

BFDG

Social Programme 2022

Join us this year at #BFDG2022 for a number of exciting social opportunities, both online and offline:

EVENING EVENTS

Speed Networking

18:00 - 19:00 GMT
14.04.2022

Location: Gathertown Social 2

Pop-in to our informal Speed Networking session, and meet a new delegate every 5 minutes. This is a great opportunity to catch up with colleagues, chat with friends and meet new people!

BFDG Quiz

19:30 - 21:00 GMT
14.04.2022

Location: Gathertown Social 1

It's time for the BFDG Annual Quiz! This year's winning team will receive a cash prize to put towards a charity of their choice. There's no need to pre-arrange a team - just turn up either as an individual or a group and get ready to compete (max. 4 people per team)

ASYNCHRONOUS ACTIVITIES

Walking Challenge

Ongoing
14.04.2022 - 15.04.2022

Location: Gathertown Social 3

This year, we are encouraging delegates to step away from their desks, go outside and exercise! Walk, run, cycle or swim up to 5 miles during the conference and log your distance on the Gathertown Social 3 whiteboard to help us complete our 500 miles goal

Photo Share

Ongoing
14.04.2022 - 15.04.2022

Location: Twitter

Use the hashtag #MyBFDG on Twitter to show us what you are getting up to during this year's virtual conference and connect to other members of our growing BFDG community

Stretch + Breathe

10:50-10:55 + 14:50 - 14:55 GMT
14.04.2022 - 15.04.2022

Location: Zoom

We have included several stretching and breathing breaks within the official BFDG 2022 programme to help promote mindfulness during long days of virtual conferencing. Take 5 and energise!