ 3	5	=	7	▲ 3	8	▲ 3	5	▼ 1	1	▲ 1
UK	36	▼ 6	12	▼ 2	17	▼ 4	7	▼ 4	2	▼ 1	3	▼ 2	1	▼ 2	1	▼ 3	0	=
SE	43	▼ 7	29	▲ 2	20	▲ 2	6	=	6	▲ 1	4	▼ 1	4	▲ 1	3	▼ 3	0	=
DE	30	▼ 8	21	▼ 2	13	=	5	▼ 2	4	▼ 2	4	=	3	▼ 1	2	▼ 1	0	=
EE	33	▼ 9	13	▼ 2	24	▲ 7	10	▼ 3	5	=	4	▲ 1	4	▲ 1	5	▼ 1	0	=
SK	38	▼ 10	15	▼ 8	12	=	10	▼ 2	5	▼ 1	8	▼ 2	5	▼ 2	5	▼ 3	0	▼ 1

Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

The differences by socio-demographic groups include:

- Men are more likely to say they are already doing sport regularly (19% compared with 15%).
- Women are more likely to say that they lack interest or motivation (22% compared with 19%) and that they have a disability or illness (16% compared with 12%).
- Some particularities can be found among the different age groups:
- Lack of time is mentioned most frequently in the middle age-bands (55% of 25-39 year olds and 51% of 40-54 year olds).
- Having a disability or illness is a more common issue for older people (26% of those aged 55 or over), as is lack of interest or motivation (24%).
- Those aged 15-24 are the most likely to say that they are already doing sport regularly (25%); the proportion is particularly high for 15-24-year-old men (31%).
- People who have stayed in education for longer are more likely to mention lack of time as a factor. This is mentioned by 46% of people who left education at 20 or older, compared with 41% of those who left education between the age of 16 and 19, and 23% of those who left education by the age of 15.
- Those who left education at the age of 20 or above are also more likely to say that they already play sport regularly (21%), whereas those who left education by the age of 15 are more likely to say that they have an illness or disability (27%) or do not have the interest or motivation (26%).
- It is possible to examine the reasons given by people who exercise or play sport seldom, as well as those who never do so. This analysis shows that:
- Having a disability or illness is mainly a reason for not practising sport at all (it is mentioned by 22% of those who never exercise or play sport, compared with 9% of those who do so seldom).
- Similarly, a lack of motivation or interest is mentioned more frequently by people who never exercise or play sport (30%) than those who do so seldom (22%).
- Lack of time is mentioned more by those who exercise or play sport seldom (54%) than those who never do so (37%).
- Among those who spend no more than 2 hours and 30 minutes per day sitting, lack of time is a relatively strong factor (46%, compared with 35% of those who spend more than 8 hours and 30 minutes sitting).
- By contrast, those who spend more than 8 hours and 30 minutes sitting are more likely than other respondents to mention illness or disability (24%, compared with 9% of those who sit for 2 hours and 30 minutes or less).

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

(% - EU)

	You do not have the time	It is too expensive	You do not like competitive activities	There is no suitable or accessible sport infrastructure close to where you live	You have a disability or illness	You do not have friends to do sports with	You feel discriminated against by other participants	You lack motivation or are not interested	You are afraid of the risk of injuries	You are already doing sports regularly (SPONTANEOUS)	Other (SPONTANEOUS)	Don't know
EU28	40	7	6	3	14	3	1	20	5	17	7	3
Gender												
Men	40	6	5	3	12	3	1	19	5	19	7	3
Women	39	8	7	3	16	4	1	22	5	15	7	3
Age												
15-24	45	8	5	3	4	4	1	18	2	25	4	3
25-39	55	9	5	4	5	3	1	18	3	17	5	2
40-54	51	8	7	3	9	3	1	19	3	16	5	2
55 +	21	5	7	2	26	3	0	24	9	15	10	4
Gender and Age												
Men 15-24	41	7	3	3	3	3	1	17	2	31	4	3
Men 25-39	54	9	4	4	4	3	1	16	3	20	4	2
Men 40-54	51	6	6	3	8	2	0	17	4	18	6	2
Men 55+	22	5	7	2	24	3	1	24	8	16	10	4
Women 15-24	50	9	6	4	4	4	1	19	2	20	4	2
Women 25-39	57	10	6	4	5	3	1	20	3	15	5	2
Women 40-54	51	11	8	3	10	3	1	21	3	15	5	2
Women 55+	20	6	6	3	28	4	0	23	9	14	10	4
Education (End of)												
15-	23	7	7	3	27	3	0	26	9	11	11	4
16-19	41	8	6	3	13	3	1	22	5	15	6	3
20+	46	6	5	3	10	3	1	17	4	21	6	2
Still studying	44	7	4	3	3	3	1	17	3	29	3	2
Exercise or play sport												
Regularly	26	4	3	1	11	1	1	5	4	44	7	3
With some regularity	40	6	4	3	6	3	0	9	3	35	5	2
Seldom	54	10	6	4	9	3	1	22	5	7	7	3
Never	37	8	8	3	22	4	0	30	7	3	8	3
Time spent sitting on a usual day												
2h30 or less	46	9	6	4	9	3	1	13	4	16	7	4
2h31 to 5h30	40	8	6	3	11	3	1	21	5	19	7	2
5h31 to 8h30	39	7	6	3	17	3	0	22	6	17	6	2
8h31 or more	35	5	5	3	24	3	0	24	6	12	8	2

Base: All respondents (N=28,031)

IV. SUPPORT FOR SPORT PARTICIPATION IN CITIZENS' LOCAL AREA

Respondents were invited to give their opinion on a number of statements relating to sport and physical activity. These statements relate to how people perceive the opportunities to be physically active in their local area, and to the performance of the local authority in providing these opportunities.

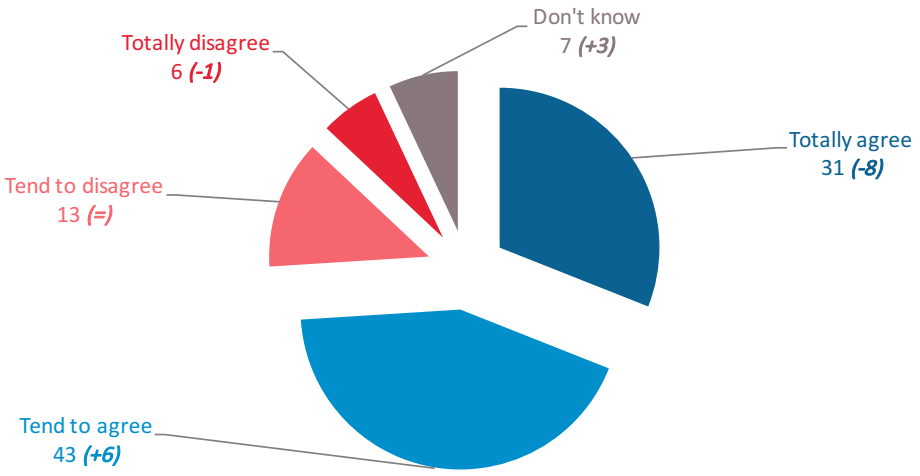
1 Opportunities in the local area

i. Findings for the EU as a whole

Most EU citizens feel that they have opportunities to be physically active, but there are mixed views on the level of support provided by local authorities. Around three in four EU citizens (74%) either totally agree (31%) or tend to agree (43%) that their local area provides them with opportunities to be physically active[18]. However, 19% of respondents either tend to disagree (13%) or totally disagree (6%) that this is the case. A further 7% say they do not even know if their area offers them opportunities.

The overall proportions of respondents that agree or disagree with the statement are similar to those seen in the 2013 survey. However, there has been a larger decrease in the proportion that totally agree (-8 pp), while the proportion that tend to agree has increased (+6 pp). This indicates that attitudes are now slightly less positive than in 2013.

QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity?
The area where you live offers you many opportunities to be physically active
(% - EU)



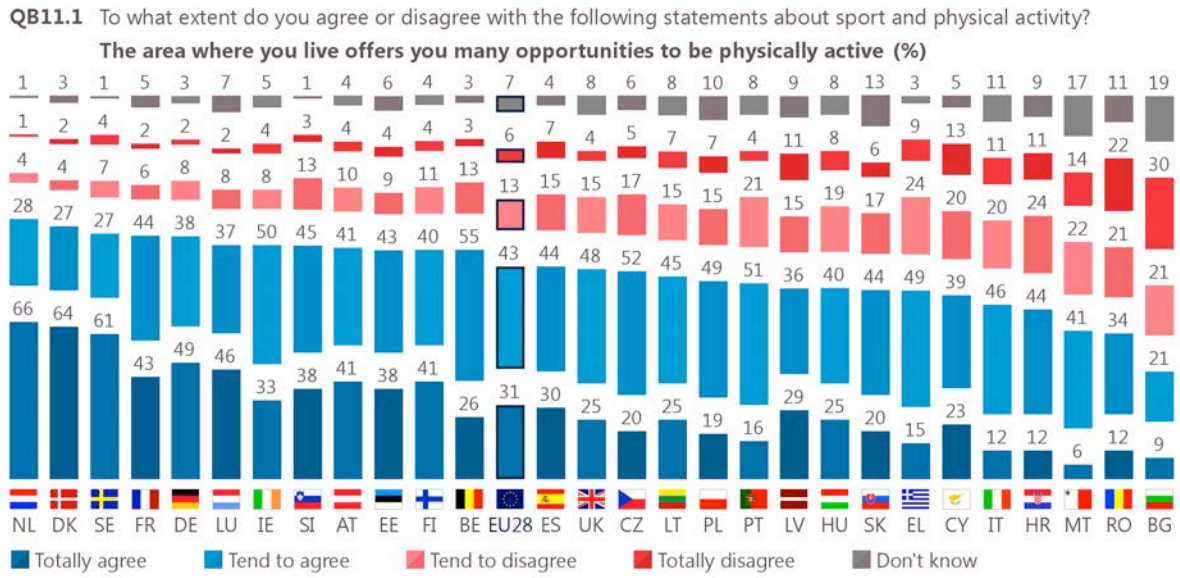
(Dec. 2017 - Nov.-Dec. 2013)

Base: All respondents (N=28,031)

[18] QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity? 'The area where you live offers you many opportunities to be physically active.'

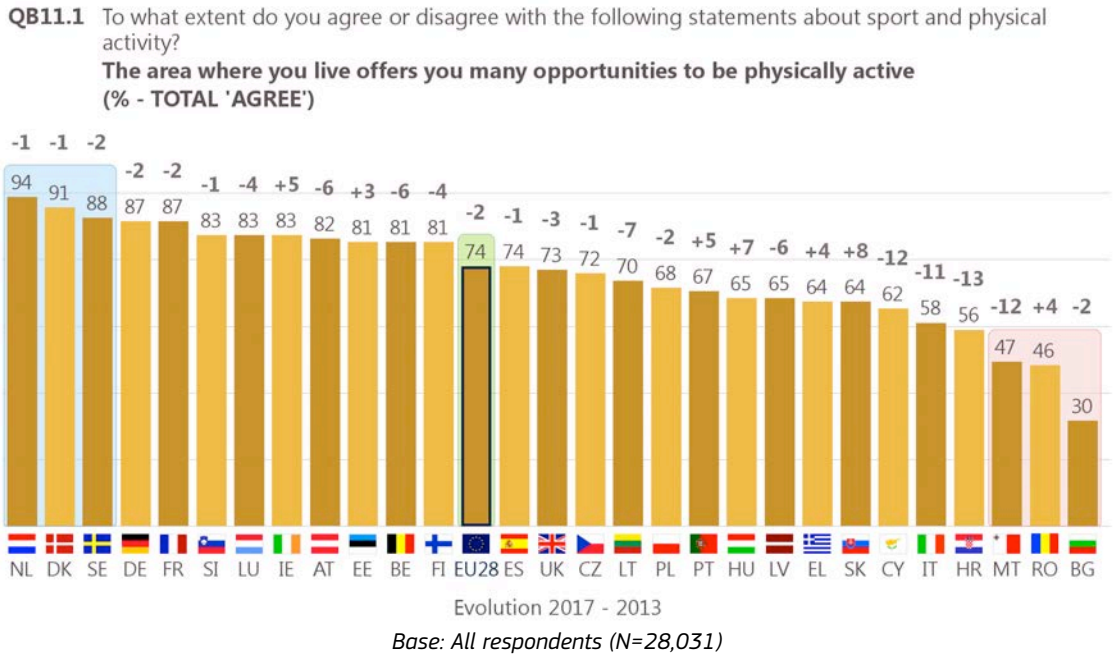
ii. Findings by individual countries

Perceptions of local opportunities to be physically active vary considerably between different countries. In some countries, large majorities of respondents agree that their local area offers them many opportunities: the Netherlands (94%), Denmark (91%), Sweden (88%), France and Germany (both 87%); the majority of respondents even totally agree with this statement in the Netherlands (66%), Denmark (64%) and Sweden (61%). By contrast, more than one in three respondents disagree that they have many opportunities in their area in Bulgaria (51%), Romania (43%), Malta (36%) and Croatia (35%).



Base: All respondents (N=28,031)

Attitudes towards local opportunities have become more positive in Slovakia (+8 pp) and Ireland (+5 pp) since 2013. However, there have also been large decreases in agreement in the following countries: Croatia (-13 pp), Cyprus, Malta (both -12 pp) and Italy (-11 pp). Overall, agreement has increased in seven countries, but has decreased in 21 countries.



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

Differences at socio-demographic level include:

- There is a slight gender difference, with men slightly more likely than women to agree that they have sufficient opportunities in their area (76% compared with 73%).
- Views are similar by age group: those aged 55+ are less likely to agree (70% vs 76-78% in other age groups), although this reflects a greater proportion of don't know responses in this age group (11%).
- There is a large difference by level of education: respondents who finished education at the age of 20 or above (82%) are more likely to agree than those who ended education at the age of 16-19 (72%) or by the age of 15 (63%).
- There is also a difference in terms of the respondent's financial position: among people who pay their bills without difficulty, 79% agree that they have sufficient opportunities in their area, but this falls to 59% among people who have difficulties most of the time. Clearly, having more disposable income offers EU citizens a wider range of possibilities when it comes to sport and physical activity.
- The type of area where respondents live also makes a difference: people living in rural areas are less likely to agree that they have opportunities in their area (69%), than those living in small or medium sized towns (77%) or large towns (74%).
- Attitudes also seem to show a connection with the amount people exercise or play sport: most respondents who exercise or play sport regularly agree that they have many opportunities in their area (82%), as do those who exercise or play with some regularity (84%). Agreement is lower among those who exercise or play sport seldom (76%) or never (66%).

QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity? **The area where you live offers you many opportunities to be physically active (% - EU)**

	Total 'Agree'	Total 'Disagree'	Don't know
EU28	74	19	7
Gender			
Men	76	19	5
Women	73	19	8
Age			
15-24	78	18	4
25-39	77	20	3
40-54	76	20	4
55 +	70	19	11
Education (End of)			
15-	63	24	13
16-19	72	22	6
20+	82	15	3
Still studying	79	17	4
Difficulties paying bills			
Most of the time	59	30	11
From time to time	67	25	8
Almost never/ Never	79	16	5
Subjective urbanisation			
Rural village	69	25	6
Small/ mid size town	77	16	7
Large town	74	19	7
Exercise or play sport			
Regularly	82	16	2
With some regularity	84	14	2
Seldom	76	20	4
Never	66	23	11

Base: All respondents (N=28,031)

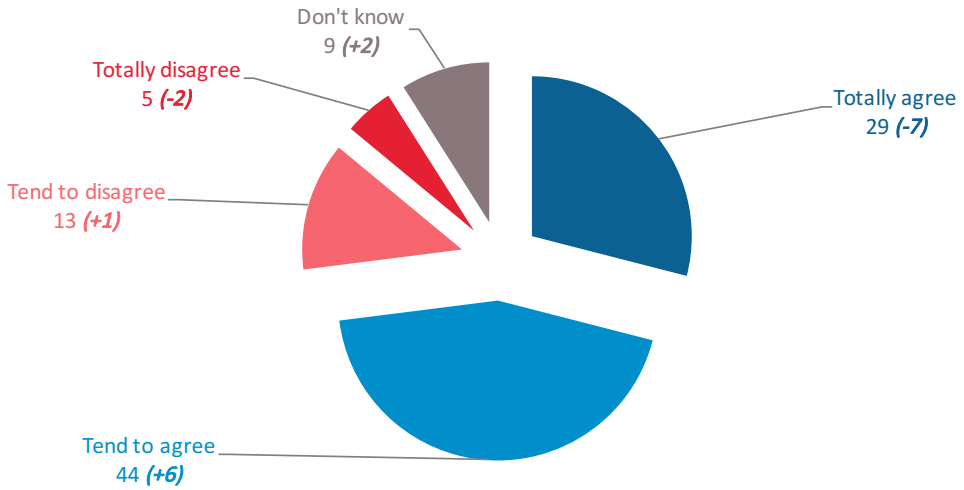
2 Opportunities offered by local sport clubs and other providers

i. Findings for the EU as a whole

The majority of EU citizens (73%) either totally agree (29%) or tend to agree (44%) that their local sport clubs and other providers give them many opportunities to be physically active[19]. However, 18% of respondents tend either to disagree (13%) or totally disagree (5%).

Once again, there has been a large decrease in the proportion of respondents who totally agree (-7 pp), while the proportion that tends to agree has increased (+6 pp). However, overall levels of agreement (-1 pp) and disagreement (-1 pp) are stable.

QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity?
Local sport clubs and other local providers offer many opportunities to be physically active (% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

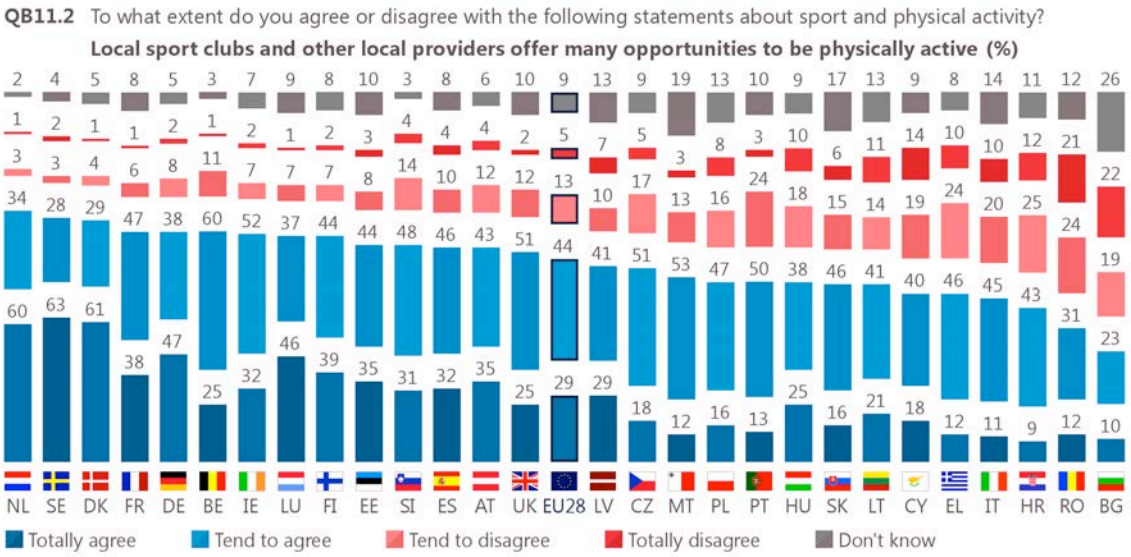
Base: All respondents (N=28,031)

[19] QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity? 'Local sport clubs and other local providers offer many opportunities to be physically active.'

ii. Findings by individual countries

The patterns for individual countries are similar to the previous question. The highest levels of agreement in relation to the opportunities offered by local sport clubs and other providers are observed in the Netherlands (94%), Sweden (91%) and Denmark (90%), followed by France, Germany and Belgium (all three 85%).

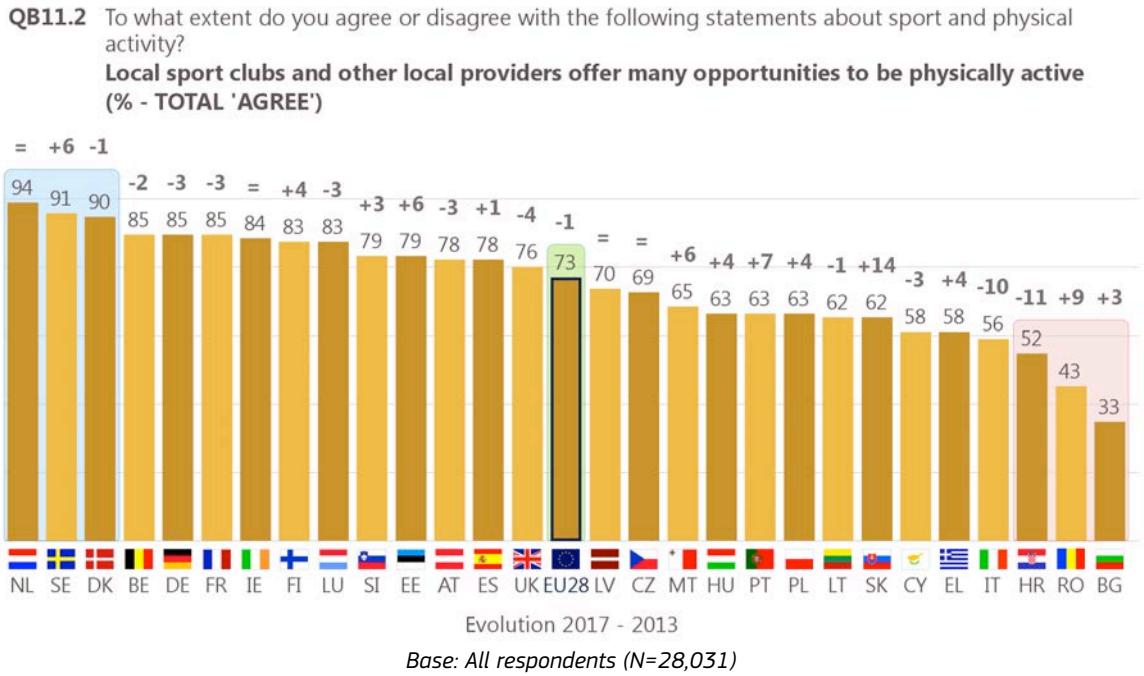
Respondents are the most likely to disagree that clubs and providers offer many opportunities in Romania (45%), Bulgaria (41%), Croatia (37%), Greece (34%), Cyprus (33%) and Italy (30%).



Base: All respondents (N=28,031)

There have been changes since 2013 in some countries. The level of agreement has increased markedly in Slovakia (+14 pp), as well as in Romania (+9 pp), Portugal (+7 pp), Sweden, Malta and Estonia (all three +6 pp).

The largest decreases in agreement can be seen in Croatia (-11 pp) and in Italy (-10 pp).



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

Socio-demographic variations are similar to those seen for the previous question:

- Respondents aged 55+ are again less likely to agree with the statement (69% vs 76-79% in other age groups), although this reflects a higher proportion of don't know responses (14%). In addition, the level of agreement is higher among men aged 15-24 (83%) than among those in other gender/age groups.
- Once again, respondents who finished education at the age of 20 or above (81%) are more likely to agree than those who ended education at the age of 16-19 (72%) or by the age of 15 (62%).
- There is also a difference in relation to financial position: among people who pay their bills without difficulty, 78% agree that local sport clubs and other providers offer them many opportunities, while this is lower among the people who have difficulties most of the time paying their bills (57%).
- People living in rural areas are less likely to agree that local sport clubs and other providers offer opportunities in their area (67%) than those living in small or medium sized towns (76%) or large towns (74%).
- Attitudes again seem to show a connection with the amount people exercise or play sport. Most respondents who exercise or play sport regularly agree that local sport clubs and other providers offer them opportunities (79%), as do those who exercise or play sport with some regularity (85%). Agreement is lower among those who exercise or play sport seldom (75%) or never (64%).

QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity? **Local sport clubs and other local providers offer many opportunities to be physically active (% - EU)**

	Total 'Agree'	Total 'Disagree'	Don't know
EU28	73	18	9
Gender			
Men	74	18	8
Women	72	18	10
Age			
15-24	79	16	5
25-39	76	19	5
40-54	76	18	6
55 +	69	17	14
Gender and Age			
Men 15-24	83	13	4
Men 25-39	76	19	5
Men 40-54	75	19	6
Men 55+	71	17	12
Women 15-24	74	19	7
Women25-39	75	20	5
Women 40-54	77	17	6
Women 55+	67	17	16
Education (End of)			
15-	62	22	16
16-19	72	20	8
20+	81	13	6
Still studying	80	15	5
Difficulties paying bills			
Most of the time	57	28	15
From time to time	66	24	10
Almost never/ Never	78	14	8
Subjective urbanisation			
Rural village	67	24	9
Small/ mid size town	76	15	9
Large town	74	16	10
Exercise or play sport			
Regularly	79	17	4
With some regularity	85	12	3
Seldom	75	18	7
Never	64	21	15

Base: All respondents (N=28,031)

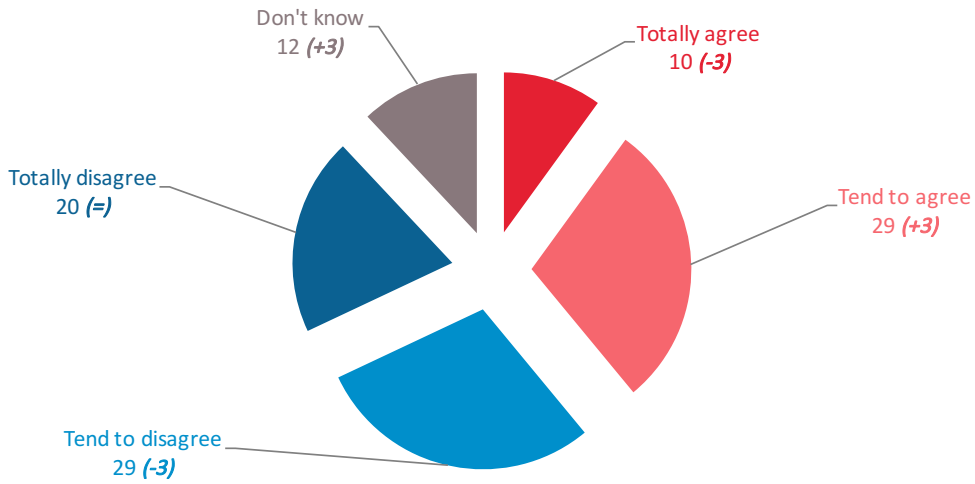
3 Local authority provisions

i. Findings for the EU as a whole

There are more mixed views (compared to the two previous statements) as to whether local authorities do enough to provide their citizens with opportunities to be physically active[20]: 39% agree that they do not do enough, while 49% disagree.

The proportion of those who totally agree that local authorities do not do enough has slightly decreased since 2013 (-3 pp), alongside a small increase in the proportion of those who tend to agree (+3 pp). There has also been a small decrease in the proportion of those who say they tend to disagree (-3 pp).

QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity?
Your local authority does not do enough for its citizens in relation to physical activities (% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

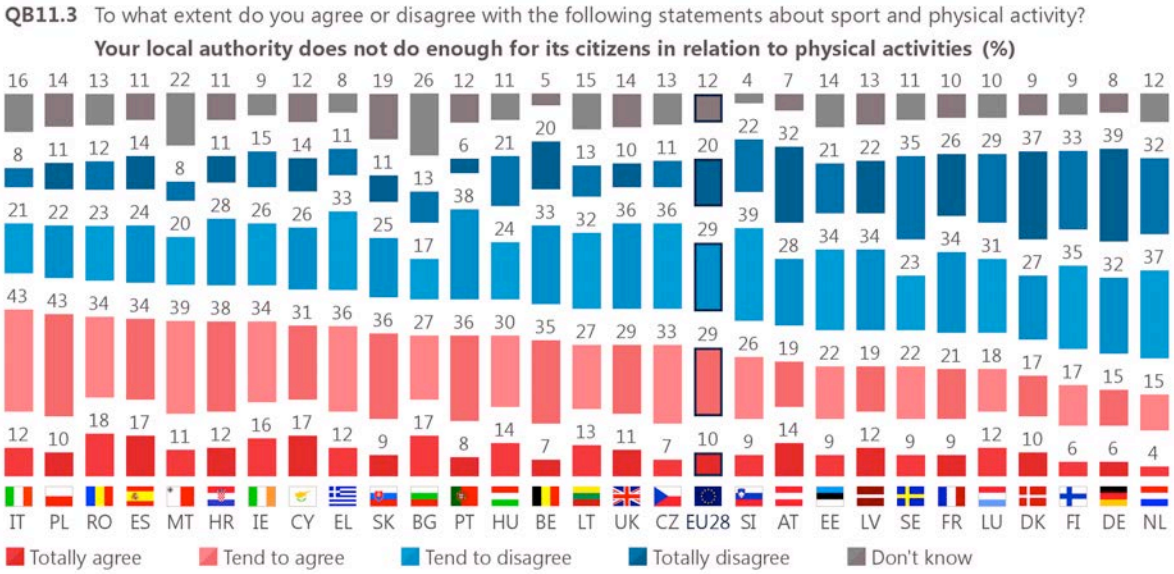
Base: All respondents (N=28,031)

[20] QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity? 'Your local authority does not do enough for its citizens in relation to physical activities.'

ii. Findings by individual countries

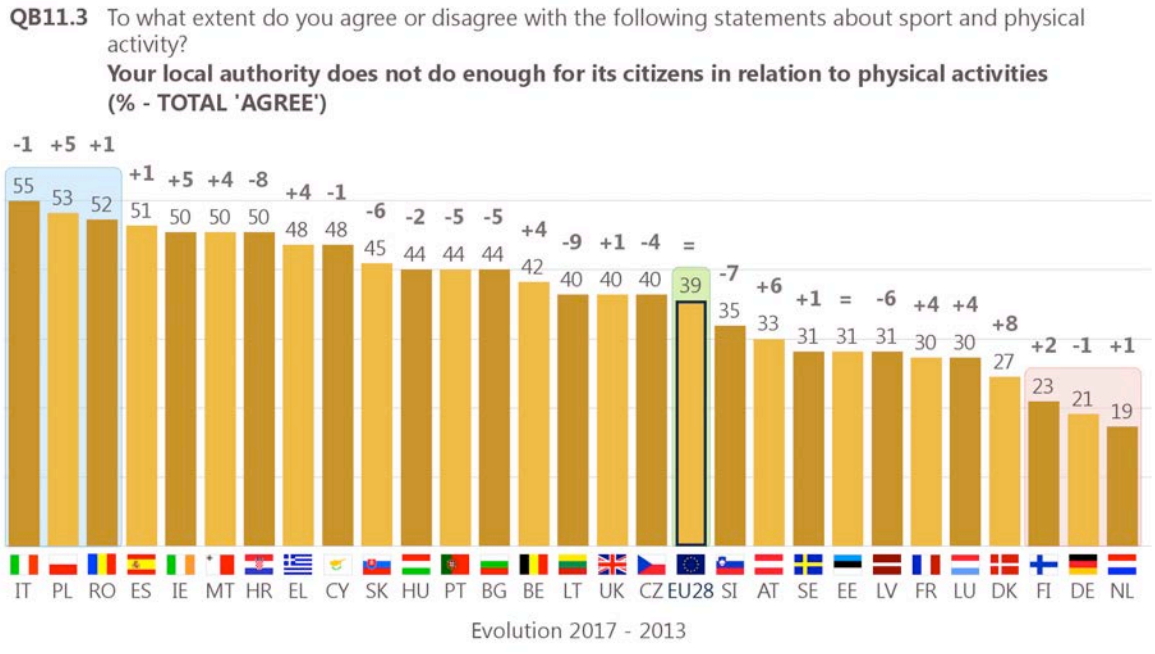
When looking at country level, a majority of respondents in four countries think that their local authority is not doing enough: Italy (55%: 12% totally agree; 43% tend to agree), Poland (53%: 10% totally agree; 43% tend to agree), Romania (52%: 18% totally agree; 34% tend to agree) and Spain (51%: 17% totally agree; 34% tend to agree).

By contrast, views are the most positive in Germany (where 71% disagree), the Netherlands (69%), Finland (68%) and Denmark (64%).



Base: All respondents (N=28,031)

There have been changes since 2013 in some countries. Respondents are now more likely to agree that their local authority is not doing enough in Denmark (+8 pp) and Austria (+6 pp). Views have become more positive in Lithuania (-9 pp in the proportion that agrees), Croatia (-8 pp), Slovenia (-7 pp), Slovakia and Latvia (both -6 pp).



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

There are fewer differences between socio-demographic groups on this issue, although there are some variations in the proportions that disagree with the statement (i.e. think that their local authority is doing enough):

- Respondents who finished education at the age of 20 or above (55%) are slightly more likely to disagree than those who ended education at the age of 16-19 (48%) or by the age of 15 (43%).
- Among people who pay their bills without difficulty, 52% disagree that local authorities are not doing enough, higher than among people who have difficulties most of the time (41%).

QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity?
Your local authority does not do enough for its citizens in relation to physical activities (% - EU)

	Total 'Agree'	Total 'Disagree'
EU28	39	49
Education (End of)		
15-	38	43
16-19	41	48
20+	37	55
Still studying	40	50
Difficulties paying bills		
Most of the time	44	41
From time to time	45	43
Almost never/ Never	37	52

Base: All respondents (N=28,031)

V. VOLUNTEERING IN SPORT

This chapter examines engagement in voluntary work that supports sporting activities. It also provides details on the amount of time spent on volunteering in sport, and the type of activities that people do.

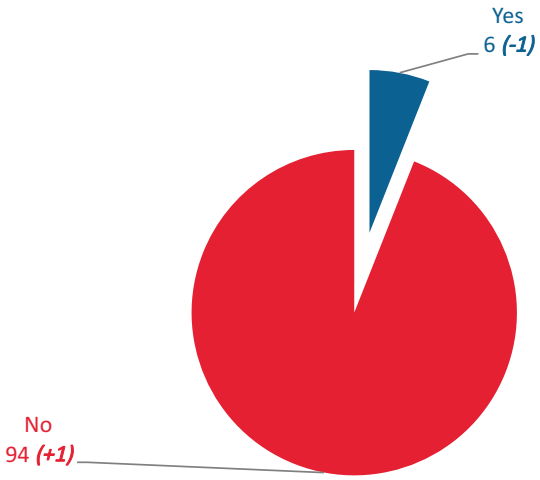
1 Prevalence of volunteering in sport

i. Findings for the EU as whole

Voluntary work was described to the respondents as any voluntary work or activity for which they do not receive any payment, except to cover expenses.

In total, 6% of EU citizens (-1 pp since the 2013 survey) engage in volunteering to support sporting activities[21].

QB12 Do you engage in voluntary work that supports sporting activities?
(% - EU)



(Dec. 2017 - Nov.-Dec. 2013)

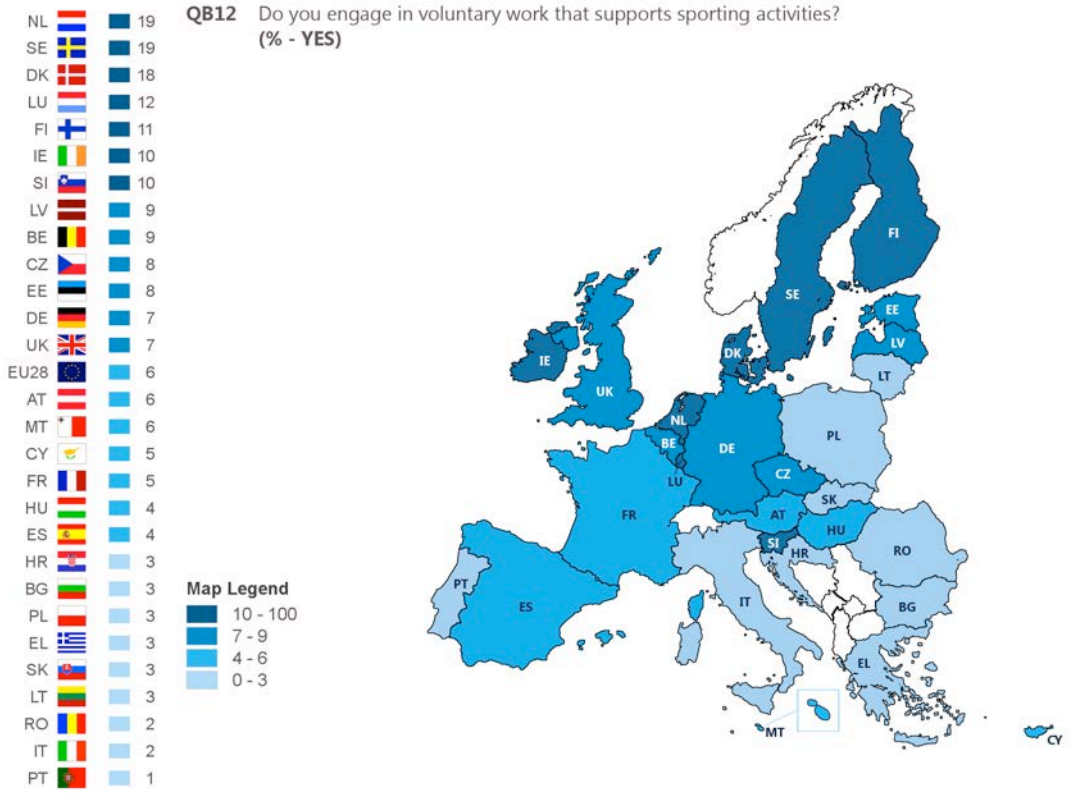
Base: All respondents (N=28,031)

[21] QB12 Do you engage in voluntary work that supports sporting activities?

ii. Findings by individual countries

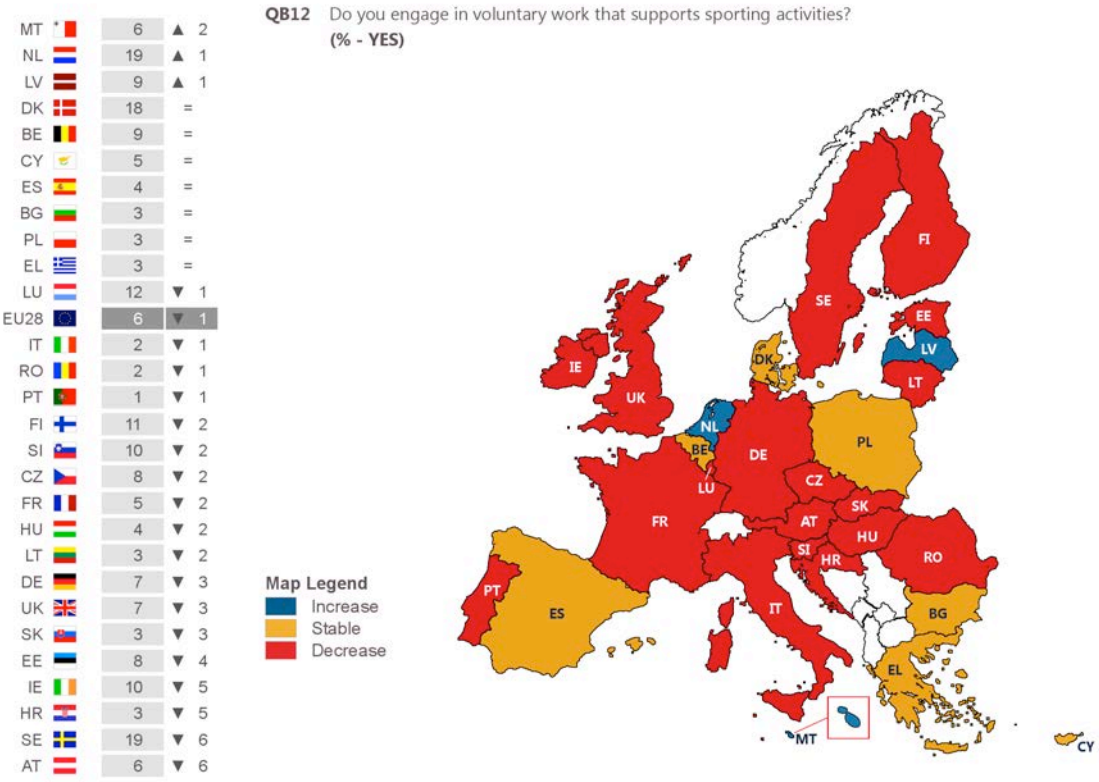
At the country level, highest proportions of respondents volunteer in sport in the Netherlands, Sweden (both 19%) and Denmark (18%). Relatively high figures are also seen in Luxembourg (12%), Finland (11%), Ireland and Slovenia (both 10%).

Volunteering in sport is least common among respondents in Portugal (1%), Italy, Romania (both 2%), Lithuania, Slovakia, Greece, Poland, Bulgaria and Croatia (all 3%). These are also countries where a lower proportion of people exercise or play sport on a regular basis.



Base: All respondents (N=28,031)

In many countries, the level of volunteering in sport has remained substantially stable since 2013. The proportion has increased in just three countries: Malta, (+2 pp) and the Netherlands and Latvia, (both +1 pp). However, there have been relatively large decreases in Austria, Sweden (both -6 pp), Croatia and Ireland (both -5 pp).



Base: All respondents (N=28,031)

iii. Findings by socio-demographic groups

The socio-demographic findings show that:

- The majority of EU citizens volunteering in sport are men: 8% of men say they volunteer, compared with 4% of women.
- Volunteering does not vary greatly by age, although it is lower among those aged 55 or over (4%).
- People who stay in education for longer are more likely to volunteer in sport. Only 3% of those who finished studying by the age of 15 volunteer in sport; this compares with 5% of those who ended education between the age of 16 and 19 and 8% of those who ended education at the age of 20 or above.
- Volunteering in sport is more common among managers (11%) and the self-employed (9%), compared with those in other occupational groups.
- 12% of people who exercise or play sport regularly and 11% of those who do so with some regularity say they give their time to volunteering in sport, compared with 4% of people who seldom do so and 2% of those who never exercise or play sport.

QB12 Do you engage in voluntary work that supports sporting activities? **(% - EU)**

	Yes
EU28	6
Gender	
Men	8
Women	4
Age	
15-24	8
25-39	6
40-54	7
55 +	4
Education (End of)	
15-	3
16-19	5
20+	8
Still studying	8
Socio-professional category	
Self-employed	9
Managers	11
Other white collars	6
Manual workers	5
House persons	3
Unemployed	4
Retired	4
Students	8
Exercise or play sport	
Regularly	12
With some regularity	11
Seldom	4
Never	2

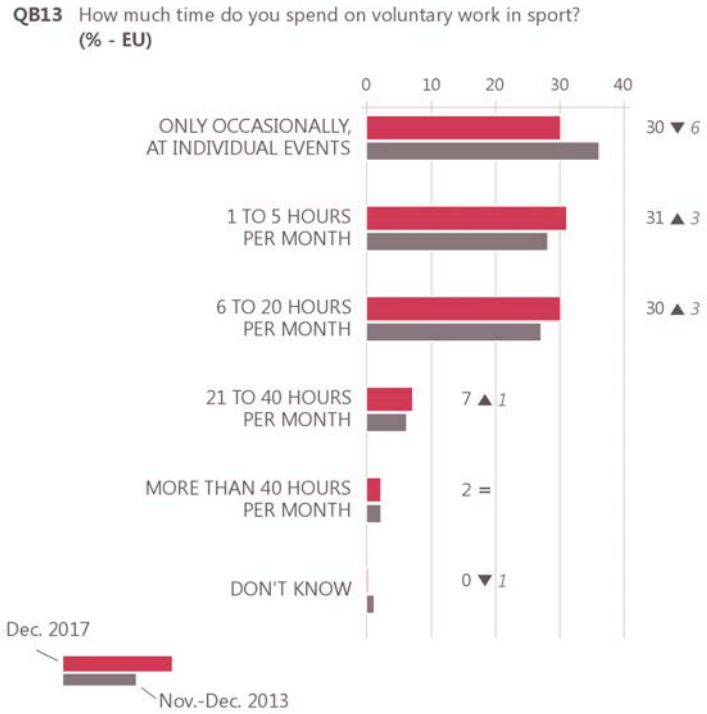
Base: All respondents (N=28,031)

2 Time spent on volunteering in sport

i. Findings for the EU as whole

Three in ten respondents (30%) who give their time to volunteering in sport only do so on an occasional basis[22]. A similar proportion of people spend between one and five hours per month (31%) volunteering in sport. However, 39% of respondents devote at least six hours of their time each month to volunteering in sport, including 9% who spend 21 hours or more.

The amount of time that people spend volunteering in sport is slightly higher than was recorded in 2013. The proportion who only do so occasionally has decreased (-6 pp), with a corresponding increase in the proportions who spend between one and five hours per month (+3 pp) and those who spend 6 to 20 hours per month (+3 pp).



Base: Respondents who engage in voluntary work that supports sporting activities (N= 1,602)

ii. Findings by individual countries

Country analysis should be interpreted with caution. As only 6% of respondents say they volunteer, the sample size for this question (and the next question about types of voluntary work) is very small. This means that the margin of error is higher at this phase of the analysis, and the sample sizes in some individual countries are very small. See below the footnote related to the small sample sizes.[23].

The proportion of people who volunteer in sport for at least six hours per month is higher in France (54%) than in other countries, while it is lower in Latvia (8%) and Estonia (15%).

[22] QB13 How much time do you spend on voluntary work in sport?

[23] Where the country sample size is less than 50 respondents, the country has been excluded from the commentary. The countries concerned are: Bulgaria, Greece, Spain, Croatia, Italy, Cyprus, Lithuania, Hungary, Malta, Poland, Portugal, Romania and Slovakia. In addition, findings should be treated with caution where the country sample size is between 50 and 100; countries with a sample size between 50 and 100 are: Belgium, the Czech Republic, Estonia, Ireland, France, Latvia, Luxembourg, Austria and the UK.

There is little change in the country findings since 2013. One noticeable evolution is that volunteers in France now spend more time volunteering in sport than in 2013 (+17 pp in the proportion of people who spend six hours or more per month).

iii. Findings by socio-demographic groups

The analysis on socio-demographic variables[24] shows the following results:

- Among people who volunteer in sport, men are more likely than women to spend six hours or more per month on volunteering (41% compared with 35%).
- There are no clear patterns by age or level of education.
- There are differences by socio-professional category: comparatively higher proportions of manual workers (44%) and retired people (45%) spend six hours or more per month on volunteering in sport.
- The time spent on volunteering in sport is lower among those who never exercise or play sport (32% spend six hours or more per month, compared with 38-41% of those who exercise regularly, with some regularity or occasionally).

QB13 How much time do you spend on voluntary work in sport?
(% - EU)

	Only Seldom, at individual events	1 to 5 hours per month	6 to 20 hours per month	21 to 40 hours per month	More than 40 hours per month
EU28	30	31	30	7	2
Gender					
Men	29	30	31	7	3
Women	32	33	28	6	1
Age					
15-24	37	22	32	6	3
25-39	32	33	24	8	2
40-54	28	34	29	7	2
55 +	27	31	33	7	2
Socio-professional category					
Self-employed	24	40	26	9	1
Managers	30	36	28	4	2
Other white collars	34	26	26	10	2
Manual workers	30	25	32	8	4
House persons	15	51	33	0	1
Unemployed	23	44	30	3	0
Retired	27	28	34	9	2
Students	41	25	28	5	1
Exercise or play sport					
Regularly	32	30	28	5	5
With some regularity	28	31	31	8	2
Seldom	34	26	29	9	2
Never	30	38	26	5	1

Base: Respondents who engage in voluntary work that supports sporting activities (N= 1,602)

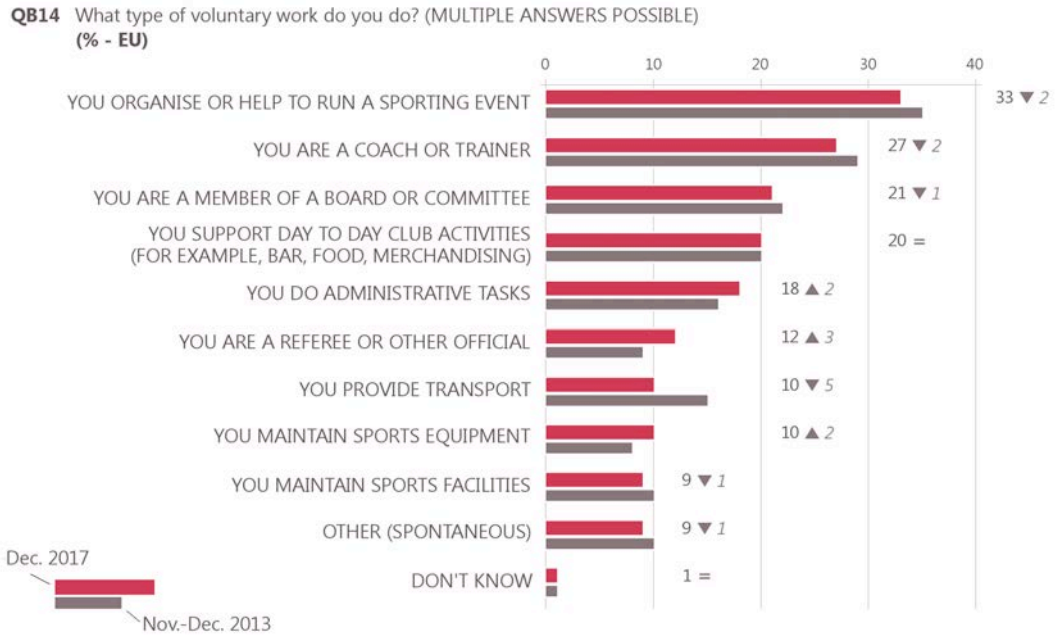
[24] As with the country analysis, it is important to note that the small sample sizes restrict the analysis of socio-demographic characteristics, and some caution should be used when interpreting the findings.

3 Type of activities of voluntary work in sport

i. Findings for the EU as whole

People who volunteer in sport do a range of different activities[25]. The most common activity is organising or helping to run a sporting event (33%), followed by coaching or training (27%). Other common activities include being a member of a board or committee (21%), supporting day-to-day club activities (20%) and doing administrative tasks (18%).

There have been some small changes in the findings since 2013: respondents are now more likely than in 2013 to say they are a referee or other official (12%, +3 pp), but are less likely to provide transport (10%, -5 pp).



Base: Respondents who engage in voluntary work that supports sporting activities (N= 1,602)

ii. Findings by individual countries

Once again, country analysis should be interpreted with caution; please see the footnote on countries that have been excluded from the commentary or where particular caution should be used.

- Volunteers in sport are more likely to organise or to help run sporting events in Latvia (59%), Estonia (55%) and Slovenia (49%), while the proportion is low in Germany (21%).
- People in Ireland (42%) are the most likely to volunteer in sport as a coach or trainer, while the proportion is the lowest in Latvia (16%).
- Membership of a board or committee is more common in the Netherlands (33%), while the lowest figures are seen in Latvia (6%) and Estonia (10%).
- Respondents in Estonia (38%) and Latvia (29%) are the most likely to be a referee or other type of official.
- People in Sweden (33%) and Finland (24%) are the most likely to provide transport.

[25] QB14 What type of voluntary work do you do? (MULTIPLE ANSWERS POSSIBLE)

- Respondents in Sweden (18%) are the most likely to maintain sport equipment.
- The highest figure for maintaining sport facilities is in the Czech Republic (19%).

iii. Findings by socio-demographic groups

There are variations in the types of voluntary activities in sport among socio-demographic groups[26]:

- Men are more likely than women to be coaches or trainers (30% compared with 23%) and to maintain sport facilities (11% compared with 5%).
- Older people are more likely than younger people to be members of a board or committee (ranging from 28% of those aged 55+ to 10% of those aged 15-24), and this is particularly high among men aged 55+ (34% compared with 17% of women in this age group).
- Older respondents are also more likely to do administrative tasks (25% of those aged 55+, compared with 6% of 15-24 year olds).
- People aged 15-24 are most likely to be a referee or official (18% vs 9-12% in other age groups).
- Coaching or training is most common in the 40-54 age group (36%), especially among men aged 40-54 (41%).
- Volunteers in sport who spent more time in education are more likely to do several of the activities, especially coaching or training (31% of those who ended education at the age of 20 or above, compared with 17% of those who finished their education by the age of 15).
- People who exercise or play sport on a regular basis are more likely to be coaches or trainers (40% of those who exercise or play sport regularly, compared with 10% of those who never do so), whereas administrative tasks are more likely to be done by people who never exercise or play sport (28% compared with 15% of those who do so regularly).

[26] As with the country analysis, it is important to note that the small sample sizes restrict the analysis of socio-demographic characteristics, and some caution should be used when interpreting the findings.

QB14 What type of voluntary work do you do? (MULTIPLE ANSWERS POSSIBLE)
(% - EU)

	You are a member of a board or committee	You do administrative tasks	You are a coach or trainer	You are a referee or other official	You organise or help to run a sporting event	You support day to day club activities (for example, bar, food, merchandising)	You provide transport	You maintain sports facilities	You maintain sports equipment
EU28	21	18	27	12	33	20	10	9	10
Gender									
Men	22	19	30	12	32	20	10	11	11
Women	17	17	23	10	33	20	11	5	8
Age									
15-24	10	6	27	18	36	18	3	9	10
25-39	21	18	30	12	35	20	12	10	13
40-54	18	19	36	9	34	18	14	6	12
55 +	28	25	18	10	27	22	9	11	4
Gender and Age									
Men 15-24	12	7	26	18	33	23	5	9	8
Men 25-39	21	20	29	15	34	21	9	13	16
Men 40-54	17	17	41	10	33	14	12	7	13
Men 55+	34	26	20	11	29	23	9	14	5
Women 15-24	6	5	31	18	42	8	0	8	15
Women 25-39	19	14	31	7	38	19	16	3	8
Women 40-54	21	23	24	9	35	27	19	4	9
Women 55+	17	22	12	8	24	22	8	4	3
Education (End of)									
15-	25	14	17	7	18	23	7	13	5
16-19	15	19	27	7	33	21	9	11	10
20+	28	22	31	12	32	20	14	7	10
Still studying	9	6	23	25	41	14	3	8	11
Exercise or play sport									
Regularly	16	15	40	11	28	16	8	9	9
With some regularity	21	16	29	13	34	20	10	8	10
Seldom	28	24	17	11	31	22	12	11	11
Never	20	28	10	5	31	22	10	12	7

Base: Respondents who engage in voluntary work that supports sporting activities (N= 1,602)

CONCLUSION

Despite the growing importance attached to the promotion of physical activity in EU Member States, an earlier Eurobarometer survey in 2009 identified “alarmingly high” rates of physical inactivity in the EU. Since then, the proportion of Europeans that never exercise or play sport has increased even further, from 39% in 2009 to 42% in 2013 and 46% in 2017.

Declining levels of participation are also evident in both vigorous and moderate physical activities, while respondents also typically spend longer sitting than in 2013. Such findings might indicate that the message about the importance of sport and physical activity for an individual's health and well-being has still not got through to significant segments of the EU population.

The survey also indicates socio-demographic variations. For instance, women (in particular in the younger age groups) are far less active than their male counterparts, while participation is generally much lower in the older age groups.

It is also notable that participation levels are much lower among those who have lower levels of education, and among those in more difficult financial situation. A recent OECD report[27] found close links between low income and poor health, and these findings suggest that lower levels of engagement in sport and physical activity are part of this pattern.

As in previous surveys, the results show large disparities among EU Member States on many questions. The more physically active countries tend to be clustered in the Northern part of the EU (particularly the Nordic countries), while the lowest proportions of active Europeans can be found in the Southern EU Member States. These variations are likely to reflect the facilities and infrastructure available, as the same country patterns apply when respondents were asked about opportunities for physical activity.

This new edition of the survey also confirms that most sport or physical activity takes place in informal settings – in parks and outdoors, at home, or on the journey between home and school, work or shops, as well as at work or at school or university. This suggests that such opportunities to engage in physical activity should be promoted alongside the practice of sport and physical activity in organised settings – particularly given the lower participation rates among those with financial difficulties, who may struggle to afford membership of formal sport facilities.

Finally, the proportion of EU citizens who engage in voluntary work that supports sporting activities remains quite low (6% in 2017, compared to 7% in 2013), despite the many different types of work volunteers engage in. Strategies to increase volunteering in sport could therefore insist on the fact that there are numerous ways in which different people can get involved.

[27] https://www.oecd.org/els/soc/cope-divide-europe-2017-background-report.pdf

TECHNICAL SPECIFICATIONS

Between the 2nd December and the 11th December 2017, TNS opinion & social, a consortium created between TNS political & social, TNS UK and TNS opinion, carried out the wave 88.4 of the EUROBAROMETER survey, on request of the EUROPEAN COMMISSION, Directorate-General for Communication, "Media Monitoring, Media Analysis and Eurobarometer" Unit.

The wave 88.4 covers the population of the respective nationalities of the European Union Member States, resident in each of the 28 Member States and aged 15 years and over.

	COUNTRIES	INSTITUTES	N° INTERVIEWS	DATES FIELDWORK		POPULATION 15+	PROPORTION EU28
BE	Belgium	TNS Dimarso	1.001	2/12/2017	11/12/2017	9.693.779	2,25%
BG	Bulgaria	TNS BBSS	1.040	2/12/2017	10/12/2017	6.537.535	1,52%
CZ	Czech Rep.	TNS Aisa	1.023	2/12/2017	11/12/2017	9.238.431	2,14%
DK	Denmark	TNS Gallup DK	1.011	2/12/2017	11/12/2017	4.838.729	1,12%
DE	Germany	TNS Infratest	1.592	2/12/2017	10/12/2017	70.160.634	16,26%
EE	Estonia	TNS Emor	1.005	2/12/2017	10/12/2017	1.160.064	0,27%
IE	Ireland	Behaviour & Attitudes	1.004	2/12/2017	11/12/2017	3.592.162	0,83%
EL	Greece	TNS ICAP	1.010	2/12/2017	9/12/2017	9.937.810	2,30%
ES	Spain	TNS Demoscopia	1.024	2/12/2017	9/12/2017	39.445.245	9,14%
FR	France	TNS Sofres	1.015	2/12/2017	10/12/2017	54.097.255	12,54%
HR	Croatia	HENDAL	1.031	2/12/2017	9/12/2017	3.796.476	0,88%
IT	Italy	TNS Italia	1.029	2/12/2017	10/12/2017	52.334.536	12,13%
CY	Rep. Of Cyprus	CYMAR	502	2/12/2017	9/12/2017	741.308	0,17%
LV	Latvia	TNS Latvia	1.000	2/12/2017	11/12/2017	1.707.082	0,40%
LT	Lithuania	TNS LT	1.013	2/12/2017	10/12/2017	2.513.384	0,58%
LU	Luxembourg	TNS ILRES	504	2/12/2017	11/12/2017	457.127	0,11%
HU	Hungary	TNS Hoffmann	1.038	2/12/2017	11/12/2017	8.781.161	2,04%
MT	Malta	MISCO	508	2/12/2017	10/12/2017	364.171	0,08%
NL	Netherlands	TNS NIPO	1.040	2/12/2017	11/12/2017	13.979.215	3,24%
AT	Austria	Öst. Gallup Institut	1.021	2/12/2017	10/12/2017	7.554.711	1,75%
PL	Poland	TNS Polska	997	2/12/2017	11/12/2017	33.444.171	7,75%
PT	Portugal	TNS Eurotest	1.089	2/12/2017	9/12/2017	8.480.126	1,97%
RO	Romania	TNS CSOP	1.005	2/12/2017	11/12/2017	16.852.701	3,91%
SI	Slovenia	Mediana DOO	1.042	2/12/2017	10/12/2017	1.760.032	0,41%
SK	Slovakia	TNS SK	1.089	2/12/2017	11/12/2017	4.586.024	1,06%
FI	Finland	TNS Gallup Oy	1.024	2/12/2017	11/12/2017	4.747.810	1,10%
SE	Sweden	TNS Sifo AB	1.036	2/12/2017	11/12/2017	7.998.763	1,85%
UK	United Kingdom	TNS UK	1.338	2/12/2017	9/12/2017	52.651.777	12,20%
	TOTAL EU28		28.031	02/12/2017	11/12/2017	431.452.219	100%*

The basic sample design applied in all states is a multi-stage, random (probability) one. In each country, a number of sampling points was drawn with probability proportional to population size (for a total coverage of the country) and to population density.

In order to do so, the sampling points were drawn systematically from each of the "administrative regional units", after stratification by individual unit and type of area. They thus represent the whole territory of the countries surveyed according to the EUROSTAT NUTS II[1] (or equivalent) and according to the distribution of the resident population of the respective nationalities in terms of metropolitan, urban and rural areas.

In each of the selected sampling points, a starting address was drawn, at random. Further addresses (every Nth address) were selected by standard "random route" procedures, from the initial address. In each household, the respondent was drawn, at random (following the "closest birthday rule"). All interviews were conducted face-to-face in people's homes and in the appropriate national language. As far as the data capture is concerned, CAPI (*Computer Assisted Personal Interview)* was used in those countries where this technique was available.

For each country a comparison between the sample and the universe was carried out. The Universe description was derived from Eurostat population data or from national statistics offices. For all countries surveyed, a national weighting procedure, using marginal and intercellular weighting, was carried out based on this Universe description. In all countries, gender, age, region and size of locality were introduced in the iteration procedure. For international weighting (i.e. EU averages), TNS opinion & social applies the official population figures as provided by EUROSTAT or national statistic offices. The total population figures for input in this post-weighting procedure are listed here.

Readers are reminded that survey results are estimations, the accuracy of which, everything being equal, rests upon the sample size and upon the observed percentage. With samples of about 1,000 interviews, the real percentages vary within the following confidence limits:

Statistical Margins due to the sampling process

(at the 95% level of confidence)

various sample sizes are in rows — *various observed results are in columns*

	5%	10%	15%	20%	25%	30%	35%	40%	45%	50%	
	95%	90%	85%	80%	75%	70%	65%	60%	55%	50%	
N=50	6.0	8.3	9.9	11.1	12.0	12.7	13.2	13.6	13.8	13.9	N=50
N=500	1.9	2.6	3.1	3.5	3.8	4.0	4.2	4.3	4.4	4.4	N=500
N=1000	**1.4**	**1.9**	**2.2**	**2.5**	**2.7**	**2.8**	**3.0**	**3.0**	**3.1**	**3.1**	**N=1000**
N=1500	1.1	1.5	1.8	2.0	2.2	2.3	2.4	2.5	2.5	2.5	N=1500
N=2000	1.0	1.3	1.6	1.8	1.9	2.0	2.1	2.1	2.2	2.2	N=2000
N=3000	0.8	1.1	1.3	1.4	1.5	1.6	1.7	1.8	1.8	1.8	N=3000
N=4000	0.7	0.9	1.1	1.2	1.3	1.4	1.5	1.5	1.5	1.5	N=4000
N=5000	0.6	0.8	1.0	1.1	1.2	1.3	1.3	1.4	1.4	1.4	N=5000
N=6000	0.6	0.8	0.9	1.0	1.1	1.2	1.2	1.2	1.3	1.3	N=6000
N=7000	0.5	0.7	0.8	0.9	1.0	1.1	1.1	1.1	1.2	1.2	N=7000
N=7500	0.5	0.7	0.8	0.9	1.0	1.0	1.1	1.1	1.1	1.1	N=7500
N=8000	0.5	0.7	0.8	0.9	0.9	1.0	1.0	1.1	1.1	1.1	N=8000
N=9000	0.5	0.6	0.7	0.8	0.9	0.9	1.0	1.0	1.0	1.0	N=9000
N=10000	0.4	0.6	0.7	0.8	0.8	0.9	0.9	1.0	1.0	1.0	N=10000
N=11000	0.4	0.6	0.7	0.7	0.8	0.9	0.9	0.9	0.9	0.9	N=11000
N=12000	0.4	0.5	0.6	0.7	0.8	0.8	0.9	0.9	0.9	0.9	N=12000
N=13000	0.4	0.5	0.6	0.7	0.7	0.8	0.8	0.8	0.9	0.9	N=13000
N=14000	0.4	0.5	0.6	0.7	0.7	0.8	0.8	0.8	0.8	0.8	N=14000
N=15000	0.3	0.5	0.6	0.6	0.7	0.7	0.8	0.8	0.8	0.8	N=15000
	5%	10%	15%	20%	25%	30%	35%	40%	45%	50%	
	95%	90%	85%	80%	75%	70%	65%	60%	55%	50%	

[1] Figures updated in August 2015

QUESTIONNAIRE

QB1 **How often do you exercise or play sport?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

5 times a week or more	1
3 to 4 times a week	2
1 to 2 times a week	3
1 to 3 times a month	4
Less often	5
Never	6
DK	7

EB80.2 QD1

QB2 **And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

5 times a week or more	1
3 to 4 times a week	2
1 to 2 times a week	3
1 to 3 times a month	4
Less often	5
Never	6
DK	7

EB80.2 QD2

ASK QB3a TO QB4b IF "PRACTICES A SPORT OR A PHYSICAL ACTIVITY", CODE 1 TO 5 IN QB1 OR CODE 1 TO 5 IN QB2 - OTHERS GO TO QB5a

QB3a **In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?**

(DO NOT SHOW SCREEN - DO NOT READ OUT - ONE ANSWER ONLY)

1 day	1
2 days	2
3 days	3
4 days	4
5 days	5
6 days	6
7 days	7
None	8
DK	9

EB80.2 QD3a

QB3b **In general, on days when you do a vigorous physical activity, how much time do you spend at it?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

30 minutes or less	1
31 to 60 minutes	2
61 to 90 minutes	3
91 to 120 minutes	4
More than 120 minutes	5
Never do any vigorous physical activity	6
DK	7

EB80.2 QD3b

QB4a **In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.**

(DO NOT SHOW SCREEN - DO NOT READ OUT - ONE ANSWER ONLY)

1 day	1
2 days	2
3 days	3
4 days	4
5 days	5
6 days	6
7 days	7
None	8
DK	9

EB80.2 QD4a

QB4b **In general, on days when you do a moderate physical activity, how much time do you spend at it?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

30 minutes or less	1
31 to 60 minutes	2
61 to 90 minutes	3
91 to 120 minutes	4
More than 120 minutes	5
Never do any moderate physical activity	6
DK	7

EB80.2 QD4b

ASK ALL

QB5a **In the last 7 days, on how many days did you walk for at least 10 minutes at a time?**

(DO NOT SHOW SCREEN - DO NOT READ OUT - ONE ANSWER ONLY)

1 day	1
2 days	2
3 days	3
4 days	4
5 days	5
6 days	6
7 days	7
None	8
DK	9

EB80.2 QD5a

QB5b **In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

30 minutes or less	1
31 to 60 minutes	2
61 to 90 minutes	3
91 to 120 minutes	4
More than 120 minutes	5
Never walk for 10 minutes at a time	6
DK	7

EB80.2 QD5b

QB6 **How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

1 hour or less	1
1 hour to 1 hour and 30 minutes	2
1 hour 31 minutes to 2 hours 30 minutes	3
2 hours 31 minutes to 3 hours 30 minutes	4
3 hours 31 minutes to 4 hours 30 minutes	5
4 hours 31 minutes to 5 hours 30 minutes	6
5 hours 31 minutes to 6 hours 30 minutes	7
6 hours 31 minutes to 7 hours 30 minutes	8
7 hours 31 minutes to 8 hours 30 minutes	9
More than 8 hours and 30 minutes	10
DK	11

EB80.2 QD6

ASK QB7 AND QB8 IF "PRACTICES A SPORT OR A PHYSICAL ACTIVITY", CODE 1 TO 5 IN QB1 OR CODE 1 TO 5 IN QB2 - OTHERS GO TO QB9

QB7 **Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this?**

(SHOW SCREEN - READ OUT - MULTIPLE ANSWERS POSSIBLE)

At a health or fitness centre	1,
At a sport club	2,
At a sport centre	3,
At school or university	4,
At work	5,
At home	6,
On the way between home and school, work or shops	7,
In a park, outdoors, etc.	8,
Elsewhere (SPONTANEOUS)	9
DK	10

EB80.2 QD7

QB8 **Why do you engage in sport or physical activity?**

(SHOW SCREEN - READ OUT - MULTIPLE ANSWERS POSSIBLE)

To improve your health	1,
To improve your physical appearance	2,
To counteract the effects of ageing	3,
To have fun	4,
To relax	5,
To be with friends	6,
To make new acquaintances	7,
To meet people from other cultures	8,
To improve physical performance	9,
To improve fitness	10,
To control your weight	11,
To improve your self-esteem	12,
To develop new skills	13,
For the spirit of competition	14,
To better integrate into society	15,
Other (SPONTANEOUS)	16,
DK	17

EB80.2 QD8

ASK ALL

QB9 **What are the main reasons currently preventing you from practising sport more regularly?**

(SHOW SCREEN - READ OUT - MULTIPLE ANSWERS POSSIBLE)

You do not have the time	1,
It is too expensive	2,
You do not like competitive activities	3,
There is no suitable or accessible sport infrastructure close to where you live	4,
You have a disability or illness	5,
You do not have friends to do sports with	6,
You feel discriminated against by other participants	7,
You lack motivation or are not interested	8,
You are afraid of the risk of injuries	9,
You are already doing sports regularly (SPONTANEOUS)	10,
Other (SPONTANEOUS)	11,
DK	12

EB80.2 QD9

QB10 **Are you a member of any of the following clubs where you participate in sport or recreational physical activity?**

(SHOW SCREEN - READ OUT - MULTIPLE ANSWERS POSSIBLE)

Health or fitness centre	1,
Sport club	2,
Socio-cultural club that includes sport in its activities (e.g. employees' club, youth club, school- and university-related club)	3,
Other (SPONTANEOUS)	4,
No, not a member of any club (SPONTANEOUS)	5,
DK	6

EB80.2 QD10

QB11 **To what extent do you agree or disagree with the following statements about sport and physical activity?**

(SHOW SCREEN - READ OUT - ONE ANSWER PER LINE)

		Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK
1	The area where you live offers you many opportunities to be physically active	1	2	3	4	5
2	Local sport clubs and other local providers offer many opportunities to be physically active	1	2	3	4	5
3	Your local authority does not do enough for its citizens in relation to physical activities	1	2	3	4	5

EB80.2 QD11

QB12 **Are you a member of any of the following clubs where you participate in sport or recreational physical activity?**

(ONE ANSWER ONLY)

Yes	1
No	2
DK	3

EB80.2 QD12

ASK QB13 AND QB14 IF "ENGAGE IN VOLUNTARY WORK", CODE 1 IN QB12 – OTHERS GO TO NEXT TOPIC

QB13 **How much time do you spend on voluntary work in sport?**

(SHOW SCREEN - READ OUT - ONE ANSWER ONLY)

Only occasionally, at individual events	1
1 to 5 hours per month	2
6 to 20 hours per month	3
21 to 40 hours per month	4
More than 40 hours per month	5
DK	6

EB80.2 QD13

QB9 **What type of voluntary work do you do?**

(SHOW SCREEN - READ OUT - MULTIPLE ANSWERS POSSIBLE)

You are a member of a board or committee	1,
You do administrative tasks	2,
You are a coach or trainer	3,
You are a referee or other official	4,
You organise or help to run a sporting event	5,
You support day to day club activities (for example, bar, food, merchandising)	6,
You provide transport	7,
You maintain sports facilities	8,
You maintain sports equipment	9,
Other (SPONTANEOUS)	10,
DK	11

EB80.2 QD14

QB1 How often do you exercise or play sport?
(%)

	5 times a week or more		3 to 4 times a week		1 to 2 times a week		1 to 3 times a month		Less often		Never		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**7**	*-1*	**12**	*-1*	**21**	*1*	**5**	*-1*	**9**	*-2*	**46**	*4*	**0**
BE	**8**	*-2*	**12**	*-1*	**29**	*4*	**6**	*1*	**16**	*0*	**29**	*-2*	**0**
BG	**2**	*-1*	**4**	*1*	**10**	*4*	**4**	*1*	**11**	*6*	**68**	*-10*	**1**
CZ	**5**	*0*	**7**	*0*	**20**	*-4*	**8**	*0*	**19**	*-2*	**41**	*6*	**0**
DK	**12**	*-2*	**20**	*-2*	**31**	*-1*	**8**	*0*	**9**	*-1*	**20**	*6*	**0**
DE	**5**	*-2*	**13**	*-1*	**30**	*3*	**5**	*-2*	**9**	*-7*	**38**	*9*	**0**
EE	**7**	*0*	**9**	*-2*	**19**	*-2*	**7**	*-1*	**10**	*-6*	**48**	*12*	**0**
IE	**13**	*-3*	**21**	*5*	**19**	*-1*	**3**	*-2*	**10**	*1*	**34**	*0*	**0**
EL	**2**	*-5*	**9**	*-2*	**12**	*-1*	**2**	*-1*	**7**	*0*	**68**	*9*	**0**
ES	**14**	*-1*	**14**	*-2*	**15**	*0*	**3**	*0*	**8**	*1*	**46**	*2*	**0**
FR	**6**	*-2*	**9**	*-2*	**27**	*3*	**6**	*-1*	**6**	*-2*	**46**	*4*	**0**
HR	**5**	*-4*	**6**	*-5*	**13**	*-2*	**4**	*-3*	**16**	*-13*	**56**	*27*	**0**
IT	**1**	*-2*	**8**	*-1*	**19**	*1*	**3**	*1*	**7**	*-1*	**62**	*2*	**0**
CY	**11**	*0*	**15**	*4*	**13**	*0*	**5**	*1*	**10**	*3*	**46**	*-8*	**0**
LV	**6**	*0*	**9**	*-1*	**12**	*-3*	**5**	*-4*	**11**	*-10*	**56**	*17*	**1**
LT	**11**	*-4*	**8**	*-1*	**14**	*1*	**6**	*2*	**10**	*-3*	**51**	*5*	**0**
LU	**12**	*0*	**18**	*2*	**26**	*0*	**8**	*0*	**10**	*1*	**26**	*-3*	**0**
HU	**9**	*-7*	**9**	*-2*	**15**	*3*	**3**	*-1*	**11**	*-2*	**53**	*9*	**0**
MT	**11**	*6*	**10**	*3*	**9**	*2*	**3**	*0*	**11**	*8*	**56**	*-19*	**0**
NL	**6**	*-2*	**19**	*-1*	**31**	*1*	**6**	*2*	**7**	*-2*	**31**	*2*	**0**
AT	**4**	*-1*	**12**	*-1*	**22**	*-5*	**9**	*-2*	**13**	*-4*	**40**	*13*	**0**
PL	**5**	*0*	**9**	*1*	**14**	*0*	**5**	*-2*	**10**	*-1*	**56**	*3*	**1**
PT	**5**	*-3*	**7**	*0*	**15**	*2*	**1**	*-1*	**4**	*-2*	**68**	*4*	**0**
RO	**7**	*0*	**3**	*-2*	**9**	*-1*	**6**	*1*	**12**	*0*	**63**	*3*	**0**
SI	**15**	*0*	**16**	*2*	**20**	*-2*	**4**	*-2*	**21**	*0*	**24**	*2*	**0**
SK	**5**	*-1*	**8**	*1*	**15**	*-5*	**7**	*0*	**16**	*-3*	**49**	*8*	**0**
FI	**17**	*4*	**25**	*1*	**27**	*-2*	**6**	*0*	**12**	*-1*	**13**	*-2*	**0**
SE	**14**	*-1*	**23**	*0*	**30**	*-1*	**9**	*2*	**9**	*-5*	**15**	*5*	**0**
UK	**13**	*3*	**18**	*2*	**16**	*-4*	**5**	*-2*	**11**	*-1*	**37**	*2*	**0**

QB1R How often do you exercise or play sport?
(%)

	Regularly		With some regularity		Seldom		Never		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**7**	*-1*	**33**	*0*	**14**	*-3*	**46**	*4*	**0**
BE	**8**	*-2*	**41**	*4*	**22**	*0*	**29**	*-2*	**0**
BG	**2**	*0*	**14**	*5*	**15**	*6*	**68**	*-10*	**1**
CZ	**5**	*0*	**27**	*-4*	**27**	*-2*	**41**	*6*	**0**
DK	**12**	*-2*	**51**	*-3*	**17**	*-1*	**20**	*6*	**0**
DE	**5**	*-2*	**43**	*2*	**14**	*-9*	**38**	*9*	**0**
EE	**7**	*0*	**28**	*-4*	**17**	*-7*	**48**	*12*	**0**
IE	**13**	*-3*	**40**	*4*	**13**	*-1*	**34**	*0*	**0**
EL	**2**	*-5*	**21**	*-3*	**9**	*-1*	**68**	*9*	**0**
ES	**14**	*-1*	**29**	*-2*	**11**	*1*	**46**	*2*	**0**
FR	**6**	*-2*	**36**	*1*	**12**	*-3*	**46**	*4*	**0**
HR	**5**	*-4*	**19**	*-7*	**20**	*-16*	**56**	*27*	**0**
IT	**1**	*-2*	**27**	*0*	**10**	*0*	**62**	*2*	**0**
CY	**11**	*0*	**28**	*3*	**15**	*5*	**46**	*-8*	**0**
LV	**6**	*0*	**22**	*-3*	**16**	*-14*	**56**	*17*	**0**
LT	**11**	*-4*	**22**	*0*	**16**	*-1*	**51**	*5*	**0**
LU	**12**	*0*	**44**	*2*	**17**	*0*	**27**	*-2*	**0**
HU	**9**	*-6*	**24**	*1*	**14**	*-4*	**53**	*9*	**0**
MT	**11**	*6*	**19**	*5*	**14**	*8*	**56**	*-19*	**0**
NL	**6**	*-2*	**51**	*1*	**12**	*-1*	**31**	*2*	**0**
AT	**4**	*-1*	**34**	*-6*	**22**	*-6*	**40**	*13*	**0**
PL	**5**	*0*	**23**	*0*	**15**	*-3*	**56**	*4*	**1**
PT	**5**	*-3*	**21**	*1*	**6**	*-2*	**68**	*4*	**0**
RO	**6**	*0*	**13**	*-2*	**18**	*0*	**63**	*3*	**0**
SI	**15**	*0*	**36**	*0*	**25**	*-2*	**24**	*2*	**0**
SK	**5**	*-1*	**23**	*-5*	**23**	*-2*	**49**	*8*	**0**
FI	**17**	*4*	**52**	*-1*	**18**	*-1*	**13**	*-2*	**0**
SE	**14**	*-1*	**53**	*-2*	**18**	*-3*	**15**	*6*	**0**
UK	**13**	*3*	**34**	*-2*	**16**	*-3*	**37**	*2*	**0**

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.?

(%)

	5 times a week or more		3 to 4 times a week		1 to 2 times a week		1 to 3 times a month		Less often		Never		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**14**	*-1*	**11**	*-2*	**19**	*-1*	**9**	*0*	**12**	*-1*	**35**	*5*	**0**
BE	**16**	*-1*	**14**	*1*	**21**	*-3*	**11**	*2*	**20**	*3*	**18**	*-2*	**0**
BG	**7**	*-7*	**7**	*0*	**13**	*2*	**9**	*2*	**17**	*9*	**45**	*-6*	**2**
CZ	**7**	*-4*	**7**	*-3*	**19**	*-4*	**15**	*2*	**23**	*0*	**29**	*9*	**0**
DK	**30**	*-2*	**17**	*0*	**22**	*-4*	**11**	*-1*	**10**	*3*	**10**	*4*	**0**
DE	**20**	*2*	**15**	*-4*	**25**	*-1*	**9**	*0*	**10**	*-4*	**20**	*6*	**1**
EE	**19**	*2*	**12**	*0*	**24**	*-1*	**9**	*-3*	**13**	*-2*	**23**	*5*	**0**
IE	**8**	*-6*	**12**	*-1*	**20**	*-1*	**7**	*0*	**16**	*0*	**37**	*8*	**0**
EL	**6**	*-1*	**9**	*0*	**19**	*3*	**7**	*1*	**14**	*1*	**45**	*-4*	**0**
ES	**11**	*0*	**6**	*-5*	**17**	*1*	**5**	*1*	**10**	*1*	**51**	*2*	**0**
FR	**15**	*-2*	**11**	*-2*	**22**	*2*	**10**	*-1*	**8**	*-2*	**34**	*5*	**0**
HR	**8**	*-7*	**10**	*-2*	**16**	*-4*	**9**	*1*	**20**	*-8*	**37**	*20*	**0**
IT	**5**	*-2*	**4**	*-3*	**14**	*-2*	**8**	*2*	**12**	*-2*	**57**	*7*	**0**
CY	**7**	*0*	**6**	*-2*	**16**	*3*	**6**	*-2*	**13**	*6*	**52**	*-5*	**0**
LV	**24**	*0*	**13**	*-1*	**20**	*0*	**11**	*-1*	**12**	*-4*	**19**	*6*	**1**
LT	**12**	*-6*	**9**	*-1*	**19**	*1*	**10**	*0*	**15**	*-1*	**35**	*7*	**0**
LU	**15**	*0*	**14**	*0*	**23**	*-5*	**10**	*0*	**17**	*1*	**21**	*5*	**0**
HU	**17**	*-4*	**12**	*-2*	**15**	*-1*	**7**	*0*	**13**	*-1*	**36**	*8*	**0**
MT	**5**	*-6*	**5**	*-3*	**7**	*-5*	**4**	*0*	**11**	*4*	**68**	*11*	**0**
NL	**45**	*2*	**17**	*-4*	**18**	*-1*	**6**	*0*	**7**	*2*	**7**	*1*	**0**
AT	**7**	*-1*	**14**	*0*	**21**	*-6*	**15**	*-2*	**16**	*-3*	**27**	*12*	**0**
PL	**9**	*1*	**10**	*0*	**20**	*4*	**9**	*-3*	**12**	*-4*	**39**	*4*	**1**
PT	**5**	*-2*	**5**	*-1*	**11**	*0*	**6**	*2*	**9**	*-3*	**64**	*4*	**0**
RO	**9**	*-5*	**4**	*-7*	**11**	*-3*	**9**	*-1*	**16**	*2*	**51**	*15*	**0**
SI	**14**	*-3*	**13**	*-4*	**21**	*-3*	**9**	*2*	**23**	*1*	**20**	*7*	**0**
SK	**14**	*-1*	**13**	*0*	**21**	*-3*	**10**	*-1*	**15**	*-3*	**26**	*7*	**1**
FI	**17**	*-11*	**21**	*3*	**27**	*-1*	**10**	*4*	**13**	*0*	**11**	*4*	**1**
SE	**30**	*0*	**16**	*-4*	**27**	*2*	**10**	*-1*	**9**	*-1*	**8**	*4*	**0**
UK	**12**	*-2*	**12**	*-2*	**20**	*-4*	**11**	*-1*	**13**	*1*	**32**	*8*	**0**

QB2R And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc.?

(%)

	Regularly		With some regularity		Seldom		Never		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**14**	*-1*	**30**	*-3*	**21**	*-1*	**35**	*5*	**0**
BE	**15**	*-3*	**35**	*-2*	**32**	*7*	**18**	*-2*	**0**
BG	**7**	*-7*	**20**	*2*	**26**	*11*	**45**	*-6*	**2**
CZ	**7**	*-4*	**26**	*-8*	**38**	*2*	**29**	*10*	**0**
DK	**30**	*-2*	**39**	*-5*	**21**	*3*	**10**	*4*	**0**
DE	**20**	*2*	**40**	*-5*	**19**	*-4*	**20**	*6*	**1**
EE	**19**	*2*	**36**	*-1*	**21**	*-6*	**23**	*5*	**1**
IE	**8**	*-6*	**32**	*-2*	**23**	*0*	**37**	*8*	**0**
EL	**6**	*-2*	**28**	*3*	**21**	*3*	**45**	*-4*	**0**
ES	**11**	*0*	**23**	*-4*	**15**	*2*	**51**	*2*	**0**
FR	**15**	*-2*	**33**	*-1*	**18**	*-2*	**34**	*5*	**0**
HR	**8**	*-7*	**26**	*-6*	**29**	*-7*	**37**	*20*	**0**
IT	**5**	*-2*	**18**	*-5*	**20**	*0*	**57**	*7*	**0**
CY	**7**	*0*	**22**	*1*	**19**	*4*	**52**	*-5*	**0**
LV	**23**	*-1*	**34**	*0*	**23**	*-5*	**19**	*6*	**1**
LT	**12**	*-6*	**28**	*0*	**25**	*-1*	**35**	*7*	**0**
LU	**15**	*0*	**37**	*-5*	**27**	*1*	**21**	*5*	**0**
HU	**18**	*-3*	**27**	*-3*	**19**	*-2*	**36**	*8*	**0**
MT	**5**	*-6*	**11**	*-9*	**16**	*5*	**68**	*11*	**0**
NL	**45**	*1*	**35**	*-4*	**13**	*2*	**7**	*1*	**0**
AT	**7**	*-1*	**35**	*-6*	**30**	*-6*	**27**	*12*	**1**
PL	**9**	*1*	**29**	*3*	**21**	*-7*	**39**	*4*	**2**
PT	**5**	*-2*	**16**	*-1*	**15**	*-1*	**64**	*4*	**0**
RO	**9**	*-5*	**15**	*-10*	**25**	*1*	**51**	*15*	**0**
SI	**14**	*-3*	**34**	*-7*	**32**	*3*	**20**	*7*	**0**
SK	**14**	*-1*	**34**	*-3*	**24**	*-5*	**27**	*8*	**1**
FI	**17**	*-11*	**48**	*2*	**23**	*5*	**11**	*4*	**1**
SE	**30**	*0*	**43**	*-2*	**19**	*-2*	**8**	*4*	**0**
UK	**12**	*-2*	**33**	*-5*	**23**	*-2*	**32**	*9*	**0**

QB1B2T Exercice/ play sport or engage in other physical activity
(%)

	Almost daily		A few times a week		Occasionally		Never	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**17**	*-2*	**39**	*-1*	**15**	*-1*	**29**	*4*
BE	**19**	*-3*	**46**	*1*	**22**	*4*	**13**	*-2*
BG	**8**	*-7*	**27**	*5*	**23**	*9*	**42**	*-7*
CZ	**10**	*-4*	**36**	*-6*	**29**	*2*	**25**	*8*
DK	**35**	*-4*	**48**	*0*	**10**	*0*	**7**	*4*
DE	**23**	*1*	**49**	*-1*	**12**	*-4*	**16**	*4*
EE	**24**	*3*	**42**	*-2*	**15**	*-4*	**19**	*3*
IE	**17**	*-6*	**43**	*1*	**15**	*0*	**25**	*5*
EL	**8**	*-4*	**37**	*2*	**17**	*3*	**38**	*-1*
ES	**18**	*-2*	**34**	*-1*	**11**	*1*	**37**	*2*
FR	**18**	*-3*	**45**	*1*	**12**	*-1*	**25**	*3*
HR	**11**	*-9*	**32**	*-6*	**25**	*-4*	**32**	*19*
IT	**5**	*-4*	**31**	*0*	**15**	*1*	**49**	*3*
CY	**15**	*2*	**36**	*4*	**16**	*6*	**33**	*-12*
LV	**27**	*0*	**38**	*0*	**18**	*-5*	**17**	*5*
LT	**21**	*-6*	**35**	*4*	**17**	*-3*	**27**	*5*
LU	**22**	*-1*	**52**	*0*	**13**	*-1*	**13**	*2*
HU	**21**	*-5*	**32**	*0*	**16**	*-1*	**31**	*6*
MT	**13**	*-1*	**21**	*-7*	**15**	*7*	**51**	*1*
NL	**47**	*0*	**39**	*-3*	**9**	*2*	**5**	*1*
AT	**8**	*-2*	**43**	*-6*	**25**	*-2*	**24**	*10*
PL	**11**	*0*	**34**	*2*	**18**	*-5*	**37**	*3*
PT	**9**	*-4*	**26**	*3*	**9**	*-2*	**56**	*3*
RO	**12**	*-5*	**20**	*-10*	**23**	*2*	**45**	*13*
SI	**22**	*-3*	**42**	*-3*	**22**	*2*	**14**	*4*
SK	**16**	*-3*	**39**	*-3*	**20**	*-2*	**25**	*8*
FI	**29**	*-4*	**53**	*1*	**11**	*1*	**7**	*2*
SE	**40**	*2*	**48**	*-3*	**9**	*0*	**3**	*1*
UK	**20**	*0*	**40**	*-5*	**16**	*-2*	**24**	*7*

QB3a In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?

(%)

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**13**	*0*	**14**	*-1*	**11**	*0*	**6**	*0*	**6**	*0*	**2**	*-1*	**6**	*0*	**41**	*2*	**1**	**1.9**	*0.0*
BE	**20**	*6*	**10**	*-3*	**9**	*1*	**4**	*-1*	**5**	*-1*	**1**	*-1*	**3**	*-1*	**48**	*0*	**0**	**1.4**	*-0.1*
BG	**11**	*-1*	**16**	*-1*	**10**	*-4*	**4**	*-2*	**5**	*-5*	**2**	*-1*	**5**	*-8*	**45**	*23*	**2**	**1.6**	*-1.2*
CZ	**14**	*-1*	**16**	*-1*	**9**	*-1*	**5**	*0*	**7**	*-1*	**1**	*0*	**3**	*-1*	**45**	*5*	**0**	**1.6**	*-0.1*
DK	**14**	*-4*	**17**	*0*	**9**	*-2*	**4**	*-1*	**6**	*1*	**1**	*0*	**3**	*-2*	**46**	*8*	**0**	**1.5**	*-0.2*
DE	**14**	*-1*	**17**	*0*	**11**	*0*	**6**	*-2*	**9**	*2*	**2**	*-1*	**9**	*4*	**31**	*-2*	**1**	**2.3**	*0.2*
EE	**14**	*1*	**12**	*0*	**11**	*2*	**6**	*-2*	**9**	*0*	**2**	*0*	**8**	*-2*	**38**	*2*	**0**	**2.1**	*-0.1*
IE	**8**	*-1*	**14**	*2*	**14**	*2*	**9**	*0*	**6**	*-3*	**2**	*-1*	**3**	*-2*	**44**	*4*	**0**	**1.7**	*-0.3*
EL	**12**	*3*	**15**	*0*	**10**	*-3*	**5**	*-4*	**6**	*0*	**2**	*0*	**2**	*-3*	**48**	*7*	**0**	**1.5**	*-0.4*
ES	**9**	*1*	**15**	*5*	**9**	*-4*	**5**	*-1*	**6**	*1*	**3**	*0*	**6**	*0*	**47**	*-2*	**0**	**1.7**	*-0.1*
FR	**16**	*1*	**11**	*-1*	**8**	*0*	**5**	*0*	**6**	*-2*	**2**	*0*	**6**	*0*	**46**	*2*	**0**	**1.7**	*-0.1*
HR	**12**	*-1*	**14**	*-1*	**14**	*2*	**8**	*4*	**4**	*0*	**3**	*0*	**4**	*-4*	**40**	*1*	**1**	**1.9**	*0.0*
IT	**11**	*0*	**19**	*-2*	**11**	*-3*	**4**	*-3*	**2**	*-2*	**1**	*-2*	**2**	*-2*	**50**	*15*	**0**	**1.3**	*-0.6*
CY	**10**	*-1*	**11**	*-5*	**8**	*-7*	**5**	*-5*	**6**	*1*	**6**	*4*	**3**	*-5*	**51**	*18*	**0**	**1.6**	*-0.6*
LV	**11**	*-2*	**15**	*3*	**7**	*-2*	**4**	*-1*	**8**	*-3*	**3**	*0*	**10**	*-3*	**42**	*8*	**0**	**2.0**	*-0.5*
LT	**12**	*1*	**11**	*1*	**7**	*-3*	**5**	*1*	**8**	*-1*	**3**	*1*	**6**	*-2*	**48**	*2*	**0**	**1.7**	*-0.2*
LU	**17**	*1*	**13**	*0*	**10**	*-2*	**5**	*1*	**7**	*-2*	**4**	*3*	**8**	*3*	**35**	*-3*	**1**	**2.1**	*0.2*
HU	**9**	*-1*	**14**	*0*	**10**	*-1*	**7**	*2*	**8**	*-1*	**4**	*1*	**11**	*0*	**37**	*0*	**0**	**2.3**	*0.0*
MT	**9**	*-3*	**10**	*-2*	**8**	*-6*	**4**	*-2*	**5**	*-3*	**3**	*3*	**7**	*2*	**54**	*14*	**0**	**1.6**	*-0.2*
NL	**17**	*-1*	**19**	*6*	**13**	*2*	**7**	*1*	**6**	*0*	**1**	*-1*	**3**	*-1*	**34**	*-6*	**0**	**1.8**	*0.1*
AT	**15**	*2*	**19**	*3*	**13**	*-1*	**8**	*0*	**5**	*-2*	**2**	*-1*	**3**	*0*	**34**	*-1*	**1**	**1.8**	*-0.1*
PL	**9**	*-4*	**15**	*-2*	**14**	*3*	**6**	*1*	**7**	*0*	**3**	*1*	**7**	*1*	**37**	*0*	**2**	**2.1**	*0.2*
PT	**10**	*3*	**11**	*-3*	**10**	*-1*	**5**	*0*	**6**	*3*	**1**	*-2*	**4**	*-3*	**52**	*3*	**1**	**1.5**	*-0.3*
RO	**12**	*-1*	**11**	*-2*	**9**	*-2*	**5**	*-3*	**7**	*0*	**4**	*0*	**7**	*-4*	**44**	*15*	**1**	**1.9**	*-0.6*
SI	**11**	*-3*	**12**	*0*	**8**	*-2*	**5**	*0*	**5**	*0*	**2**	*1*	**6**	*0*	**51**	*4*	**0**	**1.6**	*0.0*
SK	**9**	*-5*	**16**	*1*	**11**	*-1*	**7**	*1*	**10**	*3*	**4**	*1*	**6**	*2*	**34**	*-4*	**3**	**2.2**	*0.3*
FI	**16**	*3*	**17**	*-4*	**16**	*3*	**8**	*3*	**6**	*-2*	**3**	*2*	**5**	*-1*	**29**	*-4*	**0**	**2.1**	*0.1*
SE	**18**	*3*	**15**	*-2*	**12**	*0*	**6**	*-1*	**5**	*1*	**3**	*0*	**5**	*1*	**36**	*-2*	**0**	**1.9**	*0.1*
UK	**14**	*1*	**11**	*-2*	**10**	*-1*	**8**	*3*	**7**	*0*	**2**	*-1*	**6**	*-3*	**42**	*3*	**0**	**1.9**	*-0.2*

QB3a2 In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?

(%)

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	Never		1-3 days		4-7 days		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**41**	*2*	**38**	*-1*	**20**	*-1*	**1**	**1.9**	*0.0*
BE	**48**	*0*	**38**	*4*	**14**	*-3*	**0**	**1.4**	*-0.1*
BG	**45**	*23*	**37**	*-6*	**16**	*-16*	**2**	**1.6**	*-1.2*
CZ	**45**	*5*	**38**	*-4*	**17**	*-1*	**0**	**1.6**	*-0.1*
DK	**45**	*7*	**41**	*-5*	**14**	*-2*	**0**	**1.5**	*-0.2*
DE	**31**	*-2*	**42**	*-1*	**26**	*3*	**1**	**2.3**	*0.2*
EE	**38**	*2*	**36**	*2*	**25**	*-4*	**1**	**2.1**	*-0.1*
IE	**43**	*3*	**37**	*4*	**20**	*-6*	**0**	**1.7**	*-0.3*
EL	**48**	*7*	**37**	*0*	**15**	*-7*	**0**	**1.5**	*-0.4*
ES	**47**	*-2*	**34**	*3*	**19**	*-1*	**0**	**1.7**	*-0.1*
FR	**46**	*2*	**35**	*0*	**19**	*-2*	**0**	**1.7**	*-0.1*
HR	**39**	*0*	**40**	*0*	**20**	*1*	**1**	**1.9**	*0.0*
IT	**50**	*15*	**41**	*-6*	**9**	*-8*	**0**	**1.3**	*-0.6*
CY	**51**	*18*	**29**	*-12*	**20**	*-6*	**0**	**1.6**	*-0.6*
LV	**42**	*8*	**33**	*-1*	**25**	*-7*	**0**	**2.0**	*-0.5*
LT	**48**	*2*	**29**	*-1*	**22**	*-1*	**1**	**1.7**	*-0.2*
LU	**35**	*-3*	**40**	*-1*	**24**	*5*	**1**	**2.1**	*0.2*
HU	**37**	*0*	**33**	*-2*	**30**	*2*	**0**	**2.3**	*0.0*
MT	**54**	*14*	**27**	*-11*	**19**	*0*	**0**	**1.6**	*-0.2*
NL	**34**	*-6*	**48**	*6*	**18**	*0*	**0**	**1.8**	*0.1*
AT	**34**	*-1*	**47**	*4*	**18**	*-3*	**1**	**1.8**	*-0.1*
PL	**37**	*0*	**38**	*-3*	**23**	*3*	**2**	**2.1**	*0.2*
PT	**52**	*4*	**30**	*-2*	**16**	*-3*	**2**	**1.5**	*-0.3*
RO	**44**	*15*	**32**	*-4*	**23**	*-7*	**1**	**1.9**	*-0.6*
SI	**52**	*5*	**30**	*-5*	**18**	*1*	**0**	**1.6**	*0.0*
SK	**34**	*-4*	**37**	*-4*	**26**	*6*	**3**	**2.2**	*0.3*
FI	**29**	*-4*	**49**	*2*	**22**	*2*	**0**	**2.1**	*0.1*
SE	**36**	*-2*	**45**	*0*	**19**	*2*	**0**	**1.9**	*0.1*
UK	**42**	*3*	**35**	*-2*	**23**	*-1*	**0**	**1.9**	*-0.2*

QB3aR In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?

(%)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**10**	*0*	**10**	*-1*	**8**	*0*	**4**	*0*	**5**	*0*	**1**	*-1*	**4**	*-1*	**58**	*4*	**0**	**1.3**	*-0.1*
BE	**17**	*5*	**8**	*-3*	**8**	*1*	**4**	*0*	**5**	*0*	**1**	*0*	**2**	*-2*	**55**	*-1*	**0**	**1.2**	*-0.1*
BG	**7**	*1*	**9**	*0*	**6**	*-1*	**2**	*-1*	**3**	*-2*	**1**	*0*	**3**	*-4*	**68**	*8*	**1**	**0.9**	*-0.5*
CZ	**11**	*-2*	**12**	*-2*	**6**	*-2*	**4**	*0*	**5**	*-2*	**1**	*0*	**3**	*0*	**58**	*8*	**0**	**1.2**	*-0.2*
DK	**13**	*-5*	**16**	*0*	**8**	*-3*	**4**	*-1*	**6**	*1*	**1**	*0*	**3**	*-1*	**49**	*9*	**0**	**1.4**	*-0.2*
DE	**12**	*-1*	**14**	*-1*	**10**	*0*	**5**	*-1*	**7**	*1*	**1**	*-2*	**8**	*3*	**42**	*1*	**1**	**1.9**	*0.1*
EE	**11**	*0*	**10**	*-1*	**9**	*2*	**5**	*-2*	**8**	*1*	**1**	*-1*	**6**	*-2*	**50**	*4*	**0**	**1.7**	*-0.2*
IE	**6**	*-1*	**11**	*1*	**11**	*1*	**7**	*-1*	**5**	*-2*	**1**	*-1*	**2**	*-2*	**57**	*5*	**0**	**1.3**	*-0.3*
EL	**8**	*2*	**9**	*0*	**6**	*-2*	**3**	*-3*	**4**	*1*	**1**	*0*	**1**	*-2*	**68**	*4*	**0**	**0.9**	*-0.2*
ES	**6**	*1*	**9**	*3*	**6**	*-2*	**3**	*-1*	**4**	*0*	**1**	*-1*	**4**	*0*	**67**	*0*	**0**	**1.1**	*0.0*
FR	**12**	*1*	**8**	*-1*	**6**	*-1*	**4**	*1*	**5**	*-1*	**1**	*-1*	**5**	*0*	**59**	*2*	**0**	**1.3**	*-0.1*
HR	**8**	*-3*	**10**	*-3*	**9**	*-1*	**5**	*1*	**3**	*-1*	**2**	*0*	**3**	*-4*	**59**	*12*	**1**	**1.2**	*-0.5*
IT	**6**	*0*	**9**	*-2*	**6**	*-2*	**2**	*-1*	**1**	*-1*	**1**	*-1*	**1**	*-1*	**74**	*9*	**0**	**0.6**	*-0.4*
CY	**7**	*1*	**7**	*-2*	**5**	*-3*	**4**	*-1*	**4**	*1*	**4**	*3*	**2**	*-3*	**67**	*4*	**0**	**1.1**	*-0.1*
LV	**9**	*-3*	**12**	*2*	**6**	*-2*	**4**	*-1*	**7**	*-2*	**2**	*0*	**8**	*-4*	**52**	*10*	**0**	**1.7**	*-0.5*
LT	**8**	*-1*	**8**	*1*	**5**	*-2*	**4**	*0*	**6**	*-1*	**2**	*0*	**4**	*-2*	**62**	*4*	**1**	**1.3**	*-0.2*
LU	**15**	*1*	**12**	*0*	**8**	*-3*	**4**	*1*	**6**	*-2*	**4**	*3*	**7**	*2*	**44**	*0*	**0**	**1.8**	*0.1*
HU	**6**	*-2*	**9**	*-1*	**7**	*-1*	**5**	*1*	**6**	*-1*	**3**	*1*	**7**	*-2*	**57**	*5*	**0**	**1.6**	*-0.2*
MT	**4**	*-2*	**5**	*-1*	**4**	*-3*	**2**	*-1*	**2**	*-2*	**2**	*2*	**3**	*0*	**78**	*8*	**0**	**0.8**	*-0.1*
NL	**16**	*-1*	**18**	*5*	**12**	*1*	**7**	*1*	**6**	*1*	**1**	*-1*	**3**	*-1*	**37**	*-5*	**0**	**1.7**	*0.1*
AT	**11**	*-1*	**14**	*0*	**10**	*-2*	**6**	*-1*	**4**	*-2*	**2**	*0*	**2**	*0*	**50**	*6*	**1**	**1.4**	*-0.3*
PL	**6**	*-3*	**10**	*-1*	**9**	*2*	**4**	*1*	**4**	*-1*	**2**	*1*	**4**	*0*	**60**	*1*	**1**	**1.3**	*0.0*
PT	**4**	*1*	**5**	*-2*	**4**	*-1*	**2**	*0*	**3**	*1*	**0**	*-1*	**2**	*-2*	**79**	*3*	**1**	**0.6**	*-0.2*
RO	**7**	*-2*	**6**	*-3*	**5**	*-2*	**2**	*-3*	**4**	*-1*	**2**	*-1*	**4**	*-3*	**69**	*17*	**1**	**1.1**	*-0.6*
SI	**10**	*-3*	**10**	*-1*	**7**	*-2*	**4**	*0*	**4**	*0*	**2**	*1*	**5**	*-1*	**58**	*6*	**0**	**1.4**	*-0.1*
SK	**7**	*-5*	**12**	*0*	**9**	*-1*	**5**	*0*	**7**	*1*	**3**	*0*	**4**	*1*	**51**	*3*	**2**	**1.7**	*0.1*
FI	**15**	*2*	**16**	*-4*	**15**	*3*	**7**	*3*	**6**	*-2*	**2**	*1*	**5**	*-1*	**34**	*-2*	**0**	**2.0**	*0.1*
SE	**17**	*2*	**14**	*-3*	**12**	*0*	**6**	*-1*	**5**	*2*	**3**	*1*	**5**	*1*	**38**	*-2*	**0**	**1.8**	*0.1*
UK	**11**	*0*	**8**	*-3*	**7**	*-2*	**6**	*2*	**5**	*-1*	**2**	*0*	**5**	*-2*	**56**	*6*	**0**	**1.4**	*-0.3*

QB3a2R In the last 7 days, on how many days did you do vigorous physical activity like lifting heavy things, digging, aerobics or fast cycling?

(%)

	None		1-3 days		4-7 days		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**58**	*4*	**27**	*-2*	**15**	*-1*	**0**	**1.3**	*-1.0*
BE	**55**	*-1*	**33**	*4*	**12**	*-2*	**0**	**1.2**	*-0.1*
BG	**68**	*8*	**22**	*0*	**9**	*-7*	**1**	**0.9**	*-0.5*
CZ	**58**	*8*	**29**	*-6*	**13**	*-2*	**0**	**1.2**	*-0.2*
DK	**49**	*9*	**38**	*-7*	**13**	*-2*	**0**	**1.4**	*-0.2*
DE	**42**	*1*	**35**	*-3*	**22**	*2*	**1**	**1.9**	*0.1*
EE	**50**	*4*	**29**	*0*	**20**	*-4*	**1**	**1.7**	*-0.2*
IE	**57**	*5*	**28**	*1*	**15**	*-6*	**0**	**1.3**	*-0.3*
EL	**68**	*4*	**23**	*0*	**9**	*-4*	**0**	**0.9**	*-0.2*
ES	**67**	*0*	**21**	*1*	**12**	*-1*	**0**	**1.1**	*0.0*
FR	**59**	*2*	**26**	*-1*	**15**	*-1*	**0**	**1.3**	*-1.0*
HR	**59**	*12*	**27**	*-8*	**13**	*-3*	**1**	**1.2**	*-0.5*
IT	**74**	*9*	**21**	*-4*	**5**	*-4*	**0**	**0.6**	*-0.4*
CY	**67**	*4*	**19**	*-4*	**14**	*0*	**0**	**1.1**	*-1.0*
LV	**52**	*10*	**27**	*-3*	**21**	*-7*	**0**	**1.7**	*-0.5*
LT	**62**	*4*	**21**	*-3*	**16**	*-2*	**1**	**1.3**	*-0.2*
LU	**44**	*0*	**35**	*-2*	**21**	*4*	**0**	**1.8**	*0.1*
HU	**57**	*5*	**23**	*-4*	**20**	*-1*	**0**	**1.6**	*-0.2*
MT	**78**	*8*	**13**	*-6*	**9**	*-1*	**0**	**0.8**	*-0.1*
NL	**37**	*-5*	**46**	*5*	**17**	*0*	**0**	**1.7**	*0.1*
AT	**50**	*6*	**36**	*-1*	**13**	*-5*	**1**	**1.4**	*-0.3*
PL	**60**	*1*	**24**	*-3*	**14**	*1*	**2**	**1.3**	*0.0*
PT	**79**	*3*	**13**	*-2*	**7**	*-2*	**1**	**0.6**	*-0.2*
RO	**69**	*17*	**18**	*-7*	**13**	*-7*	**0**	**1.1**	*-0.6*
SI	**58**	*6*	**26**	*-6*	**16**	*0*	**0**	**1.4**	*-0.1*
SK	**50**	*2*	**28**	*-6*	**20**	*3*	**2**	**1.7**	*0.1*
FI	**34**	*-3*	**45**	*0*	**21**	*3*	**0**	**2.0**	*0.1*
SE	**38**	*-1*	**44**	*0*	**18**	*1*	**0**	**1.8**	*0.1*
UK	**56**	*6*	**26**	*-4*	**18**	*-2*	**0**	**1.4**	*-0.3*

QB3b In general, on days when you do a vigorous physical activity, how much time do you spend at it? **(%)**

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any vigorous physical activity		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**16**	*-1*	**30**	*1*	**15**	*0*	**7**	*1*	**9**	*-1*	**22**	*1*	**1**
BE	**23**	*3*	**25**	*3*	**9**	*-4*	**7**	*0*	**9**	*0*	**27**	*-1*	**0**
BG	**17**	*7*	**29**	*-1*	**15**	*-5*	**6**	*-3*	**10**	*-8*	**19**	*9*	**4**
CZ	**17**	*-1*	**31**	*1*	**19**	*2*	**5**	*-1*	**10**	*-4*	**17**	*3*	**1**
DK	**16**	*-2*	**31**	*-4*	**14**	*0*	**5**	*-2*	**5**	*0*	**28**	*8*	**1**
DE	**20**	*1*	**26**	*-3*	**15**	*-1*	**10**	*4*	**10**	*0*	**17**	*-2*	**2**
EE	**7**	*-4*	**27**	*0*	**19**	*2*	**10**	*2*	**19**	*-1*	**15**	*0*	**3**
IE	**18**	*0*	**39**	*3*	**13**	*-1*	**4**	*-2*	**3**	*0*	**22**	*0*	**1**
EL	**24**	*4*	**31**	*-2*	**11**	*0*	**5**	*0*	**6**	*-2*	**23**	*1*	**0**
ES	**9**	*-1*	**33**	*4*	**16**	*-1*	**7**	*-1*	**8**	*2*	**27**	*-1*	**0**
FR	**15**	*-1*	**25**	*1*	**14**	*0*	**7**	*0*	**12**	*-5*	**26**	*5*	**1**
HR	**18**	*-2*	**31**	*3*	**12**	*-1*	**6**	*-3*	**9**	*-2*	**23**	*6*	**1**
IT	**14**	*2*	**35**	*1*	**13**	*-7*	**3**	*-2*	**2**	*-1*	**33**	*8*	**0**
CY	**11**	*-3*	**28**	*-3*	**14**	*-1*	**5**	*-6*	**8**	*4*	**34**	*9*	**0**
LV	**11**	*-3*	**23**	*-3*	**16**	*5*	**8**	*2*	**20**	*0*	**21**	*-1*	**1**
LT	**18**	*4*	**22**	*-1*	**15**	*4*	**6**	*-1*	**17**	*0*	**21**	*-5*	**1**
LU	**18**	*1*	**25**	*1*	**19**	*2*	**9**	*-1*	**11**	*3*	**18**	*-5*	**0**
HU	**18**	*1*	**25**	*-3*	**15**	*4*	**7**	*2*	**12**	*-3*	**22**	*-1*	**1**
MT	**22**	*9*	**31**	*3*	**5**	*-5*	**3**	*-3*	**3**	*-5*	**36**	*2*	**0**
NL	**12**	*-7*	**30**	*7*	**20**	*6*	**8**	*1*	**12**	*2*	**18**	*-8*	**0**
AT	**16**	*2*	**27**	*-3*	**20**	*2*	**7**	*2*	**5**	*-2*	**23**	*-1*	**2**
PL	**17**	*-2*	**34**	*0*	**14**	*0*	**8**	*4*	**7**	*-1*	**15**	*-1*	**5**
PT	**12**	*-7*	**22**	*-5*	**17**	*3*	**6**	*3*	**5**	*2*	**36**	*4*	**2**
RO	**19**	*3*	**27**	*1*	**13**	*-2*	**8**	*1*	**10**	*-5*	**22**	*9*	**1**
SI	**15**	*-2*	**27**	*-1*	**15**	*-1*	**6**	*-1*	**6**	*-1*	**31**	*7*	**0**
SK	**16**	*-4*	**33**	*0*	**22**	*6*	**6**	*0*	**5**	*-5*	**12**	*1*	**6**
FI	**15**	*1*	**41**	*-2*	**22**	*4*	**5**	*0*	**4**	*-1*	**12**	*-2*	**1**
SE	**10**	*-3*	**40**	*6*	**21**	*3*	**10**	*3*	**7**	*-4*	**12**	*-4*	**0**
UK	**15**	*-4*	**32**	*4*	**14**	*1*	**5**	*-1*	**8**	*-2*	**24**	*2*	**2**

QB3b2 In general, on days when you do a vigorous physical activity, how much time do you spend at it? **(%)**

(IF 'AT LEAST 1 DAY OF VIGOROUS ACTIVITY IN LAST WEEK')

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any vigorous physical activity		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**15**	*-1*	**39**	*2*	**21**	*-1*	**10**	*1*	**12**	*-2*	**2**	*1*	**1**
BE	**25**	*5*	**34**	*2*	**14**	*-7*	**11**	*1*	**15**	*1*	**1**	*-1*	**0**
BG	**13**	*4*	**38**	*5*	**21**	*-1*	**9**	*-2*	**15**	*-7*	**1**	*1*	**3**
CZ	**11**	*-3*	**40**	*5*	**27**	*3*	**6**	*-2*	**14**	*-5*	**1**	*1*	**1**
DK	**18**	*-1*	**43**	*-2*	**22**	*2*	**8**	*-1*	**8**	*1*	**1**	*1*	**0**
DE	**18**	*-1*	**32**	*-4*	**20**	*-2*	**14**	*5*	**13**	*1*	**2**	*0*	**1**
EE	**6**	*-7*	**33**	*5*	**21**	*-1*	**13**	*3*	**24**	*-2*	**1**	*1*	**2**
IE	**16**	*-1*	**53**	*5*	**19**	*0*	**7**	*-1*	**4**	*-1*	**1**	*-1*	**0**
EL	**21**	*2*	**43**	*1*	**17**	*0*	**6**	*-1*	**12**	*-1*	**0**	*-1*	**1**
ES	**9**	*-1*	**44**	*3*	**23**	*-4*	**10**	*0*	**13**	*2*	**1**	*0*	**0**
FR	**14**	*0*	**33**	*4*	**21**	*2*	**10**	*0*	**19**	*-8*	**2**	*1*	**1**
HR	**19**	*2*	**39**	*4*	**18**	*-1*	**9**	*-2*	**13**	*-3*	**1**	*0*	**1**
IT	**16**	*4*	**54**	*9*	**21**	*-7*	**4**	*-3*	**3**	*-2*	**2**	*0*	**0**
CY	**13**	*-2*	**39**	*-2*	**20**	*-2*	**9**	*-7*	**15**	*10*	**4**	*3*	**0**
LV	**12**	*-3*	**29**	*-2*	**19**	*4*	**12**	*3*	**27**	*-1*	**1**	*-1*	**0**
LT	**16**	*1*	**30**	*0*	**19**	*2*	**7**	*-2*	**26**	*-1*	**0**	*-2*	**2**
LU	**21**	*1*	**28**	*-2*	**24**	*0*	**12**	*-1*	**14**	*2*	**1**	*0*	**0**
HU	**18**	*1*	**31**	*-7*	**21**	*6*	**10**	*4*	**18**	*-4*	**1**	*-1*	**1**
MT	**25**	*11*	**50**	*8*	**11**	*-5*	**5**	*-5*	**4**	*-10*	**5**	*3*	**0**
NL	**11**	*-11*	**35**	*2*	**26**	*7*	**11**	*1*	**16**	*0*	**1**	*1*	**0**
AT	**19**	*5*	**34**	*-6*	**29**	*3*	**9**	*1*	**6**	*-4*	**1**	*0*	**2**
PL	**13**	*-5*	**42**	*-1*	**20**	*-1*	**9**	*4*	**9**	*-1*	**3**	*2*	**4**
PT	**12**	*-11*	**36**	*-4*	**25**	*2*	**10**	*6*	**10**	*5*	**4**	*0*	**3**
RO	**20**	*5*	**32**	*2*	**17**	*-2*	**12**	*3*	**15**	*-3*	**3**	*1*	**1**
SI	**14**	*-2*	**39**	*5*	**24**	*1*	**11**	*-1*	**10**	*-1*	**2**	*-1*	**0**
SK	**13**	*-1*	**40**	*2*	**27**	*3*	**8**	*0*	**7**	*-6*	**1**	*1*	**4**
FI	**13**	*0*	**46**	*-4*	**28**	*4*	**7**	*1*	**4**	*-2*	**1**	*0*	**1**
SE	**8**	*-3*	**46**	*4*	**24**	*3*	**12**	*2*	**9**	*-6*	**1**	*1*	**0**
UK	**15**	*-4*	**43**	*7*	**21**	*2*	**7**	*-2*	**12**	*-3*	**1**	*0*	**1**

QB4a In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

(%)

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**11**	*0*	**16**	*0*	**13**	*0*	**7**	*0*	**9**	*0*	**3**	*0*	**14**	*0*	**26**	*1*	**1**	**2.7**	*-0.1*
BE	**18**	*6*	**19**	*1*	**12**	*-2*	**9**	*1*	**11**	*-1*	**2**	*-2*	**10**	*-3*	**19**	*0*	**0**	**2.7**	*-0.3*
BG	**11**	*-3*	**16**	*3*	**11**	*1*	**8**	*0*	**6**	*-5*	**2**	*0*	**11**	*-4*	**31**	*8*	**4**	**2.4**	*-0.5*
CZ	**17**	*-1*	**19**	*1*	**9**	*-1*	**7**	*1*	**8**	*-4*	**1**	*-1*	**5**	*-1*	**33**	*6*	**1**	**1.9**	*-0.4*
DK	**10**	*-2*	**13**	*-5*	**13**	*2*	**7**	*1*	**12**	*1*	**4**	*1*	**20**	*2*	**21**	*1*	**0**	**3.3**	*0.2*
DE	**8**	*0*	**17**	*3*	**14**	*-2*	**10**	*0*	**12**	*1*	**4**	*0*	**20**	*1*	**13**	*-3*	**2**	**3.6**	*0.2*
EE	**10**	*-4*	**14**	*-1*	**10**	*-3*	**5**	*-1*	**9**	*0*	**3**	*1*	**18**	*4*	**28**	*2*	**3**	**2.8**	*0.2*
IE	**7**	*-3*	**16**	*2*	**13**	*-1*	**10**	*1*	**9**	*-2*	**2**	*0*	**9**	*-3*	**34**	*6*	**0**	**2.4**	*-0.3*
EL	**11**	*2*	**17**	*-2*	**19**	*2*	**11**	*4*	**7**	*0*	**3**	*0*	**10**	*-1*	**22**	*-5*	**0**	**2.7**	*0.1*
ES	**9**	*1*	**15**	*1*	**12**	*-1*	**5**	*-3*	**6**	*-1*	**2**	*-1*	**14**	*0*	**37**	*4*	**0**	**2.4**	*-0.2*
FR	**15**	*0*	**15**	*2*	**11**	*0*	**6**	*3*	**7**	*-2*	**2**	*-1*	**12**	*-3*	**32**	*2*	**0**	**2.3**	*-0.3*
HR	**10**	*-2*	**20**	*3*	**17**	*4*	**8**	*1*	**7**	*1*	**5**	*3*	**9**	*-7*	**22**	*-2*	**2**	**2.7**	*-0.1*
IT	**12**	*-2*	**22**	*-3*	**12**	*-1*	**4**	*-4*	**4**	*-3*	**2**	*-2*	**5**	*-3*	**37**	*17*	**2**	**1.8**	*-0.7*
CY	**10**	*2*	**14**	*2*	**7**	*-6*	**5**	*-1*	**7**	*3*	**8**	*4*	**6**	*-1*	**43**	*-2*	**0**	**2.0**	*0.1*
LV	**10**	*0*	**14**	*-1*	**9**	*-1*	**4**	*-1*	**8**	*-2*	**2**	*-1*	**18**	*-2*	**34**	*7*	**1**	**2.6**	*-0.4*
LT	**9**	*0*	**12**	*-1*	**13**	*1*	**7**	*1*	**10**	*2*	**3**	*0*	**10**	*-3*	**35**	*0*	**1**	**2.4**	*-0.1*
LU	**13**	*-4*	**17**	*0*	**13**	*2*	**7**	*2*	**8**	*1*	**5**	*4*	**19**	*5*	**17**	*-8*	**1**	**3.2**	*0.7*
HU	**8**	*2*	**18**	*1*	**16**	*-1*	**9**	*1*	**13**	*3*	**4**	*-1*	**16**	*-2*	**16**	*-2*	**0**	**3.2**	*-0.1*
MT	**10**	*-1*	**14**	*3*	**8**	*-3*	**5**	*0*	**3**	*-3*	**2**	*0*	**8**	*-3*	**50**	*9*	**0**	**1.7**	*-0.4*
NL	**9**	*1*	**16**	*3*	**13**	*0*	**7**	*-5*	**14**	*2*	**4**	*-2*	**21**	*-5*	**16**	*6*	**0**	**3.5**	*-0.5*
AT	**17**	*6*	**22**	*2*	**16**	*1*	**11**	*-1*	**9**	*-5*	**2**	*-2*	**7**	*-1*	**15**	*0*	**1**	**2.6**	*-0.4*
PL	**9**	*-5*	**16**	*-1*	**17**	*5*	**7**	*1*	**6**	*1*	**2**	*0*	**13**	*4*	**26**	*-5*	**4**	**2.7**	*0.6*
PT	**11**	*1*	**17**	*0*	**12**	*2*	**6**	*1*	**8**	*2*	**2**	*-1*	**7**	*-8*	**35**	*2*	**2**	**2.1**	*-0.4*
RO	**11**	*1*	**14**	*3*	**10**	*-5*	**7**	*-2*	**8**	*2*	**2**	*-3*	**14**	*-2*	**33**	*11*	**1**	**2.5**	*-0.5*
SI	**13**	*0*	**15**	*-1*	**9**	*-3*	**6**	*0*	**5**	*0*	**4**	*2*	**12**	*-1*	**36**	*4*	**0**	**2.3**	*-0.1*
SK	**12**	*-2*	**17**	*0*	**12**	*1*	**7**	*1*	**10**	*2*	**3**	*1*	**6**	*0*	**29**	*-6*	**4**	**2.3**	*0.3*
FI	**12**	*2*	**21**	*1*	**16**	*2*	**7**	*0*	**5**	*-5*	**3**	*0*	**11**	*-5*	**25**	*6*	**0**	**2.5**	*-0.5*
SE	**15**	*1*	**13**	*-3*	**14**	*1*	**7**	*-1*	**10**	*1*	**2**	*0*	**14**	*-2*	**25**	*3*	**0**	**2.7**	*-0.2*
UK	**13**	*2*	**13**	*-1*	**10**	*-2*	**8**	*2*	**8**	*1*	**2**	*-1*	**13**	*0*	**31**	*-2*	**2**	**2.5**	*0.0*

QB4a2 In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

(%)

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	Never		1-3 days		4-7 days		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**26**	*1*	**40**	*0*	**32**	*-2*	**2**	**2.7**	*-0.1*
BE	**19**	*0*	**49**	*6*	**32**	*-6*	**0**	**2.7**	*-0.3*
BG	**31**	*8*	**38**	*1*	**27**	*-9*	**4**	**2.4**	*-0.5*
CZ	**33**	*6*	**45**	*-1*	**21**	*-5*	**1**	**1.9**	*-0.4*
DK	**21**	*1*	**36**	*-5*	**43**	*4*	**0**	**3.3**	*0.2*
DE	**13**	*-3*	**39**	*1*	**46**	*2*	**2**	**3.6**	*0.2*
EE	**28**	*2*	**34**	*-9*	**35**	*5*	**3**	**2.8**	*0.2*
IE	**34**	*6*	**36**	*-2*	**30**	*-4*	**0**	**2.4**	*-0.3*
EL	**22**	*-5*	**47**	*2*	**31**	*3*	**0**	**2.7**	*0.1*
ES	**37**	*4*	**36**	*0*	**27**	*-4*	**0**	**2.4**	*-0.2*
FR	**32**	*2*	**41**	*2*	**27**	*-3*	**0**	**2.3**	*-0.3*
HR	**22**	*-2*	**47**	*5*	**29**	*-2*	**2**	**2.7**	*-0.1*
IT	**37**	*17*	**46**	*-7*	**16**	*-10*	**1**	**1.8**	*-0.7*
CY	**43**	*-2*	**31**	*-2*	**26**	*4*	**0**	**2.0**	*0.1*
LV	**34**	*7*	**34**	*-1*	**32**	*-5*	**0**	**2.6**	*-0.4*
LT	**35**	*0*	**33**	*-1*	**31**	*1*	**1**	**2.4**	*-0.1*
LU	**17**	*-8*	**43**	*-2*	**39**	*12*	**1**	**3.2**	*0.7*
HU	**16**	*-2*	**43**	*3*	**41**	*0*	**0**	**3.2**	*-0.1*
MT	**50**	*9*	**32**	*-1*	**18**	*-6*	**0**	**1.7**	*-0.4*
NL	**16**	*6*	**38**	*4*	**46**	*-10*	**0**	**3.5**	*-0.5*
AT	**15**	*0*	**55**	*9*	**29**	*-9*	**1**	**2.6**	*-0.4*
PL	**26**	*-5*	**42**	*-1*	**28**	*6*	**4**	**2.7**	*0.6*
PT	**35**	*2*	**40**	*3*	**23**	*-6*	**2**	**2.1**	*-0.4*
RO	**33**	*11*	**35**	*-2*	**31**	*-4*	**1**	**2.5**	*-0.5*
SI	**36**	*4*	**37**	*-4*	**27**	*0*	**0**	**2.3**	*-0.1*
SK	**29**	*-6*	**41**	*0*	**26**	*4*	**4**	**2.3**	*0.3*
FI	**25**	*6*	**49**	*5*	**26**	*-10*	**0**	**2.5**	*-0.5*
SE	**26**	*4*	**42**	*0*	**32**	*-4*	**0**	**2.7**	*-0.2*
UK	**31**	*-2*	**36**	*-2*	**31**	*2*	**2**	**2.5**	*0.0*

QB4aR In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

(%)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**8**	*0*	**12**	*0*	**9**	*-1*	**5**	*0*	**6**	*-1*	**2**	*0*	**10**	*-1*	**47**	*3*	**1**	**1.9**	*-0.2*
BE	**15**	*5*	**17**	*2*	**10**	*-2*	**8**	*1*	**10**	*0*	**2**	*-2*	**8**	*-3*	**30**	*-1*	**0**	**2.3**	*-0.2*
BG	**6**	*-1*	**10**	*3*	**6**	*1*	**5**	*1*	**4**	*-1*	**1**	*0*	**6**	*-2*	**60**	*-1*	**2**	**1.3**	*-0.1*
CZ	**13**	*-2*	**14**	*-1*	**7**	*-1*	**5**	*0*	**6**	*-4*	**1**	*-1*	**3**	*-2*	**50**	*11*	**1**	**1.4**	*-0.5*
DK	**10**	*-2*	**12**	*-6*	**12**	*2*	**6**	*0*	**12**	*1*	**4**	*1*	**18**	*0*	**26**	*4*	**0**	**3.0**	*0.0*
DE	**7**	*0*	**14**	*2*	**12**	*-2*	**9**	*0*	**10**	*0*	**3**	*0*	**17**	*0*	**27**	*1*	**1**	**3.0**	*0.0*
EE	**8**	*-4*	**11**	*-2*	**8**	*-3*	**4**	*-1*	**8**	*1*	**2**	*1*	**14**	*2*	**43**	*5*	**2**	**2.3**	*0.1*
IE	**5**	*-3*	**12**	*1*	**10**	*-1*	**8**	*1*	**7**	*-2*	**1**	*0*	**7**	*-3*	**50**	*7*	**0**	**1.8**	*-0.3*
EL	**7**	*2*	**11**	*0*	**11**	*0*	**7**	*3*	**4**	*0*	**2**	*0*	**6**	*-1*	**52**	*-4*	**0**	**1.7**	*0.1*
ES	**5**	*0*	**10**	*1*	**8**	*-1*	**3**	*-2*	**4**	*-1*	**1**	*-1*	**9**	*0*	**60**	*4*	**0**	**1.5**	*-0.2*
FR	**11**	*-1*	**11**	*1*	**9**	*0*	**4**	*2*	**5**	*-2*	**2**	*0*	**9**	*-2*	**49**	*3*	**0**	**1.8**	*-0.2*
HR	**7**	*-3*	**14**	*-1*	**11**	*-1*	**5**	*-1*	**5**	*0*	**3**	*1*	**6**	*-8*	**48**	*14*	**1**	**1.8**	*-0.6*
IT	**6**	*-2*	**11**	*-3*	**6**	*-1*	**2**	*-2*	**2**	*-1*	**1**	*-1*	**3**	*-1*	**68**	*11*	**1**	**0.9**	*-0.4*
CY	**7**	*3*	**9**	*2*	**5**	*-2*	**3**	*0*	**4**	*2*	**6**	*3*	**4**	*0*	**62**	*-8*	**0**	**1.4**	*0.3*
LV	**9**	*0*	**12**	*-1*	**8**	*-1*	**3**	*-1*	**6**	*-2*	**2**	*0*	**15**	*-3*	**45**	*9*	**0**	**2.2**	*-0.4*
LT	**6**	*-1*	**9**	*-1*	**9**	*0*	**5**	*1*	**8**	*2*	**2**	*-1*	**7**	*-3*	**53**	*3*	**1**	**1.7**	*-0.2*
LU	**11**	*-4*	**15**	*0*	**11**	*1*	**6**	*1*	**7**	*1*	**4**	*3*	**16**	*3*	**29**	*-4*	**1**	**2.8**	*0.5*
HU	**6**	*1*	**13**	*0*	**11**	*-2*	**6**	*0*	**9**	*1*	**2**	*-2*	**11**	*-2*	**42**	*4*	**0**	**2.2**	*-0.3*
MT	**5**	*-1*	**7**	*2*	**4**	*-2*	**2**	*0*	**1**	*-2*	**1**	*0*	**4**	*-1*	**76**	*5*	**0**	**0.8**	*-0.2*
NL	**8**	*0*	**15**	*3*	**13**	*0*	**7**	*-4*	**13**	*1*	**4**	*-2*	**20**	*-4*	**20**	*6*	**0**	**3.3**	*-0.5*
AT	**12**	*2*	**17**	*0*	**12**	*-1*	**8**	*-2*	**7**	*-5*	**2**	*-2*	**5**	*-2*	**36**	*10*	**1**	**2.0**	*-0.6*
PL	**6**	*-3*	**10**	*-1*	**11**	*3*	**5**	*1*	**4**	*1*	**1**	*0*	**8**	*2*	**53**	*-2*	**2**	**1.7**	*0.3*
PT	**5**	*0*	**7**	*-1*	**5**	*0*	**3**	*1*	**3**	*0*	**1**	*0*	**3**	*-4*	**72**	*3*	**1**	**0.9**	*-0.3*
RO	**6**	*-1*	**8**	*0*	**5**	*-5*	**4**	*-2*	**4**	*0*	**1**	*-2*	**8**	*-3*	**63**	*16*	**1**	**1.4**	*-0.6*
SI	**11**	*-1*	**13**	*-1*	**8**	*-3*	**6**	*1*	**4**	*-1*	**3**	*1*	**10**	*-2*	**45**	*6*	**0**	**1.9**	*-0.2*
SK	**9**	*-2*	**13**	*-1*	**9**	*0*	**5**	*0*	**7**	*0*	**2**	*0*	**5**	*0*	**47**	*1*	**3**	**1.7**	*0.0*
FI	**11**	*1*	**19**	*0*	**15**	*2*	**6**	*-1*	**5**	*-4*	**2**	*-1*	**11**	*-4*	**30**	*7*	**1**	**2.3**	*-0.6*
SE	**14**	*1*	**13**	*-3*	**13**	*0*	**7**	*-1*	**10**	*1*	**2**	*0*	**13**	*-2*	**28**	*4*	**0**	**2.6**	*-0.2*
UK	**10**	*0*	**10**	*-1*	**8**	*-2*	**6**	*1*	**6**	*0*	**2**	*0*	**10**	*-1*	**47**	*3*	**1**	**1.9**	*-0.1*

QB4a2R In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at normal pace or doubles tennis? Please do not include walking.

(%)

	Never		1-3 days		4-7 days		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**47**	*3*	**29**	*-1*	**23**	*-2*	**1**	**1.9**	*-0.2*
BE	**30**	*-1*	**42**	*5*	**28**	*-4*	**0**	**2.3**	*-0.2*
BG	**60**	*-1*	**22**	*3*	**16**	*-2*	**2**	**1.3**	*-0.1*
CZ	**50**	*11*	**34**	*-4*	**16**	*-6*	**0**	**1.4**	*-0.5*
DK	**26**	*3*	**34**	*-5*	**40**	*2*	**0**	**3.0**	*0.0*
DE	**27**	*1*	**33**	*0*	**39**	*0*	**1**	**3.0**	*0.0*
EE	**43**	*5*	**27**	*-9*	**28**	*3*	**2**	**2.3**	*0.1*
IE	**50**	*7*	**27**	*-3*	**23**	*-4*	**0**	**1.8**	*-0.3*
EL	**52**	*-4*	**29**	*2*	**19**	*2*	**0**	**1.7**	*0.1*
ES	**60**	*3*	**23**	*0*	**17**	*-3*	**0**	**1.5**	*-0.2*
FR	**49**	*3*	**31**	*1*	**20**	*-3*	**0**	**1.8**	*-0.2*
HR	**47**	*13*	**32**	*-5*	**20**	*-7*	**1**	**1.8**	*-0.6*
IT	**68**	*11*	**23**	*-5*	**8**	*-6*	**1**	**0.9**	*-0.4*
CY	**62**	*-8*	**21**	*3*	**17**	*5*	**0**	**1.4**	*0.3*
LV	**45**	*9*	**28**	*-3*	**26**	*-7*	**1**	**2.2**	*-0.4*
LT	**53**	*3*	**24**	*-2*	**22**	*-1*	**1**	**1.7**	*-0.2*
LU	**29**	*-4*	**37**	*-4*	**34**	*10*	**0**	**2.8**	*0.5*
HU	**43**	*5*	**29**	*-1*	**28**	*-3*	**0**	**2.2**	*-0.3*
MT	**76**	*6*	**15**	*-2*	**9**	*-3*	**0**	**0.8**	*-0.2*
NL	**20**	*6*	**37**	*4*	**43**	*-10*	**0**	**3.3**	*-0.5*
AT	**36**	*10*	**41**	*1*	**22**	*-11*	**1**	**2.0**	*-0.6*
PL	**53**	*-2*	**27**	*-1*	**18**	*4*	**2**	**1.7**	*0.3*
PT	**72**	*3*	**17**	*0*	**10**	*-4*	**1**	**0.9**	*-0.3*
RO	**63**	*16*	**19**	*-6*	**17**	*-7*	**1**	**1.4**	*-0.6*
SI	**45**	*6*	**32**	*-5*	**23**	*-1*	**0**	**1.9**	*-0.2*
SK	**47**	*1*	**30**	*-4*	**20**	*1*	**3**	**1.7**	*0.0*
FI	**30**	*7*	**46**	*4*	**24**	*-10*	**0**	**2.3**	*-0.6*
SE	**28**	*4*	**41**	*0*	**31**	*-4*	**0**	**2.6**	*-0.2*
UK	**47**	*3*	**27**	*-4*	**24**	*0*	**2**	**1.9**	*-0.1*

QB4b In general, on days when you do a moderate physical activity, how much time do you spend at it? **(%)**

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any moderate physical activity		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**22**	*-1*	**34**	*1*	**15**	*0*	**6**	*0*	**8**	*-1*	**13**	*2*	**2**
BE	**30**	*-1*	**35**	*4*	**12**	*-2*	**5**	*-2*	**8**	*-1*	**10**	*3*	**0**
BG	**21**	*9*	**33**	*-1*	**12**	*-3*	**5**	*-3*	**10**	*-4*	**12**	*5*	**7**
CZ	**20**	*2*	**33**	*-1*	**15**	*1*	**7**	*-1*	**11**	*-6*	**13**	*5*	**1**
DK	**28**	*-1*	**35**	*-1*	**12**	*0*	**5**	*0*	**9**	*1*	**10**	*2*	**1**
DE	**22**	*1*	**30**	*-4*	**19**	*0*	**9**	*2*	**11**	*2*	**7**	*-1*	**2**
EE	**14**	*-1*	**29**	*-2*	**18**	*-1*	**9**	*0*	**15**	*0*	**10**	*2*	**5**
IE	**27**	*0*	**39**	*-2*	**10**	*0*	**3**	*-2*	**5**	*2*	**15**	*2*	**1**
EL	**29**	*3*	**40**	*6*	**14**	*-1*	**5**	*1*	**4**	*-3*	**7**	*-7*	**1**
ES	**14**	*1*	**39**	*0*	**17**	*-3*	**5**	*-1*	**5**	*-1*	**20**	*6*	**0**
FR	**26**	*-1*	**31**	*7*	**14**	*1*	**5**	*-2*	**8**	*-6*	**14**	*1*	**2**
HR	**23**	*2*	**38**	*4*	**15**	*0*	**6**	*-3*	**9**	*-2*	**7**	*1*	**2**
IT	**24**	*0*	**36**	*-3*	**10**	*-8*	**2**	*-1*	**1**	*-1*	**26**	*14*	**1**
CY	**24**	*-4*	**32**	*2*	**12**	*4*	**6**	*2*	**5**	*1*	**21**	*-5*	**0**
LV	**14**	*-4*	**28**	*1*	**13**	*1*	**11**	*6*	**19**	*-2*	**14**	*-1*	**1**
LT	**21**	*3*	**26**	*-2*	**10**	*-1*	**9**	*1*	**15**	*1*	**18**	*0*	**1**
LU	**21**	*-1*	**29**	*-4*	**20**	*4*	**9**	*2*	**14**	*6*	**6**	*-6*	**1**
HU	**22**	*-5*	**33**	*0*	**17**	*4*	**8**	*3*	**11**	*0*	**7**	*-2*	**2**
MT	**33**	*10*	**32**	*-1*	**11**	*1*	**2**	*-2*	**3**	*-1*	**19**	*-3*	**0**
NL	**23**	*2*	**37**	*1*	**14**	*-2*	**6**	*-2*	**10**	*-3*	**9**	*4*	**1**
AT	**24**	*4*	**37**	*1*	**16**	*-3*	**7**	*1*	**3**	*-6*	**9**	*2*	**4**
PL	**21**	*-9*	**34**	*-1*	**17**	*8*	**6**	*4*	**4**	*-1*	**10**	*-2*	**8**
PT	**13**	*-16*	**35**	*-1*	**17**	*4*	**5**	*3*	**8**	*4*	**19**	*4*	**3**
RO	**24**	*2*	**28**	*-1*	**13**	*0*	**7**	*2*	**8**	*-4*	**19**	*11*	**1**
SI	**22**	*-1*	**36**	*2*	**16**	*0*	**6**	*-3*	**8**	*0*	**12**	*3*	**0**
SK	**19**	*-9*	**31**	*-1*	**21**	*8*	**6**	*0*	**5**	*-3*	**10**	*2*	**8**
FI	**27**	*1*	**45**	*-3*	**11**	*-2*	**4**	*0*	**3**	*0*	**8**	*3*	**2**
SE	**24**	*3*	**40**	*0*	**12**	*-2*	**7**	*2*	**8**	*-1*	**9**	*0*	**0**
UK	**21**	*-4*	**33**	*5*	**14**	*1*	**6**	*1*	**7**	*-4*	**16**	*1*	**3**

QB4b2 In general, on days when you do a moderate physical activity, how much time do you spend at it? **(%)**

(IF 'AT LEAST 1 DAY OF VIGOROUS ACTIVITY IN LAST WEEK')

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never do any moderate physical activity		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**24**	*0*	**39**	*1*	**18**	*0*	**7**	*0*	**9**	*-2*	**1**	*1*	**2**
BE	**32**	*2*	**39**	*4*	**13**	*-3*	**6**	*-2*	**9**	*-2*	**1**	*1*	**0**
BG	**20**	*5*	**39**	*1*	**15**	*-1*	**7**	*-3*	**13**	*-3*	**0**	*0*	**6**
CZ	**20**	*3*	**38**	*2*	**19**	*2*	**8**	*-1*	**13**	*-7*	**1**	*1*	**1**
DK	**29**	*-2*	**40**	*1*	**14**	*-1*	**6**	*0*	**10**	*1*	**0**	*0*	**1**
DE	**21**	*1*	**33**	*-4*	**21**	*-1*	**10**	*2*	**12**	*1*	**1**	*0*	**2**
EE	**13**	*-2*	**33**	*-1*	**21**	*0*	**11**	*1*	**18**	*0*	**0**	*0*	**4**
IE	**29**	*3*	**47**	*-4*	**13**	*1*	**4**	*-2*	**7**	*3*	**0**	*-1*	**0**
EL	**27**	*0*	**47**	*8*	**15**	*-3*	**6**	*1*	**4**	*-6*	**0**	*-1*	**1**
ES	**15**	*4*	**45**	*-2*	**23**	*-2*	**8**	*0*	**8**	*-1*	**1**	*1*	**0**
FR	**29**	*0*	**36**	*8*	**17**	*1*	**7**	*0*	**10**	*-9*	**0**	*0*	**1**
HR	**22**	*2*	**42**	*5*	**18**	*0*	**7**	*-3*	**9**	*-4*	**1**	*1*	**1**
IT	**28**	*2*	**49**	*5*	**14**	*-7*	**3**	*0*	**1**	*-2*	**3**	*2*	**2**
CY	**25**	*-10*	**40**	*1*	**16**	*5*	**9**	*3*	**9**	*2*	**1**	*-1*	**0**
LV	**15**	*-3*	**32**	*1*	**15**	*-1*	**12**	*5*	**24**	*-2*	**1**	*0*	**1**
LT	**22**	*6*	**33**	*-3*	**12**	*-4*	**11**	*1*	**20**	*0*	**0**	*-1*	**2**
LU	**22**	*-1*	**30**	*-9*	**22**	*3*	**9**	*1*	**16**	*6*	**0**	*0*	**1**
HU	**23**	*-4*	**36**	*-2*	**19**	*4*	**9**	*2*	**12**	*-1*	**0**	*0*	**1**
MT	**33**	*2*	**43**	*1*	**14**	*0*	**4**	*-1*	**5**	*-1*	**1**	*1*	**0**
NL	**25**	*4*	**41**	*3*	**16**	*-1*	**7**	*-1*	**11**	*-4*	**0**	*0*	**0**
AT	**26**	*6*	**40**	*1*	**18**	*-3*	**8**	*1*	**4**	*-7*	**0**	*0*	**4**
PL	**22**	*-11*	**41**	*-3*	**20**	*9*	**5**	*3*	**6**	*0*	**0**	*0*	**6**
PT	**14**	*-20*	**43**	*0*	**21**	*6*	**7**	*4*	**11**	*6*	**1**	*1*	**3**
RO	**26**	*4*	**34**	*2*	**16**	*0*	**9**	*4*	**11**	*-4*	**3**	*2*	**1**
SI	**22**	*1*	**42**	*3*	**17**	*0*	**7**	*-4*	**12**	*1*	**0**	*0*	**0**
SK	**19**	*-6*	**36**	*-1*	**26**	*9*	**8**	*-1*	**5**	*-5*	**0**	*0*	**6**
FI	**27**	*0*	**49**	*-1*	**14**	*1*	**5**	*0*	**4**	*0*	**0**	*-1*	**1**
SE	**27**	*5*	**43**	*-1*	**13**	*-3*	**8**	*2*	**8**	*-3*	**1**	*1*	**0**
UK	**24**	*-4*	**41**	*7*	**16**	*0*	**8**	*2*	**10**	*-5*	**0**	*0*	**1**

QB5a In the last 7 days, on how many days did you walk for at least 10 minutes at a time?
(%)

	1 day		2 days		3 days		4 days		5 days		6 days		7 days		None		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**5**	*-1*	**9**	*0*	**9**	*-1*	**7**	*0*	**11**	*0*	**5**	*0*	**38**	*0*	**15**	*2*	**1**	**4.4**	*0.0*
BE	**13**	*2*	**13**	*-1*	**12**	*0*	**7**	*0*	**12**	*3*	**4**	*-1*	**24**	*1*	**15**	*-4*	**0**	**3.5**	*0.1*
BG	**3**	*1*	**7**	*2*	**8**	*1*	**7**	*2*	**14**	*-1*	**5**	*0*	**44**	*-7*	**10**	*2*	**2**	**4.9**	*-0.4*
CZ	**5**	*-1*	**11**	*1*	**10**	*-2*	**8**	*-1*	**17**	*-1*	**5**	*1*	**31**	*0*	**12**	*2*	**1**	**4.2**	*-0.1*
DK	**6**	*0*	**11**	*1*	**9**	*-3*	**7**	*2*	**10**	*1*	**5**	*1*	**42**	*2*	**9**	*-5*	**1**	**4.6**	*0.3*
DE	**4**	*-1*	**8**	*0*	**10**	*0*	**7**	*-1*	**11**	*-2*	**8**	*2*	**44**	*1*	**7**	*1*	**1**	**4.9**	*0.0*
EE	**4**	*0*	**8**	*2*	**8**	*0*	**7**	*-1*	**10**	*-1*	**3**	*-2*	**49**	*4*	**10**	*-2*	**1**	**4.9**	*0.2*
IE	**4**	*1*	**9**	*2*	**13**	*2*	**11**	*-1*	**13**	*0*	**5**	*-1*	**29**	*-9*	**16**	*6*	**0**	**4.0**	*-0.7*
EL	**7**	*3*	**13**	*4*	**12**	*0*	**9**	*1*	**13**	*2*	**5**	*-3*	**26**	*-9*	**15**	*2*	**0**	**3.8**	*-0.6*
ES	**4**	*2*	**6**	*0*	**6**	*-1*	**4**	*-1*	**9**	*0*	**5**	*-2*	**55**	*-1*	**11**	*3*	**0**	**5.1**	*-0.2*
FR	**6**	*-2*	**7**	*-1*	**10**	*2*	**8**	*1*	**11**	*2*	**5**	*0*	**40**	*2*	**13**	*-4*	**0**	**4.5**	*0.3*
HR	**7**	*0*	**9**	*-2*	**13**	*2*	**9**	*2*	**11**	*3*	**5**	*1*	**28**	*-12*	**17**	*7*	**1**	**3.9**	*-0.6*
IT	**5**	*-2*	**12**	*-2*	**9**	*-6*	**8**	*2*	**8**	*-1*	**5**	*1*	**25**	*5*	**27**	*4*	**1**	**3.3**	*0.1*
CY	**12**	*4*	**9**	*0*	**9**	*1*	**7**	*-1*	**8**	*-1*	**5**	*-1*	**18**	*-3*	**32**	*1*	**0**	**2.8**	*-0.3*
LV	**8**	*3*	**10**	*3*	**8**	*1*	**5**	*0*	**7**	*-2*	**5**	*2*	**48**	*-6*	**9**	*-1*	**0**	**4.8**	*-0.2*
LT	**4**	*0*	**7**	*0*	**9**	*1*	**5**	*-2*	**13**	*1*	**4**	*0*	**41**	*-5*	**16**	*5*	**1**	**4.5**	*-0.3*
LU	**7**	*1*	**7**	*-4*	**9**	*1*	**6**	*-1*	**7**	*-6*	**3**	*-1*	**52**	*13*	**8**	*-2*	**1**	**5.0**	*0.5*
HU	**7**	*2*	**12**	*0*	**11**	*-4*	**7**	*1*	**13**	*-1*	**4**	*-2*	**26**	*2*	**20**	*2*	**0**	**3.6**	*-0.1*
MT	**6**	*0*	**6**	*-5*	**8**	*-6*	**7**	*0*	**9**	*2*	**5**	*1*	**31**	*-3*	**28**	*13*	**0**	**3.6**	*-0.4*
NL	**7**	*1*	**8**	*-2*	**11**	*0*	**9**	*0*	**11**	*0*	**5**	*1*	**35**	*0*	**14**	*0*	**0**	**4.2**	*0.0*
AT	**9**	*3*	**15**	*4*	**12**	*0*	**10**	*-1*	**12**	*-4*	**5**	*-3*	**22**	*1*	**15**	*1*	**0**	**3.6**	*-0.3*
PL	**5**	*-4*	**8**	*-3*	**13**	*3*	**7**	*2*	**9**	*2*	**3**	*1*	**31**	*5*	**22**	*-3*	**2**	**3.8**	*0.5*
PT	**4**	*0*	**9**	*1*	**9**	*0*	**6**	*-1*	**10**	*-2*	**2**	*-4*	**29**	*-7*	**29**	*12*	**2**	**3.5**	*-0.7*
RO	**4**	*0*	**6**	*-2*	**6**	*-2*	**5**	*0*	**8**	*-2*	**4**	*-3*	**44**	*-6*	**22**	*16*	**1**	**4.3**	*-0.8*
SI	**5**	*-4*	**8**	*-5*	**11**	*0*	**7**	*0*	**12**	*5*	**4**	*0*	**41**	*5*	**12**	*-1*	**0**	**4.5**	*0.4*
SK	**3**	*-1*	**8**	*0*	**9**	*1*	**10**	*1*	**14**	*-1*	**5**	*-2*	**30**	*-9*	**16**	*8*	**5**	**4.1**	*-0.7*
FI	**8**	*3*	**10**	*-2*	**12**	*-1*	**11**	*3*	**12**	*0*	**5**	*1*	**32**	*-5*	**9**	*1*	**1**	**4.3**	*-0.2*
SE	**6**	*-3*	**11**	*0*	**10**	*0*	**8**	*2*	**10**	*-1*	**5**	*2*	**40**	*-3*	**10**	*3*	**0**	**4.5**	*-0.1*
UK	**4**	*-1*	**7**	*-1*	**6**	*-3*	**7**	*-1*	**12**	*2*	**5**	*0*	**48**	*2*	**11**	*2*	**0**	**4.9**	*0.1*

QB5aR In the last 7 days, on how many days did you walk for at least 10 minutes at a time?
(%)

	Never		1-3 days		4-7 days		Don't know	Average	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**15**	*2*	**23**	*-3*	**61**	*1*	**1**	**4.4**	*0.0*
BE	**15**	*-4*	**39**	*1*	**46**	*3*	**0**	**3.5**	*0.1*
BG	**10**	*2*	**18**	*5*	**70**	*-7*	**2**	**4.9**	*-0.4*
CZ	**12**	*2*	**27**	*-1*	**60**	*-2*	**1**	**4.2**	*-0.1*
DK	**9**	*-5*	**27**	*-1*	**63**	*5*	**1**	**4.6**	*0.3*
DE	**7**	*1*	**22**	*-1*	**70**	*0*	**1**	**4.9**	*0.0*
EE	**10**	*-2*	**20**	*1*	**69**	*1*	**1**	**4.9**	*0.2*
IE	**17**	*7*	**25**	*4*	**58**	*-11*	**0**	**4.0**	*-0.7*
EL	**15**	*2*	**32**	*7*	**53**	*-9*	**0**	**3.8**	*-0.6*
ES	**11**	*3*	**15**	*-1*	**74**	*-2*	**0**	**5.1**	*-0.2*
FR	**13**	*-4*	**23**	*-1*	**64**	*5*	**0**	**4.5**	*0.3*
HR	**16**	*6*	**29**	*0*	**54**	*-5*	**1**	**3.9**	*-0.6*
IT	**27**	*4*	**26**	*-10*	**46**	*7*	**1**	**3.3**	*0.1*
CY	**32**	*1*	**31**	*5*	**37**	*-6*	**0**	**2.8**	*-0.3*
LV	**9**	*-1*	**25**	*6*	**66**	*-5*	**0**	**4.8**	*-0.2*
LT	**16**	*6*	**20**	*1*	**64**	*-6*	**0**	**4.5**	*-0.3*
LU	**8**	*-2*	**22**	*-3*	**69**	*6*	**1**	**5.0**	*0.5*
HU	**20**	*2*	**30**	*-2*	**50**	*0*	**0**	**3.6**	*-0.1*
MT	**28**	*13*	**20**	*-11*	**52**	*0*	**0**	**3.6**	*-0.4*
NL	**14**	*0*	**26**	*-1*	**60**	*1*	**0**	**4.2**	*0.0*
AT	**15**	*2*	**37**	*7*	**48**	*-8*	**0**	**3.6**	*-0.3*
PL	**22**	*-3*	**26**	*-3*	**50**	*9*	**2**	**3.8**	*0.5*
PT	**29**	*12*	**22**	*0*	**47**	*-13*	**2**	**3.5**	*-0.7*
RO	**21**	*15*	**16**	*-4*	**62**	*-10*	**1**	**4.3**	*-0.8*
SI	**12**	*-1*	**24**	*-9*	**64**	*10*	**0**	**4.5**	*0.4*
SK	**16**	*8*	**21**	*1*	**58**	*-12*	**5**	**4.1**	*-0.7*
FI	**9**	*1*	**30**	*0*	**60**	*-1*	**1**	**4.3**	*-0.2*
SE	**10**	*3*	**27**	*-2*	**63**	*-1*	**0**	**4.5**	*-0.1*
UK	**11**	*2*	**17**	*-6*	**72**	*4*	**0**	**4.9**	*0.1*

QB5b In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking?
(%)

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never walk for 10 minutes at a time		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**40**	*1*	**30**	*-2*	**9**	*-1*	**4**	*0*	**4**	*-1*	**11**	*3*	**2**
BE	**45**	*3*	**29**	*2*	**8**	*0*	**3**	*0*	**4**	*-1*	**11**	*-3*	**0**
BG	**50**	*9*	**26**	*-2*	**6**	*-3*	**3**	*-1*	**2**	*-4*	**10**	*3*	**3**
CZ	**43**	*0*	**30**	*-2*	**9**	*-1*	**6**	*4*	**3**	*-4*	**7**	*2*	**2**
DK	**40**	*-2*	**32**	*2*	**10**	*2*	**4**	*0*	**6**	*-1*	**6**	*-2*	**2**
DE	**36**	*-1*	**34**	*-2*	**13**	*2*	**5**	*1*	**5**	*-1*	**5**	*1*	**2**
EE	**32**	*-3*	**30**	*-2*	**12**	*0*	**8**	*3*	**10**	*1*	**5**	*-1*	**3**
IE	**38**	*-3*	**36**	*-2*	**9**	*0*	**2**	*-1*	**2**	*0*	**12**	*6*	**1**
EL	**53**	*7*	**28**	*-5*	**6**	*0*	**2**	*-1*	**1**	*-1*	**10**	*1*	**0**
ES	**32**	*7*	**37**	*-6*	**14**	*-3*	**5**	*-1*	**5**	*1*	**7**	*3*	**0**
FR	**44**	*3*	**30**	*2*	**9**	*0*	**3**	*0*	**5**	*-3*	**9**	*-1*	**0**
HR	**48**	*10*	**28**	*-7*	**6**	*-3*	**3**	*0*	**3**	*-4*	**12**	*7*	**0**
IT	**43**	*1*	**25**	*-1*	**4**	*-4*	**0**	*-1*	**1**	*-1*	**25**	*8*	**2**
CY	**38**	*-8*	**24**	*7*	**6**	*1*	**1**	*-1*	**3**	*1*	**28**	*0*	**0**
LV	**26**	*-7*	**39**	*5*	**13**	*0*	**9**	*3*	**7**	*0*	**5**	*-1*	**1**
LT	**41**	*-1*	**29**	*-1*	**8**	*0*	**4**	*-1*	**7**	*0*	**9**	*3*	**2**
LU	**40**	*0*	**27**	*0*	**14**	*2*	**5**	*-1*	**7**	*0*	**4**	*-2*	**3**
HU	**40**	*-8*	**29**	*1*	**10**	*4*	**2**	*0*	**3**	*1*	**15**	*2*	**1**
MT	**45**	*6*	**24**	*-5*	**4**	*-3*	**1**	*-2*	**2**	*-3*	**23**	*9*	**1**
NL	**39**	*2*	**32**	*2*	**9**	*0*	**3**	*-2*	**5**	*-1*	**11**	*0*	**1**
AT	**40**	*6*	**32**	*-2*	**8**	*-4*	**4**	*-1*	**3**	*-1*	**11**	*3*	**2**
PL	**41**	*-1*	**26**	*-1*	**9**	*3*	**3**	*1*	**2**	*-2*	**13**	*1*	**6**
PT	**46**	*-4*	**25**	*0*	**4**	*-1*	**1**	*-2*	**1**	*-1*	**21**	*8*	**2**
RO	**42**	*4*	**25**	*-8*	**8**	*-2*	**4**	*0*	**4**	*-3*	**15**	*11*	**2**
SI	**37**	*0*	**33**	*-4*	**12**	*2*	**4**	*0*	**5**	*0*	**7**	*1*	**2**
SK	**35**	*-11*	**28**	*-1*	**11**	*4*	**3**	*0*	**4**	*-4*	**12**	*7*	**7**
FI	**32**	*-4*	**43**	*1*	**11**	*-1*	**3**	*1*	**3**	*0*	**6**	*2*	**2**
SE	**34**	*3*	**42**	*2*	**10**	*-3*	**4**	*0*	**3**	*-4*	**7**	*2*	**0**
UK	**39**	*-1*	**31**	*2*	**10**	*0*	**4**	*-1*	**7**	*-2*	**8**	*2*	**1**

QB5b2 In general, on days when you walk for at least 10 minutes at a time, how much time do you spend walking? **(%)**

(IF 'AT LEAST 1 DAY OF VIGOROUS ACTIVITY IN LAST WEEK')

	30 minutes or less		31 to 60 minutes		61 to 90 minutes		91 to 120 minutes		More than 120 minutes		Never walk for 10 minutes at a time		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**44**	*3*	**35**	*0*	**11**	*0*	**4**	*0*	**4**	*-2*	**1**	*0*	**1**
BE	**48**	*0*	**32**	*2*	**10**	*1*	**4**	*1*	**4**	*-3*	**2**	*-1*	**0**
BG	**53**	*9*	**28**	*-3*	**6**	*-3*	**4**	*0*	**2**	*-5*	**4**	*3*	**3**
CZ	**45**	*2*	**33**	*-2*	**10**	*-2*	**6**	*4*	**4**	*-3*	**0**	*0*	**2**
DK	**42**	*-2*	**33**	*-1*	**11**	*2*	**5**	*1*	**7**	*-1*	**1**	*1*	**1**
DE	**38**	*1*	**36**	*-3*	**13**	*1*	**6**	*2*	**5**	*-1*	**1**	*1*	**1**
EE	**33**	*-3*	**33**	*-2*	**12**	*-1*	**8**	*2*	**12**	*2*	**0**	*0*	**2**
IE	**41**	*-1*	**42**	*0*	**10**	*0*	**3**	*0*	**3**	*1*	**1**	*0*	**0**
EL	**57**	*8*	**32**	*-4*	**7**	*0*	**2**	*-1*	**1**	*-2*	**1**	*-1*	**0**
ES	**33**	*9*	**40**	*-6*	**16**	*-3*	**5**	*-2*	**5**	*1*	**1**	*1*	**0**
FR	**48**	*4*	**33**	*1*	**9**	*-1*	**3**	*-1*	**5**	*-4*	**1**	*1*	**1**
HR	**53**	*15*	**33**	*-5*	**7**	*-3*	**3**	*0*	**3**	*-4*	**0**	*-1*	**1**
IT	**55**	*6*	**33**	*2*	**5**	*-5*	**1**	*-1*	**1**	*-2*	**2**	*0*	**3**
CY	**51**	*-11*	**32**	*9*	**9**	*2*	**1**	*-2*	**4**	*1*	**3**	*1*	**0**
LV	**26**	*-8*	**41**	*4*	**14**	*1*	**10**	*3*	**8**	*0*	**0**	*-1*	**1**
LT	**45**	*2*	**33**	*1*	**9**	*0*	**4**	*-2*	**7**	*-1*	**0**	*-1*	**2**
LU	**40**	*-3*	**29**	*0*	**15**	*2*	**6**	*1*	**7**	*-1*	**1**	*1*	**2**
HU	**46**	*-7*	**35**	*1*	**11**	*4*	**2**	*0*	**4**	*1*	**1**	*0*	**1**
MT	**56**	*12*	**31**	*-1*	**5**	*-4*	**2**	*-2*	**3**	*-3*	**3**	*1*	**0**
NL	**44**	*2*	**36**	*2*	**10**	*1*	**3**	*-3*	**6**	*-1*	**0**	*-1*	**1**
AT	**46**	*10*	**35**	*-2*	**9**	*-5*	**5**	*-1*	**4**	*0*	**0**	*-1*	**1**
PL	**46**	*-1*	**30**	*-2*	**11**	*3*	**4**	*2*	**3**	*-2*	**1**	*0*	**5**
PT	**55**	*0*	**34**	*4*	**5**	*-1*	**1**	*-2*	**2**	*-1*	**1**	*0*	**2**
RO	**48**	*9*	**30**	*-5*	**10**	*0*	**5**	*0*	**5**	*-3*	**1**	*1*	**1**
SI	**38**	*-1*	**36**	*-4*	**13**	*3*	**5**	*1*	**6**	*1*	**0**	*-1*	**2**
SK	**39**	*-8*	**32**	*1*	**13**	*5*	**4**	*1*	**4**	*-5*	**0**	*0*	**8**
FI	**33**	*-5*	**46**	*3*	**12**	*-1*	**3**	*1*	**3**	*0*	**1**	*1*	**2**
SE	**36**	*4*	**44**	*1*	**11**	*-2*	**5**	*1*	**3**	*-5*	**1**	*1*	**0**
UK	**42**	*0*	**34**	*3*	**11**	*0*	**4**	*-1*	**8**	*-2*	**0**	*0*	**1**

QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.

(%)

	1 hour or less		1 hour to 1 hour and 30 minutes		1 hour 31 minutes to 2 hours 30 minutes		2 hours 31 minutes to 3 hours 30 minutes		3 hours 31 minutes to 4 hours 30 minutes		4 hours 31 minutes to 5 hours 30 minutes	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**4**	*0*	**4**	*-1*	**8**	*0*	**13**	*-1*	**14**	*-1*	**13**	*-1*
BE	**5**	*-1*	**4**	*0*	**6**	*0*	**11**	*-1*	**14**	*0*	**15**	*1*
BG	**3**	*1*	**2**	*0*	**4**	*-2*	**11**	*-1*	**14**	*0*	**12**	*-3*
CZ	**2**	*-2*	**4**	*1*	**5**	*0*	**11**	*-1*	**13**	*0*	**11**	*-4*
DK	**2**	*1*	**2**	*1*	**4**	*0*	**9**	*1*	**14**	*2*	**11**	*-2*
DE	**3**	*0*	**3**	*-2*	**11**	*1*	**14**	*0*	**14**	*-1*	**13**	*0*
EE	**2**	*0*	**3**	*-2*	**6**	*-2*	**12**	*0*	**15**	*0*	**13**	*0*
IE	**4**	*-1*	**6**	*0*	**10**	*1*	**15**	*0*	**15**	*-4*	**13**	*-1*
EL	**1**	*-2*	**2**	*-3*	**4**	*-4*	**12**	*-2*	**14**	*1*	**14**	*-2*
ES	**3**	*0*	**4**	*-2*	**10**	*1*	**18**	*0*	**17**	*-3*	**14**	*-3*
FR	**6**	*0*	**4**	*0*	**9**	*2*	**14**	*-2*	**16**	*1*	**13**	*0*
HR	**6**	*2*	**7**	*2*	**8**	*0*	**12**	*-1*	**13**	*-1*	**13**	*1*
IT	**4**	*-2*	**2**	*-4*	**6**	*-3*	**14**	*1*	**14**	*-2*	**14**	*0*
CY	**6**	*2*	**7**	*2*	**9**	*1*	**16**	*1*	**15**	*1*	**13**	*0*
LV	**4**	*1*	**5**	*-1*	**7**	*-2*	**14**	*0*	**18**	*4*	**11**	*-5*
LT	**3**	*-1*	**4**	*0*	**7**	*-1*	**17**	*5*	**16**	*-1*	**15**	*1*
LU	**5**	*1*	**4**	*0*	**7**	*1*	**15**	*3*	**14**	*-1*	**13**	*2*
HU	**3**	*-4*	**6**	*-1*	**12**	*1*	**13**	*-4*	**14**	*-3*	**15**	*2*
MT	**6**	*-4*	**6**	*-3*	**9**	*-2*	**12**	*-3*	**13**	*0*	**14**	*5*
NL	**1**	*0*	**0**	*-2*	**1**	*-2*	**6**	*-1*	**11**	*0*	**13**	*-1*
AT	**2**	*1*	**5**	*3*	**5**	*1*	**7**	*-3*	**12**	*-6*	**16**	*2*
PL	**8**	*3*	**5**	*-1*	**9**	*0*	**11**	*-2*	**13**	*1*	**9**	*-3*
PT	**5**	*-5*	**6**	*-3*	**12**	*-2*	**18**	*2*	**11**	*-1*	**10**	*1*
RO	**16**	*9*	**7**	*-1*	**9**	*-3*	**13**	*-2*	**10**	*-5*	**10**	*1*
SI	**6**	*0*	**3**	*-6*	**10**	*-3*	**18**	*0*	**15**	*-1*	**11**	*0*
SK	**5**	*-1*	**3**	*0*	**6**	*1*	**9**	*-3*	**12**	*-1*	**14**	*2*
FI	**4**	*2*	**4**	*2*	**6**	*1*	**13**	*3*	**17**	*4*	**12**	*-3*
SE	**0**	*0*	**2**	*-1*	**5**	*1*	**9**	*0*	**13**	*1*	**16**	*1*
UK	**5**	*1*	**5**	*1*	**8**	*0*	**14**	*0*	**13**	*0*	**13**	*-4*

QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.

(%)

	5 hours 31 minutes to 6 hours 30 minutes		6 hours 31 minutes to 7 hours 30 minutes		7 hours 31 minutes to 8 hours 30 minutes		More than 8 hours and 30 minutes		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**12**	*1*	**10**	*2*	**7**	*0*	**12**	*1*	**3**
BE	**12**	*-2*	**10**	*1*	**8**	*0*	**15**	*3*	**0**
BG	**13**	*0*	**11**	*-1*	**6**	*-2*	**14**	*4*	**10**
CZ	**12**	*0*	**10**	*2*	**8**	*1*	**21**	*1*	**3**
DK	**12**	*-2*	**11**	*-1*	**11**	*2*	**23**	*-2*	**1**
DE	**14**	*1*	**7**	*0*	**8**	*0*	**11**	*1*	**2**
EE	**11**	*0*	**11**	*2*	**11**	*3*	**14**	*-2*	**2**
IE	**10**	*-2*	**10**	*4*	**8**	*3*	**8**	*1*	**1**
EL	**14**	*1*	**13**	*5*	**6**	*-2*	**19**	*7*	**1**
ES	**13**	*3*	**8**	*1*	**6**	*3*	**7**	*1*	**0**
FR	**12**	*2*	**8**	*-1*	**6**	*-1*	**11**	*-1*	**1**
HR	**13**	*1*	**9**	*1*	**7**	*-1*	**11**	*-4*	**1**
IT	**11**	*-1*	**15**	*7*	**7**	*2*	**9**	*3*	**4**
CY	**8**	*-2*	**6**	*-4*	**7**	*-2*	**13**	*2*	**0**
LV	**11**	*1*	**7**	*-1*	**8**	*1*	**14**	*3*	**1**
LT	**11**	*-2*	**8**	*-1*	**7**	*1*	**11**	*0*	**1**
LU	**11**	*0*	**10**	*0*	**9**	*3*	**10**	*-10*	**2**
HU	**9**	*0*	**7**	*1*	**7**	*3*	**10**	*3*	**4**
MT	**10**	*2*	**7**	*0*	**8**	*1*	**14**	*5*	**1**
NL	**13**	*-1*	**12**	*-1*	**10**	*1*	**33**	*8*	**0**
AT	**16**	*2*	**16**	*4*	**8**	*1*	**9**	*-3*	**4**
PL	**10**	*1*	**8**	*2*	**9**	*2*	**10**	*0*	**8**
PT	**8**	*0*	**10**	*3*	**6**	*2*	**10**	*4*	**4**
RO	**6**	*-2*	**8**	*3*	**4**	*-2*	**12**	*3*	**5**
SI	**10**	*2*	**7**	*3*	**7**	*1*	**12**	*3*	**1**
SK	**12**	*-2*	**13**	*2*	**6**	*-2*	**11**	*-2*	**9**
FI	**13**	*-1*	**11**	*-2*	**7**	*-1*	**11**	*-5*	**2**
SE	**11**	*-2*	**12**	*-1*	**12**	*3*	**20**	*-1*	**0**
UK	**11**	*0*	**11**	*3*	**8**	*2*	**10**	*-3*	**2**

QB6R How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.

(%)

	2h30min or less		2h31min to 5h30min		5h31min to 8h30min		8h31min or more		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**16**	*-1*	**40**	*-3*	**29**	*3*	**12**	*1*	**3**
BE	**15**	*-2*	**40**	*-1*	**30**	*0*	**15**	*3*	**0**
BG	**9**	*-1*	**37**	*-4*	**30**	*-3*	**14**	*4*	**10**
CZ	**11**	*-1*	**35**	*-5*	**30**	*3*	**21**	*1*	**3**
DK	**7**	*0*	**34**	*1*	**35**	*0*	**23**	*-2*	**1**
DE	**16**	*-2*	**41**	*-1*	**29**	*1*	**12**	*2*	**2**
EE	**12**	*-3*	**40**	*-1*	**32**	*5*	**14**	*-2*	**2**
IE	**20**	*0*	**44**	*-4*	**27**	*4*	**8**	*1*	**1**
EL	**7**	*-8*	**40**	*-3*	**33**	*3*	**19**	*7*	**1**
ES	**18**	*0*	**49**	*-6*	**26**	*6*	**7**	*1*	**0**
FR	**19**	*2*	**43**	*-1*	**27**	*1*	**11**	*-1*	**0**
HR	**21**	*4*	**39**	*0*	**28**	*0*	**11**	*-4*	**1**
IT	**12**	*-9*	**42**	*0*	**33**	*8*	**9**	*3*	**4**
CY	**22**	*5*	**44**	*1*	**21**	*-8*	**13**	*2*	**0**
LV	**16**	*-3*	**44**	*0*	**25**	*0*	**14**	*3*	**1**
LT	**15**	*-1*	**48**	*5*	**25**	*-4*	**11**	*0*	**1**
LU	**16**	*2*	**42**	*4*	**30**	*3*	**10**	*-10*	**2**
HU	**21**	*-4*	**42**	*-5*	**23**	*4*	**10**	*3*	**4**
MT	**21**	*-9*	**39**	*2*	**25**	*3*	**14**	*5*	**1**
NL	**3**	*-2*	**30**	*-2*	**35**	*-2*	**32**	*7*	**0**
AT	**11**	*5*	**36**	*-6*	**40**	*6*	**9**	*-3*	**4**
PL	**22**	*1*	**33**	*-4*	**27**	*5*	**10**	*0*	**8**
PT	**23**	*-10*	**39**	*2*	**24**	*6*	**10**	*4*	**4**
RO	**31**	*4*	**33**	*-7*	**19**	*1*	**12**	*3*	**5**
SI	**19**	*-9*	**44**	*-2*	**24**	*7*	**12**	*3*	**1**
SK	**14**	*-1*	**36**	*-1*	**31**	*-1*	**10**	*-3*	**9**
FI	**13**	*4*	**43**	*5*	**32**	*-3*	**11**	*-5*	**1**
SE	**7**	*0*	**38**	*2*	**35**	*1*	**20**	*-1*	**0**
UK	**18**	*2*	**41**	*-4*	**29**	*5*	**10**	*-3*	**2**

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

(%)

(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	At a health or fitness centre		At a sport club		At a sport centre		At school or university		At work		At home		On the way between home and school, work or shops		In a park, outdoors, etc.		Elsewhere (SPONTANEOUS)		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**15**	*0*	**13**	*0*	**12**	*4*	**5**	*0*	**13**	*0*	**32**	*-4*	**23**	*-2*	**40**	*0*	**5**	*1*	**2**
BE	**10**	*-1*	**14**	*-3*	**11**	*2*	**5**	*-1*	**15**	*2*	**34**	*-4*	**25**	*-4*	**42**	*10*	**3**	*-2*	**1**
BG	**14**	*2*	**5**	*0*	**4**	*0*	**6**	*0*	**15**	*5*	**49**	*-3*	**20**	*-1*	**26**	*1*	**7**	*2*	**3**
CZ	**15**	*-2*	**10**	*-1*	**13**	*2*	**4**	*-1*	**16**	*-3*	**37**	*-9*	**22**	*-3*	**41**	*-1*	**2**	*1*	**1**
DK	**26**	*0*	**18**	*-4*	**13**	*6*	**6**	*-1*	**18**	*0*	**27**	*-12*	**24**	*-5*	**44**	*-6*	**5**	*2*	**1**
DE	**14**	*-2*	**21**	*0*	**9**	*4*	**4**	*0*	**18**	*3*	**41**	*-5*	**29**	*2*	**39**	*-3*	**4**	*2*	**2**
EE	**13**	*1*	**16**	*2*	**11**	*4*	**7**	*0*	**26**	*6*	**48**	*7*	**25**	*1*	**51**	*4*	**4**	*1*	**1**
IE	**20**	*4*	**15**	*-3*	**13**	*6*	**7**	*2*	**7**	*0*	**24**	*-3*	**15**	*1*	**47**	*3*	**3**	*-3*	**2**
EL	**22**	*2*	**5**	*-3*	**5**	*0*	**5**	*2*	**13**	*3*	**37**	*6*	**42**	*1*	**32**	*-1*	**2**	*-2*	**0**
ES	**18**	*-1*	**10**	*1*	**10**	*-1*	**2**	*0*	**4**	*-2*	**16**	*2*	**23**	*-8*	**53**	*2*	**4**	*0*	**1**
FR	**5**	*0*	**18**	*1*	**8**	*1*	**4**	*-1*	**13**	*-3*	**20**	*-7*	**15**	*-1*	**40**	*-2*	**8**	*3*	**4**
HR	**7**	*-2*	**5**	*-3*	**8**	*1*	**4**	*1*	**13**	*3*	**50**	*6*	**30**	*7*	**27**	*-3*	**3**	*-1*	**2**
IT	**15**	*0*	**6**	*-1*	**27**	*8*	**3**	*-1*	**4**	*0*	**16**	*3*	**19**	*-4*	**35**	*-1*	**6**	*1*	**1**
CY	**21**	*-1*	**5**	*0*	**8**	*4*	**5**	*-2*	**11**	*0*	**32**	*-4*	**22**	*-8*	**25**	*-8*	**5**	*0*	**0**
LV	**6**	*0*	**6**	*0*	**8**	*0*	**5**	*-3*	**26**	*0*	**54**	*5*	**31**	*-3*	**44**	*2*	**3**	*2*	**1**
LT	**3**	*1*	**10**	*-2*	**5**	*2*	**7**	*-1*	**22**	*3*	**59**	*-4*	**23**	*-6*	**33**	*5*	**5**	*0*	**1**
LU	**13**	*-1*	**15**	*-1*	**15**	*6*	**8**	*1*	**15**	*4*	**39**	*4*	**21**	*10*	**48**	*12*	**2**	*-2*	**2**
HU	**9**	*3*	**5**	*0*	**6**	*3*	**4**	*-1*	**19**	*6*	**59**	*8*	**29**	*0*	**17**	*1*	**3**	*0*	**1**
MT	**7**	*-5*	**17**	*6*	**7**	*-2*	**5**	*0*	**7**	*0*	**26**	*7*	**31**	*-5*	**26**	*-3*	**3**	*-4*	**2**
NL	**16**	*-2*	**24**	*1*	**16**	*6*	**5**	*-1*	**16**	*3*	**31**	*-4*	**39**	*10*	**41**	*4*	**6**	*1*	**0**
AT	**21**	*2*	**13**	*1*	**9**	*4*	**6**	*1*	**12**	*2*	**41**	*-2*	**26**	*-4*	**54**	*0*	**5**	*-4*	**3**
PL	**11**	*2*	**7**	*2*	**15**	*9*	**7**	*0*	**8**	*1*	**36**	*-1*	**21**	*-3*	**42**	*7*	**4**	*1*	**2**
PT	**27**	*10*	**7**	*0*	**5**	*2*	**6**	*2*	**12**	*7*	**17**	*3*	**17**	*-8*	**43**	*-1*	**5**	*0*	**1**
RO	**9**	*3*	**4**	*1*	**3**	*1*	**7**	*1*	**13**	*4*	**60**	*7*	**25**	*1*	**17**	*-2*	**9**	*5*	**3**
SI	**6**	*0*	**12**	*3*	**13**	*5*	**5**	*1*	**12**	*3*	**49**	*-5*	**16**	*-8*	**51**	*-9*	**4**	*0*	**0**
SK	**14**	*1*	**5**	*-3*	**8**	*3*	**4**	*-3*	**12**	*-6*	**62**	*8*	**31**	*-5*	**41**	*5*	**8**	*5*	**3**
FI	**25**	*-2*	**9**	*2*	**19**	*7*	**4**	*-1*	**10**	*-5*	**44**	*1*	**29**	*-18*	**67**	*-5*	**3**	*-2*	**2**
SE	**44**	*4*	**9**	*-3*	**10**	*4*	**1**	*-5*	**13**	*-3*	**34**	*-12*	**32**	*-6*	**52**	*-3*	**3**	*0*	**0**
UK	**18**	*-3*	**11**	*0*	**12**	*3*	**6**	*2*	**16**	*-2*	**30**	*-10*	**11**	*-11*	**34**	*-4*	**5**	*-1*	**3**

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)
(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	To improve your health		To improve your physical appearance		To counteract the effects of ageing		To have fun		To relax		To be with friends	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**54**	*-8*	**20**	*-3*	**14**	*-2*	**30**	*0*	**38**	*2*	**19**	*-1*
BE	**50**	*-3*	**16**	*0*	**16**	*2*	**37**	*1*	**48**	*-5*	**19**	*-3*
BG	**31**	*-3*	**21**	*2*	**15**	*9*	**16**	*0*	**24**	*1*	**14**	*2*
CZ	**45**	*-5*	**23**	*-3*	**16**	*2*	**33**	*-6*	**21**	*-3*	**23**	*-1*
DK	**74**	*-2*	**21**	*-7*	**24**	*0*	**38**	*-4*	**29**	*-2*	**29**	*-2*
DE	**59**	*-12*	**19**	*-4*	**18**	*-4*	**42**	*2*	**42**	*3*	**23**	*0*
EE	**61**	*6*	**19**	*0*	**19**	*6*	**27**	*-1*	**36**	*-6*	**19**	*-1*
IE	**58**	*-13*	**24**	*3*	**11**	*1*	**29**	*3*	**36**	*-1*	**27**	*4*
EL	**48**	*-8*	**17**	*-4*	**9**	*2*	**21**	*-3*	**26**	*-14*	**13**	*-4*
ES	**59**	*-14*	**31**	*2*	**10**	*-1*	**25**	*-1*	**34**	*-1*	**15**	*-1*
FR	**50**	*-5*	**17**	*-1*	**12**	*0*	**21**	*-2*	**54**	*12*	**19**	*-3*
HR	**40**	*-21*	**17**	*-6*	**15**	*4*	**17**	*-5*	**36**	*-2*	**15**	*-1*
IT	**43**	*-12*	**33**	*0*	**15**	*-9*	**19**	*0*	**36**	*-8*	**19**	*1*
CY	**70**	*-3*	**21**	*-3*	**8**	*-1*	**11**	*-8*	**52**	*9*	**12**	*-2*
LV	**64**	*2*	**27**	*-6*	**15**	*1*	**21**	*1*	**40**	*7*	**20**	*2*
LT	**46**	*-7*	**19**	*-2*	**12**	*0*	**42**	*0*	**26**	*-1*	**10**	*-1*
LU	**65**	*0*	**27**	*5*	**15**	*-2*	**29**	*3*	**47**	*8*	**24**	*2*
HU	**42**	*3*	**24**	*0*	**15**	*3*	**11**	*2*	**28**	*3*	**13**	*2*
MT	**57**	*-13*	**19**	*-14*	**7**	*-7*	**32**	*2*	**42**	*1*	**19**	*1*
NL	**63**	*2*	**13**	*-1*	**23**	*9*	**65**	*9*	**63**	*7*	**22**	*1*
AT	**56**	*-7*	**26**	*-5*	**24**	*2*	**44**	*5*	**36**	*0*	**30**	*-5*
PL	**51**	*-8*	**21**	*-1*	**6**	*0*	**25**	*1*	**21**	*5*	**10**	*1*
PT	**51**	*-16*	**22**	*-6*	**11**	*-3*	**24**	*6*	**38**	*6*	**24**	*9*
RO	**35**	*-12*	**16**	*0*	**15**	*1*	**17**	*10*	**35**	*11*	**13**	*6*
SI	**70**	*-6*	**19**	*0*	**10**	*0*	**24**	*1*	**64**	*4*	**33**	*1*
SK	**50**	*-2*	**25**	*-3*	**11**	*-1*	**16**	*-2*	**18**	*2*	**26**	*4*
FI	**64**	*-5*	**19**	*-1*	**35**	*4*	**26**	*5*	**50**	*2*	**26**	*0*
SE	**83**	*2*	**23**	*3*	**36**	*5*	**46**	*2*	**48**	*4*	**21**	*-4*
UK	**54**	*-11*	**12**	*-8*	**7**	*-5*	**30**	*-6*	**25**	*-6*	**17**	*-5*

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)
(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	To make new acquaintances		To meet people from other cultures		To improve physical performance		To improve fitness		To control your weight		To improve your self-esteem	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**6**	*1*	**2**	*0*	**28**	*4*	**47**	*7*	**23**	*-1*	**12**	*2*
BE	**7**	*1*	**3**	*1*	**21**	*6*	**46**	*1*	**28**	*6*	**10**	*3*
BG	**3**	*2*	**3**	*2*	**10**	*7*	**22**	*10*	**22**	*3*	**15**	*2*
CZ	**6**	*1*	**2**	*1*	**21**	*7*	**41**	*4*	**18**	*-2*	**7**	*0*
DK	**10**	*-1*	**2**	*0*	**30**	*-3*	**58**	*-2*	**36**	*-7*	**28**	*-1*
DE	**6**	*1*	**2**	*-1*	**39**	*1*	**47**	*4*	**18**	*-9*	**14**	*-1*
EE	**5**	*1*	**1**	*-1*	**20**	*7*	**51**	*10*	**30**	*1*	**20**	*2*
IE	**10**	*6*	**7**	*5*	**27**	*10*	**61**	*14*	**35**	*5*	**22**	*12*
EL	**2**	*0*	**0**	*-1*	**22**	*7*	**57**	*8*	**28**	*9*	**13**	*6*
ES	**5**	*1*	**2**	*0*	**37**	*11*	**38**	*15*	**22**	*3*	**10**	*4*
FR	**6**	*0*	**4**	*0*	**15**	*3*	**57**	*3*	**23**	*-2*	**11**	*5*
HR	**6**	*2*	**1**	*0*	**24**	*7*	**34**	*4*	**19**	*3*	**5**	*0*
IT	**6**	*2*	**1**	*-3*	**19**	*7*	**42**	*15*	**23**	*6*	**6**	*-2*
CY	**4**	*2*	**2**	*0*	**19**	*4*	**49**	*1*	**39**	*5*	**15**	*7*
LV	**9**	*4*	**4**	*2*	**25**	*11*	**48**	*10*	**19**	*4*	**18**	*7*
LT	**3**	*1*	**2**	*1*	**30**	*12*	**42**	*19*	**17**	*5*	**6**	*2*
LU	**8**	*2*	**4**	*0*	**32**	*10*	**57**	*8*	**29**	*-3*	**15**	*1*
HU	**3**	*1*	**1**	*0*	**32**	*5*	**37**	*6*	**16**	*8*	**8**	*0*
MT	**7**	*1*	**4**	*2*	**20**	*-3*	**40**	*5*	**34**	*-7*	**18**	*6*
NL	**9**	*0*	**1**	*0*	**28**	*6*	**64**	*10*	**42**	*4*	**10**	*3*
AT	**11**	*3*	**4**	*1*	**35**	*-7*	**45**	*5*	**32**	*-2*	**18**	*0*
PL	**2**	*-1*	**1**	*0*	**44**	*9*	**42**	*13*	**13**	*3*	**13**	*6*
PT	**5**	*3*	**2**	*1*	**31**	*15*	**36**	*22*	**21**	*3*	**15**	*3*
RO	**7**	*6*	**2**	*2*	**12**	*6*	**20**	*8*	**21**	*8*	**7**	*1*
SI	**8**	*2*	**4**	*2*	**39**	*-3*	**36**	*4*	**21**	*-3*	**15**	*0*
SK	**8**	*3*	**1**	*0*	**28**	*7*	**40**	*1*	**25**	*7*	**14**	*4*
FI	**7**	*-2*	**1**	*-2*	**41**	*3*	**67**	*6*	**34**	*-2*	**16**	*4*
SE	**9**	*0*	**2**	*-2*	**53**	*5*	**72**	*1*	**39**	*-4*	**21**	*0*
UK	**4**	*-2*	**2**	*-1*	**16**	*-6*	**49**	*0*	**23**	*-11*	**13**	*-1*

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)
(%)
(IF 'PRACTICES A SPORT OR A PHYSICAL ACTIVITY', CODE 1 TO 5 IN QB1 OR QB2)

	To develop new skills		For the spirit of competition		To better integrate into society		Other (SPONTANEOUS)		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**7**	*1*	**5**	*0*	**4**	*1*	**8**	*0*	**3**
BE	**6**	*1*	**5**	*-1*	**3**	*0*	**6**	*0*	**1**
BG	**7**	*4*	**6**	*2*	**3**	*1*	**20**	*-7*	**7**
CZ	**5**	*2*	**5**	*0*	**4**	*1*	**9**	*3*	**2**
DK	**11**	*-2*	**8**	*-5*	**2**	*0*	**11**	*5*	**3**
DE	**7**	*0*	**4**	*-1*	**4**	*0*	**7**	*2*	**4**
EE	**10**	*-1*	**6**	*-1*	**2**	*0*	**14**	*4*	**3**
IE	**13**	*7*	**12**	*6*	**8**	*6*	**3**	*-2*	**2**
EL	**5**	*1*	**3**	*0*	**3**	*0*	**12**	*5*	**1**
ES	**5**	*-1*	**5**	*2*	**2**	*0*	**7**	*3*	**1**
FR	**5**	*-1*	**6**	*-1*	**3**	*0*	**9**	*-1*	**4**
HR	**5**	*1*	**5**	*1*	**2**	*0*	**13**	*3*	**3**
IT	**4**	*1*	**3**	*1*	**3**	*1*	**6**	*1*	**2**
CY	**10**	*4*	**4**	*2*	**2**	*0*	**11**	*8*	**0**
LV	**12**	*2*	**9**	*1*	**6**	*1*	**14**	*14*	**2**
LT	**3**	*0*	**1**	*-1*	**2**	*0*	**13**	*-5*	**3**
LU	**8**	*1*	**8**	*0*	**3**	*-2*	**10**	*1*	**1**
HU	**6**	*3*	**4**	*1*	**3**	*2*	**12**	*-2*	**2**
MT	**10**	*1*	**9**	*-1*	**4**	*-2*	**7**	*4*	**2**
NL	**10**	*3*	**10**	*2*	**2**	*0*	**7**	*-4*	**1**
AT	**11**	*2*	**7**	*-1*	**7**	*3*	**7**	*-1*	**3**
PL	**6**	*3*	**6**	*2*	**3**	*1*	**5**	*1*	**7**
PT	**6**	*0*	**5**	*3*	**4**	*1*	**9**	*2*	**3**
RO	**5**	*2*	**4**	*2*	**8**	*4*	**20**	*-1*	**5**
SI	**11**	*1*	**7**	*0*	**3**	*-1*	**7**	*-3*	**1**
SK	**5**	*1*	**4**	*-1*	**5**	*1*	**13**	*5*	**3**
FI	**12**	*2*	**10**	*4*	**3**	*0*	**5**	*-3*	**3**
SE	**14**	*-1*	**10**	*-3*	**2**	*-1*	**4**	*-2*	**1**
UK	**7**	*-2*	**4**	*-3*	**4**	*-1*	**10**	*-2*	**3**

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

(%)

	You do not have the time		It is too expensive		You do not like competitive activities		There is no suitable or accessible sport infrastructure close to where you live		You have a disability or illness		You do not have friends to do sports with	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**40**	*-2*	**7**	*-3*	**6**	*0*	**3**	*-1*	**14**	*1*	**3**	*-1*
BE	**41**	*2*	**12**	*2*	**10**	*2*	**3**	*0*	**16**	*1*	**6**	*2*
BG	**41**	*2*	**6**	*-3*	**8**	*2*	**5**	*-2*	**19**	*7*	**4**	*0*
CZ	**50**	*-2*	**9**	*-5*	**6**	*0*	**4**	*-3*	**18**	*2*	**6**	*-1*
DK	**42**	*-6*	**4**	*-4*	**3**	*-2*	**1**	*-2*	**19**	*-1*	**3**	*0*
DE	**30**	*-8*	**5**	*-2*	**4**	*-2*	**2**	*-1*	**13**	*0*	**3**	*-1*
EE	**33**	*-9*	**10**	*-3*	**5**	*0*	**5**	*-1*	**24**	*7*	**4**	*1*
IE	**45**	*1*	**6**	*-1*	**4**	*-2*	**3**	*1*	**11**	*0*	**3**	*1*
EL	**40**	*-6*	**9**	*-3*	**5**	*0*	**5**	*-1*	**13**	*4*	**8**	*3*
ES	**47**	*2*	**4**	*-5*	**5**	*1*	**2**	*1*	**13**	*4*	**1**	*0*
FR	**40**	*-2*	**11**	*1*	**8**	*-1*	**2**	*-1*	**16**	*1*	**5**	*1*
HR	**44**	*0*	**13**	*-1*	**8**	*5*	**5**	*-3*	**12**	*-1*	**5**	*1*
IT	**40**	*0*	**9**	*-6*	**11**	*-2*	**4**	*0*	**7**	*3*	**3**	*0*
CY	**57**	*8*	**13**	*-5*	**2**	*0*	**5**	*0*	**12**	*1*	**3**	*1*
LV	**41**	*-6*	**7**	*-4*	**5**	*-1*	**5**	*-1*	**21**	*9*	**4**	*1*
LT	**40**	*-2*	**12**	*-5*	**3**	*0*	**7**	*-2*	**18**	*5*	**3**	*-1*
LU	**46**	*-4*	**4**	*-1*	**4**	*0*	**1**	*-2*	**8**	*-6*	**3**	*-1*
HU	**45**	*2*	**11**	*-2*	**11**	*1*	**5**	*-1*	**18**	*1*	**4**	*-1*
MT	**51**	*-5*	**2**	*1*	**4**	*-8*	**1**	*-1*	**12**	*3*	**3**	*1*
NL	**38**	*9*	**7**	*-1*	**6**	*1*	**1**	*0*	**14**	*1*	**1**	*0*
AT	**38**	*7*	**8**	*-1*	**4**	*-4*	**3**	*0*	**15**	*5*	**6**	*1*
PL	**46**	*0*	**5**	*-5*	**3**	*1*	**3**	*-2*	**14**	*0*	**3**	*-1*
PT	**43**	*10*	**13**	*-6*	**8**	*1*	**2**	*-2*	**10**	*-1*	**1**	*-3*
RO	**50**	*-3*	**8**	*-1*	**7**	*3*	**13**	*3*	**12**	*2*	**5**	*3*
SI	**48**	*3*	**11**	*-3*	**7**	*3*	**2**	*-2*	**13**	*-1*	**2**	*-1*
SK	**38**	*-10*	**10**	*-2*	**5**	*-1*	**5**	*-3*	**12**	*0*	**5**	*-2*
FI	**29**	*-3*	**7**	*1*	**5**	*-2*	**3**	*-2*	**21**	*-3*	**4**	*-2*
SE	**43**	*-7*	**6**	*0*	**6**	*1*	**3**	*-3*	**20**	*2*	**4**	*1*
UK	**36**	*-6*	**7**	*-4*	**2**	*-1*	**1**	*-3*	**17**	*-4*	**1**	*-2*

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

(%)

	You feel discriminated against by other participants		You lack motivation or are not interested		You are afraid of the risk of injuries		You are already doing sports regularly (SPONTANEOUS)		Other (SPONTANEOUS)		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**1**	*0*	**20**	*0*	**5**	*0*	**17**	*3*	**7**	*1*	**3**
BE	**2**	*1*	**21**	*2*	**11**	*5*	**10**	*-4*	**7**	*-2*	**0**
BG	**1**	*1*	**28**	*2*	**5**	*-1*	**4**	*-4*	**7**	*-1*	**4**
CZ	**1**	*0*	**22**	*-1*	**9**	*0*	**6**	*-3*	**5**	*3*	**1**
DK	**0**	*0*	**23**	*-6*	**6**	*-1*	**15**	*7*	**11**	*7*	**1**
DE	**0**	*0*	**21**	*-2*	**4**	*0*	**33**	*10*	**5**	*1*	**4**
EE	**0**	*0*	**13**	*-2*	**4**	*1*	**16**	*5*	**10**	*4*	**2**
IE	**1**	*1*	**15**	*4*	**9**	*2*	**19**	*2*	**4**	*-3*	**3**
EL	**1**	*1*	**30**	*3*	**7**	*3*	**12**	*-1*	**8**	*4*	**0**
ES	**0**	*-1*	**21**	*-3*	**5**	*0*	**16**	*2*	**5**	*-1*	**1**
FR	**0**	*0*	**20**	*-4*	**5**	*-1*	**13**	*2*	**7**	*-2*	**1**
HR	**0**	*-1*	**28**	*6*	**11**	*3*	**8**	*-1*	**6**	*0*	**2**
IT	**0**	*-1*	**23**	*5*	**6**	*3*	**16**	*4*	**7**	*1*	**2**
CY	**0**	*0*	**15**	*-5*	**5**	*1*	**12**	*-3*	**6**	*2*	**0**
LV	**0**	*0*	**19**	*0*	**3**	*1*	**9**	*-4*	**10**	*9*	**1**
LT	**0**	*-1*	**22**	*2*	**4**	*2*	**9**	*4*	**9**	*-1*	**2**
LU	**0**	*-1*	**17**	*-6*	**4**	*0*	**19**	*7*	**10**	*3*	**0**
HU	**1**	*0*	**20**	*2*	**5**	*-2*	**9**	*1*	**3**	*-4*	**1**
MT	**0**	*0*	**21**	*-7*	**9**	*1*	**10**	*0*	**8**	*3*	**1**
NL	**0**	*0*	**23**	*8*	**5**	*1*	**21**	*-12*	**8**	*-1*	**2**
AT	**2**	*1*	**27**	*1*	**7**	*-1*	**23**	*-9*	**8**	*4*	**2**
PL	**1**	*0*	**19**	*0*	**8**	*1*	**8**	*0*	**6**	*3*	**8**
PT	**0**	*-1*	**33**	*7*	**3**	*-1*	**16**	*1*	**5**	*2*	**1**
RO	**2**	*1*	**18**	*5*	**3**	*2*	**9**	*2*	**9**	*-4*	**2**
SI	**0**	*0*	**19**	*5*	**7**	*1*	**16**	*3*	**5**	*-4*	**1**
SK	**0**	*-1*	**15**	*-8*	**8**	*-2*	**21**	*10*	**7**	*4*	**4**
FI	**1**	*0*	**16**	*-1*	**4**	*-2*	**29**	*12*	**6**	*-3*	**2**
SE	**0**	*0*	**29**	*2*	**4**	*-1*	**14**	*3*	**5**	*-2*	**2**
UK	**0**	*0*	**12**	*-2*	**3**	*-2*	**17**	*6*	**10**	*1*	**4**

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)

(%)

	Health or fitness centre		Sport club		Socio-cultural club that includes sport in its activities (e.g. employees' club, youth club, school- and university-related club)		Other (SPONTANEOUS)		No, not a member of any club (SPONTANEOUS)		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**11**	*0*	**12**	*0*	**3**	*0*	**7**	*6*	**69**	*-5*	**1**
BE	**10**	*-1*	**16**	*0*	**5**	*0*	**3**	*1*	**67**	*-1*	**0**
BG	**5**	*3*	**2**	*0*	**2**	*1*	**6**	*6*	**84**	*-10*	**2**
CZ	**10**	*-2*	**8**	*-3*	**4**	*1*	**18**	*17*	**61**	*-14*	**1**
DK	**24**	*-1*	**23**	*-2*	**8**	*-1*	**6**	*5*	**46**	*-1*	**1**
DE	**11**	*-3*	**23**	*-1*	**4**	*0*	**1**	*1*	**63**	*3*	**1**
EE	**4**	*0*	**13**	*1*	**2**	*-1*	**5**	*4*	**77**	*8*	**2**
IE	**18**	*3*	**16**	*-3*	**7**	*3*	**12**	*10*	**52**	*-13*	**1**
EL	**11**	*0*	**5**	*0*	**2**	*1*	**3**	*2*	**81**	*-2*	**0**
ES	**10**	*0*	**7**	*0*	**2**	*-1*	**5**	*4*	**77**	*-2*	**0**
FR	**5**	*1*	**13**	*-3*	**5**	*1*	**9**	*8*	**67**	*-7*	**1**
HR	**6**	*-1*	**5**	*-5*	**2**	*-1*	**8**	*7*	**79**	*0*	**0**
IT	**7**	*1*	**5**	*-2*	**2**	*-1*	**13**	*11*	**72**	*-8*	**1**
CY	**13**	*4*	**4**	*-2*	**2**	*1*	**6**	*5*	**75**	*-9*	**0**
LV	**4**	*1*	**5**	*-1*	**2**	*0*	**4**	*4*	**85**	*-4*	**2**
LT	**2**	*1*	**7**	*-1*	**2**	*0*	**18**	*14*	**68**	*-10*	**4**
LU	**12**	*-1*	**18**	*-3*	**6**	*1*	**16**	*14*	**52**	*-13*	**1**
HU	**8**	*4*	**4**	*-1*	**3**	*0*	**7**	*7*	**78**	*-11*	**1**
MT	**7**	*0*	**9**	*3*	**1**	*-1*	**13**	*12*	**71**	*-14*	**1**
NL	**22**	*3*	**27**	*0*	**3**	*0*	**7**	*4*	**47**	*-7*	**0**
AT	**16**	*0*	**13**	*0*	**5**	*2*	**4**	*2*	**67**	*-3*	**0**
PL	**7**	*1*	**6**	*3*	**2**	*1*	**10**	*8*	**74**	*-13*	**2**
PT	**10**	*4*	**4**	*0*	**1**	*-1*	**2**	*2*	**83**	*-5*	**1**
RO	**5**	*1*	**2**	*1*	**1**	*0*	**19**	*18*	**71**	*-17*	**2**
SI	**6**	*1*	**12**	*0*	**6**	*3*	**13**	*8*	**65**	*-11*	**0**
SK	**9**	*0*	**4**	*-3*	**2**	*-1*	**11**	*10*	**73**	*-7*	**2**
FI	**14**	*1*	**13**	*1*	**6**	*-1*	**5**	*4*	**63**	*-7*	**2**
SE	**41**	*8*	**16**	*-6*	**8**	*0*	**4**	*2*	**40**	*-7*	**0**
UK	**17**	*-1*	**11**	*0*	**2**	*0*	**1**	*-1*	**70**	*1*	**2**

QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity?
The area where you live offers you many opportunities to be physically active (%)

	Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**31**	*-8*	**43**	*6*	**13**	*0*	**6**	*-1*	**7**	**74**	*-2*	**19**	*-1*
BE	**26**	*-18*	**55**	*12*	**13**	*4*	**3**	*1*	**3**	**81**	*-6*	**16**	*5*
BG	**9**	*-2*	**21**	*0*	**21**	*-1*	**30**	*-1*	**19**	**30**	*-2*	**51**	*-2*
CZ	**20**	*-4*	**52**	*3*	**17**	*-2*	**5**	*1*	**6**	**72**	*-1*	**22**	*-1*
DK	**64**	*-6*	**27**	*5*	**4**	*-1*	**2**	*0*	**3**	**91**	*-1*	**6**	*-1*
DE	**49**	*-7*	**38**	*5*	**8**	*1*	**2**	*0*	**3**	**87**	*-2*	**10**	*1*
EE	**38**	*-9*	**43**	*12*	**9**	*-3*	**4**	*-4*	**6**	**81**	*3*	**13**	*-7*
IE	**33**	*-14*	**50**	*19*	**8**	*-3*	**4**	*-3*	**5**	**83**	*5*	**12**	*-6*
EL	**15**	*-3*	**49**	*7*	**24**	*0*	**9**	*-4*	**3**	**64**	*4*	**33**	*-4*
ES	**30**	*-7*	**44**	*6*	**15**	*1*	**7**	*1*	**4**	**74**	*-1*	**22**	*2*
FR	**43**	*-16*	**44**	*14*	**6**	*1*	**2**	*-1*	**5**	**87**	*-2*	**8**	*0*
HR	**12**	*-17*	**44**	*4*	**24**	*7*	**11**	*1*	**9**	**56**	*-13*	**35**	*8*
IT	**12**	*-4*	**46**	*-7*	**20**	*3*	**11**	*2*	**11**	**58**	*-11*	**31**	*5*
CY	**23**	*-21*	**39**	*9*	**20**	*6*	**13**	*5*	**5**	**62**	*-12*	**33**	*11*
LV	**29**	*2*	**36**	*-8*	**15**	*-2*	**11**	*3*	**9**	**65**	*-6*	**26**	*1*
LT	**25**	*-10*	**45**	*3*	**15**	*3*	**7**	*1*	**8**	**70**	*-7*	**22**	*4*
LU	**46**	*0*	**37**	*-4*	**8**	*1*	**2**	*0*	**7**	**83**	*-4*	**10**	*1*
HU	**25**	*4*	**40**	*3*	**19**	*-4*	**8**	*-3*	**8**	**65**	*7*	**27**	*-7*
MT	**6**	*-17*	**41**	*5*	**22**	*3*	**14**	*0*	**17**	**47**	*-12*	**36**	*3*
NL	**66**	*-11*	**28**	*10*	**4**	*1*	**1**	*0*	**1**	**94**	*-1*	**5**	*1*
AT	**41**	*-5*	**41**	*-1*	**10**	*2*	**4**	*2*	**4**	**82**	*-6*	**14**	*4*
PL	**19**	*-2*	**49**	*0*	**15**	*-1*	**7**	*0*	**10**	**68**	*-2*	**22**	*-1*
PT	**16**	*1*	**51**	*4*	**21**	*3*	**4**	*-8*	**8**	**67**	*5*	**25**	*-5*
RO	**12**	*-4*	**34**	*8*	**21**	*1*	**22**	*-5*	**11**	**46**	*4*	**43**	*-4*
SI	**38**	*-10*	**45**	*9*	**13**	*3*	**3**	*0*	**1**	**83**	*-1*	**16**	*3*
SK	**20**	*8*	**44**	*0*	**17**	*-10*	**6**	*-6*	**13**	**64**	*8*	**23**	*-16*
FI	**41**	*-7*	**40**	*3*	**11**	*1*	**4**	*2*	**4**	**81**	*-4*	**15**	*3*
SE	**61**	*-4*	**27**	*2*	**7**	*1*	**4**	*1*	**1**	**88**	*-2*	**11**	*2*
UK	**25**	*-19*	**48**	*16*	**15**	*-1*	**4**	*-1*	**8**	**73**	*-3*	**19**	*-2*

QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity?
Local sport clubs and other local providers offer many opportunities to be physically active (%)

	Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**29**	*-7*	**44**	*6*	**13**	*1*	**5**	*-2*	**9**	**73**	*-1*	**18**	*-1*
BE	**25**	*-19*	**60**	*17*	**11**	*3*	**1**	*-1*	**3**	**85**	*-2*	**12**	*2*
BG	**10**	*2*	**23**	*1*	**19**	*-3*	**22**	*-6*	**26**	**33**	*3*	**41**	*-9*
CZ	**18**	*-5*	**51**	*5*	**17**	*-4*	**5**	*0*	**9**	**69**	*0*	**22**	*-4*
DK	**61**	*-4*	**29**	*3*	**4**	*-1*	**1**	*0*	**5**	**90**	*-1*	**5**	*-1*
DE	**47**	*-6*	**38**	*3*	**8**	*2*	**2**	*0*	**5**	**85**	*-3*	**10**	*2*
EE	**35**	*-8*	**44**	*14*	**8**	*-4*	**3**	*-6*	**10**	**79**	*6*	**11**	*-10*
IE	**32**	*-15*	**52**	*15*	**7**	*-1*	**2**	*-2*	**7**	**84**	*0*	**9**	*-3*
EL	**12**	*-4*	**46**	*8*	**24**	*-5*	**10**	*-2*	**8**	**58**	*4*	**34**	*-7*
ES	**32**	*-3*	**46**	*4*	**10**	*-1*	**4**	*-1*	**8**	**78**	*1*	**14**	*-2*
FR	**38**	*-17*	**47**	*14*	**6**	*1*	**1**	*-1*	**8**	**85**	*-3*	**7**	*0*
HR	**9**	*-13*	**43**	*2*	**25**	*5*	**12**	*2*	**11**	**52**	*-11*	**37**	*7*
IT	**11**	*-4*	**45**	*-6*	**20**	*2*	**10**	*1*	**14**	**56**	*-10*	**30**	*3*
CY	**18**	*-15*	**40**	*12*	**19**	*0*	**14**	*4*	**9**	**58**	*-3*	**33**	*4*
LV	**29**	*3*	**41**	*-3*	**10**	*-6*	**7**	*-1*	**13**	**70**	*0*	**17**	*-7*
LT	**21**	*-4*	**41**	*3*	**14**	*1*	**11**	*-2*	**13**	**62**	*-1*	**25**	*-1*
LU	**46**	*1*	**37**	*-4*	**7**	*-1*	**1**	*-1*	**9**	**83**	*-3*	**8**	*-2*
HU	**25**	*5*	**38**	*-1*	**18**	*-3*	**10**	*-2*	**9**	**63**	*4*	**28**	*-5*
MT	**12**	*-9*	**53**	*15*	**13**	*-3*	**3**	*-5*	**19**	**65**	*6*	**16**	*-8*
NL	**60**	*-15*	**34**	*15*	**3**	*0*	**1**	*0*	**2**	**94**	*0*	**4**	*0*
AT	**35**	*-1*	**43**	*-2*	**12**	*2*	**4**	*-1*	**6**	**78**	*-3*	**16**	*1*
PL	**16**	*-1*	**47**	*5*	**16**	*-1*	**8**	*-2*	**13**	**63**	*4*	**24**	*-3*
PT	**13**	*0*	**50**	*7*	**24**	*1*	**3**	*-8*	**10**	**63**	*7*	**27**	*-7*
RO	**12**	*-2*	**31**	*11*	**24**	*3*	**21**	*-8*	**12**	**43**	*9*	**45**	*-5*
SI	**31**	*-7*	**48**	*10*	**14**	*-1*	**4**	*0*	**3**	**79**	*3*	**18**	*-1*
SK	**16**	*6*	**46**	*8*	**15**	*-16*	**6**	*-7*	**17**	**62**	*14*	**21**	*-23*
FI	**39**	*-4*	**44**	*8*	**7**	*-4*	**2**	*0*	**8**	**83**	*4*	**9**	*-4*
SE	**63**	*0*	**28**	*6*	**3**	*-4*	**2**	*-1*	**4**	**91**	*6*	**5**	*-5*
UK	**25**	*-17*	**51**	*13*	**12**	*2*	**2**	*-2*	**10**	**76**	*-4*	**14**	*0*

QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity?
Your local authority does not do enough for its citizens in relation to physical activities (%)

	Totally agree		Tend to agree		Tend to disagree		Totally disagree		Don't know	Total 'Agree'		Total 'Disagree'	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**10**	*-3*	**29**	*3*	**29**	*-3*	**20**	*0*	**12**	**39**	*0*	**49**	*-3*
BE	**7**	*-5*	**35**	*9*	**33**	*-7*	**20**	*2*	**5**	**42**	*4*	**53**	*-5*
BG	**17**	*-6*	**27**	*1*	**17**	*0*	**13**	*-1*	**26**	**44**	*-5*	**30**	*-1*
CZ	**7**	*-2*	**33**	*-2*	**36**	*0*	**11**	*-1*	**13**	**40**	*-4*	**47**	*-1*
DK	**10**	*5*	**17**	*3*	**27**	*-11*	**37**	*-2*	**9**	**27**	*8*	**64**	*-13*
DE	**6**	*-1*	**15**	*0*	**32**	*-4*	**39**	*4*	**8**	**21**	*-1*	**71**	*0*
EE	**9**	*-2*	**22**	*2*	**34**	*-3*	**21**	*-3*	**14**	**31**	*0*	**55**	*-6*
IE	**16**	*-3*	**34**	*8*	**26**	*0*	**15**	*-3*	**9**	**50**	*5*	**41**	*-3*
EL	**12**	*-1*	**36**	*5*	**33**	*-4*	**11**	*-2*	**8**	**48**	*4*	**44**	*-6*
ES	**17**	*-2*	**34**	*3*	**24**	*-3*	**14**	*0*	**11**	**51**	*1*	**38**	*-3*
FR	**9**	*0*	**21**	*4*	**34**	*-4*	**26**	*-2*	**10**	**30**	*4*	**60**	*-6*
HR	**12**	*-12*	**38**	*4*	**28**	*5*	**11**	*0*	**11**	**50**	*-8*	**39**	*5*
IT	**12**	*-5*	**43**	*4*	**21**	*-4*	**8**	*-1*	**16**	**55**	*-1*	**29**	*-5*
CY	**17**	*-8*	**31**	*7*	**26**	*3*	**14**	*-3*	**12**	**48**	*-1*	**40**	*0*
LV	**12**	*0*	**19**	*-6*	**34**	*-5*	**22**	*6*	**13**	**31**	*-6*	**56**	*1*
LT	**13**	*-3*	**27**	*-6*	**32**	*6*	**13**	*1*	**15**	**40**	*-9*	**45**	*7*
LU	**12**	*6*	**18**	*-2*	**31**	*-7*	**29**	*0*	**10**	**30**	*4*	**60**	*-7*
HU	**14**	*0*	**30**	*-2*	**24**	*-7*	**21**	*9*	**11**	**44**	*-2*	**45**	*2*
MT	**11**	*-11*	**39**	*15*	**20**	*-10*	**8**	*3*	**22**	**50**	*4*	**28**	*-7*
NL	**4**	*-2*	**15**	*3*	**37**	*2*	**32**	*-4*	**12**	**19**	*1*	**69**	*-2*
AT	**14**	*5*	**19**	*1*	**28**	*-8*	**32**	*0*	**7**	**33**	*6*	**60**	*-8*
PL	**10**	*-3*	**43**	*8*	**22**	*-7*	**11**	*2*	**14**	**53**	*5*	**33**	*-5*
PT	**8**	*-3*	**36**	*-2*	**38**	*10*	**6**	*-2*	**12**	**44**	*-5*	**44**	*8*
RO	**18**	*-4*	**34**	*5*	**23**	*1*	**12**	*2*	**13**	**52**	*1*	**35**	*3*
SI	**9**	*-5*	**26**	*-2*	**39**	*7*	**22**	*3*	**4**	**35**	*-7*	**61**	*10*
SK	**9**	*-7*	**36**	*1*	**25**	*-6*	**11**	*3*	**19**	**45**	*-6*	**36**	*-3*
FI	**6**	*1*	**17**	*1*	**35**	*0*	**33**	*-5*	**9**	**23**	*2*	**68**	*-5*
SE	**9**	*0*	**22**	*1*	**23**	*-6*	**35**	*3*	**11**	**31**	*1*	**58**	*-3*
UK	**11**	*-4*	**29**	*5*	**36**	*1*	**10**	*-8*	**14**	**40**	*1*	**46**	*-7*

QB12 Do you engage in voluntary work that supports sporting activities?
(%)

	Yes		No		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**6**	*-1*	**94**	*1*	**0**
BE	**9**	*0*	**91**	*0*	**0**
BG	**3**	*0*	**95**	*-1*	**2**
CZ	**8**	*-2*	**92**	*2*	**0**
DK	**18**	*0*	**82**	*0*	**0**
DE	**7**	*-3*	**93**	*3*	**0**
EE	**8**	*-4*	**92**	*5*	**0**
IE	**10**	*-5*	**90**	*6*	**0**
EL	**3**	*0*	**97**	*0*	**0**
ES	**4**	*0*	**96**	*0*	**0**
FR	**5**	*-2*	**95**	*2*	**0**
HR	**3**	*-5*	**97**	*5*	**0**
IT	**2**	*-1*	**98**	*2*	**0**
CY	**5**	*0*	**95**	*0*	**0**
LV	**9**	*1*	**91**	*1*	**0**
LT	**3**	*-2*	**97**	*3*	**0**
LU	**12**	*-1*	**87**	*0*	**1**
HU	**4**	*-2*	**96**	*3*	**0**
MT	**6**	*2*	**94**	*-2*	**0**
NL	**19**	*1*	**81**	*-1*	**0**
AT	**6**	*-6*	**94**	*6*	**0**
PL	**3**	*0*	**97**	*0*	**0**
PT	**1**	*-1*	**99**	*1*	**0**
RO	**2**	*-1*	**98**	*1*	**0**
SI	**10**	*-2*	**90**	*2*	**0**
SK	**3**	*-3*	**97**	*3*	**0**
FI	**11**	*-2*	**89**	*3*	**0**
SE	**19**	*-6*	**81**	*6*	**0**
UK	**7**	*-3*	**93**	*3*	**0**

QB13 How much time do you spend on voluntary work in sport?
(%)
(IF 'ENGAGE IN VOLUNTARY WORK', CODE 1 IN QB12)

	Only occasionally, at individual events		1 to 5 hours per month		6 to 20 hours per month		21 to 40 hours per month		More than 40 hours per month		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**30**	*-6*	**31**	*3*	**30**	*3*	**7**	*1*	**2**	*0*	**0**
BE	**42**	*7*	**17**	*-9*	**28**	*-1*	**9**	*2*	**4**	*1*	**0**
BG	**56**	*-12*	**14**	*2*	**15**	*-1*	**0**	*-4*	**4**	*4*	**11**
CZ	**38**	*-16*	**35**	*9*	**24**	*9*	**3**	*0*	**0**	*-2*	**0**
DK	**33**	*0*	**29**	*0*	**26**	*-3*	**7**	*1*	**5**	*2*	**0**
DE	**18**	*-11*	**47**	*12*	**28**	*-3*	**7**	*3*	**0**	*0*	**0**
EE	**61**	*-2*	**22**	*3*	**12**	*-2*	**2**	*0*	**1**	*0*	**2**
IE	**28**	*-1*	**26**	*-6*	**32**	*3*	**10**	*3*	**4**	*2*	**0**
EL	**51**	*-4*	**25**	*-6*	**24**	*10*	**0**	*0*	**0**	*0*	**0**
ES	**35**	*-9*	**24**	*2*	**31**	*8*	**4**	*-4*	**6**	*3*	**0**
FR	**19**	*-22*	**27**	*5*	**39**	*18*	**12**	*-2*	**3**	*1*	**0**
HR	**60**	*3*	**15**	*0*	**21**	*0*	**4**	*2*	**0**	*-4*	**0**
IT	**46**	*24*	**14**	*-22*	**34**	*1*	**6**	*6*	**0**	*0*	**0**
CY	**49**	*-12*	**5**	*-5*	**38**	*28*	**8**	*0*	**0**	*-11*	**0**
LV	**78**	*10*	**14**	*-3*	**7**	*-5*	**0**	*-1*	**1**	*-1*	**0**
LT	**48**	*0*	**30**	*6*	**13**	*-2*	**0**	*-4*	**9**	*5*	**0**
LU	**36**	*-7*	**28**	*0*	**25**	*3*	**6**	*1*	**2**	*0*	**3**
HU	**53**	*-5*	**22**	*7*	**19**	*-4*	**2**	*0*	**4**	*2*	**0**
MT	**59**	*-16*	**14**	*3*	**13**	*3*	**10**	*8*	**0**	*-2*	**4**
NL	**28**	*1*	**27**	*0*	**36**	*0*	**6**	*-2*	**3**	*2*	**0**
AT	**35**	*-11*	**26**	*10*	**25**	*0*	**9**	*1*	**5**	*1*	**0**
PL	**56**	*7*	**29**	*2*	**8**	*-8*	**7**	*7*	**0**	*0*	**0**
PT	**55**	*13*	**16**	*-11*	**22**	*3*	**7**	*1*	**0**	*-6*	**0**
RO	**45**	*-13*	**25**	*3*	**20**	*9*	**10**	*8*	**0**	*-2*	**0**
SI	**49**	*-3*	**24**	*1*	**20**	*3*	**6**	*1*	**1**	*-1*	**0**
SK	**57**	*4*	**19**	*0*	**17**	*-8*	**3**	*3*	**0**	*-3*	**4**
FI	**34**	*-8*	**30**	*1*	**24**	*5*	**7**	*3*	**4**	*-1*	**1**
SE	**26**	*-13*	**33**	*7*	**32**	*6*	**3**	*-4*	**6**	*4*	**0**
UK	**24**	*-5*	**33**	*2*	**33**	*3*	**8**	*0*	**1**	*-1*	**1**

QB14 What type of voluntary work do you do? (MULTIPLE ANSWERS POSSIBLE)
(%)
(IF 'ENGAGE IN VOLUNTARY WORK', CODE 1 IN QB12)

	You are a member of a board or committee		You do administrative tasks		You are a coach or trainer		You are a referee or other official		You organise or help to run a sporting event		You support day to day club activities (for example, bar, food, merchandising)	
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*
EU28	**21**	*-1*	**18**	*2*	**27**	*-2*	**12**	*3*	**33**	*-2*	**20**	*0*
BE	**21**	*-1*	**21**	*0*	**28**	*3*	**5**	*-8*	**45**	*-3*	**28**	*-3*
BG	**9**	*0*	**3**	*-23*	**13**	*-1*	**2**	*-14*	**46**	*15*	**3**	*-13*
CZ	**18**	*4*	**10**	*-5*	**36**	*19*	**5**	*1*	**44**	*-2*	**7**	*-2*
DK	**21**	*-15*	**25**	*-5*	**32**	*0*	**13**	*-3*	**35**	*-3*	**28**	*4*
DE	**22**	*-10*	**26**	*9*	**30**	*-1*	**5**	*0*	**21**	*4*	**22**	*-6*
EE	**10**	*3*	**17**	*3*	**19**	*7*	**38**	*14*	**55**	*7*	**9**	*5*
IE	**15**	*-5*	**17**	*2*	**42**	*-2*	**10**	*7*	**39**	*-2*	**23**	*1*
EL	**10**	*2*	**7**	*0*	**14**	*0*	**15**	*15*	**46**	*0*	**30**	*1*
ES	**13**	*5*	**3**	*1*	**40**	*10*	**8**	*-8*	**25**	*-22*	**9**	*3*
FR	**21**	*-11*	**16**	*-10*	**30**	*3*	**13**	*8*	**36**	*-10*	**30**	*9*
HR	**15**	*-12*	**7**	*3*	**15**	*-4*	**15**	*8*	**39**	*-6*	**31**	*10*
IT	**31**	*15*	**21**	*9*	**0**	*-36*	**22**	*19*	**59**	*40*	**10**	*-6*
CY	**5**	*-43*	**8**	*-20*	**8**	*-2*	**17**	*17*	**50**	*-8*	**37**	*22*
LV	**6**	*0*	**22**	*12*	**16**	*2*	**29**	*6*	**59**	*10*	**10**	*3*
LT	**0**	*-3*	**9**	*-2*	**13**	*6*	**9**	*-1*	**32**	*7*	**0**	*-8*
LU	**24**	*-13*	**22**	*2*	**21**	*10*	**14**	*2*	**20**	*-17*	**16**	*-11*
HU	**10**	*-3*	**23**	*-4*	**14**	*9*	**0**	*-5*	**44**	*-3*	**7**	*2*
MT	**22**	*-1*	**14**	*-8*	**5**	*-6*	**0**	*0*	**40**	*3*	**6**	*-16*
NL	**33**	*1*	**16**	*-4*	**29**	*1*	**20**	*1*	**28**	*-10*	**25**	*0*
AT	**12**	*-8*	**25**	*7*	**35**	*16*	**11**	*0*	**45**	*1*	**24**	*0*
PL	**9**	*-2*	**9**	*1*	**3**	*-9*	**42**	*23*	**36**	*26*	**15**	*0*
PT	**25**	*5*	**8**	*8*	**18**	*-10*	**0**	*-10*	**50**	*18*	**32**	*18*
RO	**6**	*-8*	**28**	*17*	**0**	*0*	**0**	*0*	**27**	*7*	**10**	*4*
SI	**28**	*10*	**21**	*10*	**19**	*4*	**9**	*3*	**49**	*-1*	**27**	*13*
SK	**10**	*-2*	**9**	*-4*	**25**	*-1*	**0**	*-7*	**43**	*-23*	**15**	*-1*
FI	**24**	*13*	**20**	*0*	**30**	*8*	**15**	*-5*	**44**	*-1*	**21**	*-1*
SE	**27**	*-3*	**24**	*5*	**29**	*-3*	**12**	*-4*	**41**	*-10*	**20**	*-4*
UK	**17**	*8*	**15**	*3*	**31**	*-8*	**9**	*2*	**27**	*-8*	**13**	*0*

QB14 What type of voluntary work do you do? (MULTIPLE ANSWERS POSSIBLE)
(%)
(IF 'ENGAGE IN VOLUNTARY WORK', CODE 1 IN QB12)

	You provide transport		You maintain sports facilities		You maintain sports equipment		Other (SPONTANEOUS)		Don't know
	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4	*Diff. EB88.4 - EB80.2*	EB88.4
EU28	**10**	*-5*	**9**	*-1*	**10**	*2*	**9**	*-1*	**1**
BE	**6**	*-5*	**3**	*-6*	**12**	*2*	**7**	*-2*	**0**
BG	**7**	*4*	**13**	*4*	**23**	*19*	**20**	*17*	**3**
CZ	**4**	*-10*	**19**	*1*	**13**	*6*	**6**	*4*	**0**
DK	**17**	*-15*	**7**	*-10*	**5**	*-10*	**14**	*10*	**0**
DE	**4**	*-9*	**11**	*-2*	**9**	*-3*	**11**	*-1*	**2**
EE	**11**	*1*	**7**	*2*	**9**	*-1*	**5**	*1*	**2**
IE	**10**	*-9*	**8**	*0*	**7**	*3*	**2**	*-5*	**1**
EL	**0**	*-7*	**3**	*3*	**0**	*-4*	**18**	*4*	**0**
ES	**0**	*-8*	**6**	*3*	**11**	*11*	**7**	*2*	**0**
FR	**15**	*1*	**7**	*-3*	**11**	*3*	**9**	*5*	**0**
HR	**7**	*-9*	**10**	*5*	**0**	*-3*	**5**	*-7*	**0**
IT	**4**	*0*	**6**	*-2*	**13**	*13*	**0**	*-20*	**0**
CY	**16**	*2*	**0**	*-7*	**0**	*-12*	**11**	*6*	**0**
LV	**16**	*4*	**3**	*-3*	**5**	*-3*	**10**	*10*	**1**
LT	**8**	*1*	**4**	*-5*	**15**	*5*	**27**	*-4*	**13**
LU	**8**	*-10*	**5**	*-1*	**13**	*7*	**18**	*6*	**3**
HU	**28**	*7*	**4**	*0*	**18**	*-4*	**4**	*-2*	**0**
MT	**0**	*-11*	**4**	*-15*	**10**	*8*	**13**	*-13*	**9**
NL	**15**	*-15*	**11**	*6*	**4**	*-2*	**9**	*4*	**0**
AT	**11**	*-11*	**15**	*-1*	**11**	*-4*	**2**	*-5*	**0**
PL	**12**	*1*	**12**	*-4*	**14**	*10*	**4**	*-9*	**0**
PT	**6**	*6*	**26**	*14*	**10**	*0*	**0**	*-7*	**0**
RO	**4**	*-1*	**13**	*13*	**5**	*2*	**14**	*-24*	**0**
SI	**11**	*-7*	**13**	*-6*	**8**	*-5*	**9**	*-9*	**0**
SK	**2**	*-6*	**11**	*-2*	**25**	*11*	**17**	*12*	**3**
FI	**24**	*-3*	**8**	*3*	**9**	*-3*	**14**	*9*	**2**
SE	**33**	*-2*	**7**	*-5*	**18**	*10*	**4**	*2*	**0**
UK	**6**	*-3*	**7**	*-2*	**7**	*2*	**11**	*-7*	**4**