



Wednesday 13 th April 2022	
Time (GMT*)	Activity
09:00 – 09:10	Welcome
09:10 – 09:50	<p>Keynote Speaker: Clare Llewellyn Research Department of Behavioural Science and Health UCL <i>An Appetite for Life: Genetic and environment influences on the development of eating behaviour</i></p> <p>Chair: Chris McLeod Co-chair: Jordan Marwood</p>
09:50 – 10:50	<p><i>‘Green’ Futures and Sustainable Diets</i> Chair: Yeliz Vural Co-chair: Tess Davis</p>
	<u>Speakers:</u>
	<p><i>Laura Arrazat – Centre des Sciences du Goût et de l’Alimentation</i> Reducing the environmental impact of consumers’ food choices: what is the effectiveness of a cross-category environmental label?</p>
	<p><i>Charlotte Hardman – University of Liverpool</i> Growing or Greening? Does urban agriculture and nature exposure influence mood, perceived restorativeness and food preferences?</p>
	<p><i>Florence Sheen – A*STAR</i> Who are the future ‘alternative’ protein consumers? Understanding motivations to reduce meat intake and consume alternative protein products in the diverse group of flexitarian consumers</p>
	<p><i>Lara H. Wehbe – University of Glasgow</i> It’s easy to maintain when the changes are small: Exploring sustainability motivated dietary changes from a self-control perspective.</p>
	<p><i>Vibhuti Patel – The University of Sheffield</i> Investigating the effect of a social norms message on meat-based food purchases in a New Zealand university food outlet</p>
	<p><i>Bethan R. Mead – University of Liverpool</i> Does soil = natural? Understanding consumer acceptance of urban grown food: a rapid evidence review.</p>
10:50 – 11:05	Break (5 minute breathing break at 10:50)

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11:05 – 11:50	Poster Session 1
11:50 – 12:50	<i>Children’s Eating Behaviour and Health</i> Chair: Gerry Jager Co-chair: Elanor Hinton
	<u>Speakers:</u>
	<i>Rebecca Evans – University of Liverpool</i> A questionnaire study exploring engagement with livestreaming platforms, marketing recall, and associated behavioural and health outcomes in adolescents
	<i>Anca T Dobrescu – University of Bristol</i> A systematic review of the relationship between portion size and children’s body weight and BMI
	<i>Anouk Hendriks-Hartensveld – Maastricht University</i> Vegetable neophobia is associated with risk avoidance for distaste in children
	<i>Carina Mueller – Wageningen University</i> The relationship between sweetness exposure and sweetness liking in infants 3-12 months of age
	<i>Sundus Mahdi – University of Sheffield</i> Improving children’s dietary intake: Mapping behaviour change techniques onto the Change4Life Food Scanner app
	<i>Lucile Marty – Centre des Sciences du Goût et de l’Alimentation</i> “How much did you like the meal today?” Children’s liking for vegetarian and non-vegetarian meals at school canteens
12:50 – 13:50	Lunch and Talk by Annette Creedon from the British Nutrition Foundation (13:10-13:30)
13:50 – 14:50	<i>In Excess: Portion Size and Energy Density</i> Chair: Florence Sheen Co-chair: Lucile Marty
	<u>Speakers:</u>
	<i>Yujia Zhai – University of Bristol</i> Associations between energy density and preference in fruits and vegetables: A cross-cultural comparison in the UK and China

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	<p><i>Roya O Shahrokni – University of Bristol</i></p> <p>The future is 3D: Developing acceptable portion-reduced products</p>
	<p><i>Ruiqi Chu – University of Leeds</i></p> <p>Using photo-elicitation to explore salient packaging characteristics and design features to enhance portion control</p>
	<p><i>Annika N. Flynn – University of Bristol</i></p> <p>Sensitivity to, and ‘overcompensation’ for, calories in higher energy-dense meals: Evidence in both restrained and unrestrained eaters.</p>
	<p><i>Tess Langfield – University of Liverpool</i></p> <p>Socioeconomic position and the impact of increasing the availability of lower energy foods for home delivery: a randomized control trial examining effects on meal energy intake and later energy intake</p>
	<p><i>Eric Robinson – University of Liverpool</i></p> <p>If I eat less now will I eat more later?</p>
14:50 – 15:05	Break (5 minute stretching break at 14:50)
15:05 – 15:50	Poster Session 2
15:50 – 16:50	<p style="text-align: center;"><i>From Perception to Ingestion</i></p> <p style="text-align: center;">Chair: Monica Mars Co-chair: Gerry Jager</p>
	<u>Speakers:</u>
	<p><i>Rhiannon Mae Armitage – University of Sussex</i></p> <p>Re-evaluating the relationship between sweet-liking and body composition</p>
	<p><i>Stephanie Farrar – University of Glasgow</i></p> <p>Recalling The Pleasures of The Pub</p>
	<p><i>Lise Heuven – Wageningen University</i></p> <p>How the eating rate of a pasta meal is modified by the eating rate of its components</p>
	<p><i>Xinmeng Yang – Wageningen University</i></p> <p>How sweet odors influences healthy food choices: An eye-tracking study</p>
	<p><i>Claudia Tang – Bournemouth University</i></p> <p>Spot the pattern: Methods towards the characterisation of dietary taste patterns</p>

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	<i>Helena Blackmore – University of Sussex</i> The effect of beer alcohol content and focus on consumer post-ingestive experience
16:50 – 17:00	Closing for the day
17:00 – 17:20	Business Meeting
Evening	Social Programme
18:00-19:00	Speed Networking (Social – 2)
19:30-21:00	Pub Quiz (Social – 1)

Thursday 14th April 2022	
Time (GMT*)	Activity
09:00 – 09:10	Welcome Back
09:10 – 09:50	Peter J Rogers - University of Bristol. <i>The lure of food reward: an incentive motivation theory of appetite and weight control</i> Chair: Jeffrey Brunstrom Co-chair: Beth Mead
09:50 – 10:50	<i>Cognition and Brain</i> Chair: Suzanne Higgs Co-chair: Annika Flynn
	<u>Speakers:</u>
	<i>Elanor C Hinton – University of Bristol</i> A cross-cultural comparison of mindful eating, cognitive distraction and episodic memory with BMI between the UK and China
	<i>Shihui Yu – University of Leeds</i> Sensitivity to internal cues of satiation: relationship with BMI and intuitive eating.
	<i>Leonard K. Kulisch – Leipzig University</i> Causal Relationships Between Childhood Obesity and its Neurobehavioral Correlates: A Twin Modelling Study
	<i>Aimee E. Pink – A*STAR</i>

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	Implicit Satiety Goals and Food-Related Expectations Predict Portion Size in Older Adults: Findings from the BAMMBE Cohort
	<i>Kai Thomas – Cardiff University</i> Neural correlates of emotion regulation and associations with disordered eating during preadolescence.
	<i>Sarah Althubeati – University of Nottingham</i> Functional neuroimaging meta-analysis to map brain activity of gut-brain signalling to appetite and satiety in healthy adults
10:50 – 11:05	Break (5 minute breathing break at 10:50)
11:05 – 11:50	Poster Session 3
11:50 – 12:50	<i>Clinical Perspectives on Eating Behaviour</i> Chair: Katy Tapper Co-chair: Aimee Pink
	<u><i>Speakers:</i></u>
	<i>Bixuan Yan – University of Sheffield</i> Is eating later associated with an increased body mass index (BMI) in UK adults, and what are the characteristics of early versus late evening eaters?
	<i>Anestis Dougkas – Institut Paul Bocuse Research Centre</i> Comparative study exploring the dynamic process of an eating episode, food preferences and eating behavior in adult women with morbid obesity and after bariatric surgery
	<i>Jennifer Gatzemeier – Swansea University</i> Prospective psychological predictors of weight change during the Covid pandemic
	<i>Yonta van der Burgh – Wageningen University</i> Similar decrease in dietary intake of sweet and fat tastes compared to other tastes after bariatric surgery
	<i>Chantelle Gaylor – Swansea University</i> The Impact of Glycaemic Load on Cognitive Performance: A Meta-analysis and Guiding Principles for Future Research

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	<i>Mirjam van den Brink – Princess Máxima Center for Pediatric Oncology</i> The impact of taste and smell changes in children with cancer undergoing chemotherapy: a qualitative study
12:50 – 13:50	Lunch
13:50 – 14:50	Impact of Caregivers’ Feeding Practices Chair: Cara Ruggiero Co-chair: Marion Hetherington
	<u>Speakers:</u>
	<i>Jo Cecil – University of St Andrews</i> Baby’s First Foods – a mixed methods survey during the COVID-19 pandemic.
	<i>Katie Edwards – Aston University</i> The moderating effect of food neophobia on the relationship between models’ positive facial expressions whilst eating a vegetable on children’s vegetable tastes and intake
	<i>Gerry Jager – Wageningen University</i> Effects of parental restriction on intake of sugary foods and beverages and sweetness preferences in 4-7-year-old children
	<i>Colette Marr – University of Sheffield</i> Grandparental influence on the diets of preschool aged children.
	<i>Liam Chawner – University of Leeds</i> Meal service vs experiential learning: An online investigation of parental intentions to implement healthy eating interventions with their children.
	<i>Laura Hielscher – University of Hertfordshire</i> The lived experiences of new mothers accessing feeding support services for infants with Down syndrome during the COVID-19 pandemic.
14:50 – 15:05	Break (5 minute stretching break at 14:50)
15:05 - 15:45	Keynote Speaker: Barbara Rolls, Pennsylvania State University <i>A Half Century of Studying Ingestive Behavior: the Big Three</i> Chair: Nicola Buckland Co-chair: Anca Dobrescu
15:45 – 16:00	Closing Remarks

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Poster Session 1

Poster Number	Presenter and Title
1	<i>Kinga Kwiecien</i> - Breakfast portion sizes: visual cues and consumption
2	<i>Lucile Marty</i> - Motivational roots of sustainable diets: food choice motives associated to the different facets of diet sustainability in French adults
3	<i>Iryna Rachyla</i> - Improving the user' experience with portion control tools: Preliminary results from a qualitative study
4	<i>Jennifer S Cox</i> - The development of an ACT-based intervention for self-determination in weight management
5	<i>Ecaterina Stribitcaia</i> - Are video-based surveys feasible to assess the effect of food texture on perceived satiety?
6	<i>Abigail Pickard</i> - Appetite in Preschoolers: Producing Evidence for Tailoring Interventions Effectively - the APPETItE Study Protocol
7	<i>Eva Marija Cad</i> - Sweet tooth study: Protocol for a 6-month semi-controlled randomized trial assessing effects of dietary sweetness exposure on sweetness preferences
8	<i>Theresa Ester</i> - Stimulating the hypothalamus brain network to influence eating behavior
9	<i>Birgit van Dijk</i> - A longitudinal evaluation of smell and taste dysfunction after COVID-19 infection: The COVORTS study
10	<i>Jaclyn Lerner</i> - Improving diet and dental hygiene behaviours among toddlers through tailored messaging and motivational interviewing: A study protocol for an online multicomponent intervention
11	<i>Rachel Smith</i> - Co-creation of food solutions to improve nutritional status in older adults
12	<i>Lenneke van Bussel</i> - Implicit and explicit associations between food sustainability and palatability. Exploring the differences in sustainable food choice motives and socio-demographics
13	<i>Karolina Borkowska</i> - Vitamin D status and intake among the UK population application of the National Diet and Nutrition Survey database.

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Poster Session 2

Poster Number	Presenter and Title
14	<i>Gregory S Keenan</i> - Income loss and diet quality during the first COVID-19 lockdown in a UK and Australian sample: the role of distress as a potential mediator
15	<i>Tess Davis</i> - What's in a (Dish) Name? Greater use of Consumption Simulation Language for Diet-Congruent
16	<i>Lee Yu Jun</i> - The Appetite Toolbox Protocol: A randomised efficacy trial and mixed-method exploration of a behavioural intervention designed to promote eating regulation skills in paediatric overweight and obesity
17	<i>Clara Steiner</i> - Developing a network of community food growers in a UK city
18	<i>Chi Thanh Vi</i> - Evaluating the sense of agency for taste in moderate sweet likers
19	<i>Britt van Belkom</i> - Promoting vegetable acceptance in toddlers using a contingency management program: a cluster randomised trial
20	<i>Lucy Boxall</i> - Protocol for a randomized controlled trial investigating the effects of nutrient- vs food- vs food substitution based dietary recommendations for reducing free sugar consumption, on free sugar intakes, dietary profiles, and sweet taste outcomes.
21	<i>Ecaterina Stribitcaia</i> - Does altering food texture influence appetite and the subsequent food intake?
22	<i>Yeliz Vural</i> - Expectation and Experience: What do consumers think about the taste of a plant-based burger?
23	Mariasole Da Boit - The art of matching calories intake with energy expenditure: a pilot study
24	<i>Amy Rodger</i> - Can a simple plan change a complex behaviour? Implementation intentions and water drinking
25	<i>Maya Gumussoy</i> - Methods testing: the application of taste pleasantness and desire to eat measures in food-disgust research

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26	<i>Taibat Ibitoye</i> - Influence of texture modified diets on appetite and dietary intake in older adults.
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Poster Session 3

Poster Number	Presenter and Title
27	<i>Abigail Pickard</i> - Adult's Food Categorizations are Predictive of Food Acceptance.
28	<i>Rebecca Elsworth</i> - Using Momentary Appetite Capture (MAC) to characterise the everyday experience of disinhibited eaters.
29	<i>Cong Lyu</i> - Getting hot: How oral burn impacts thickness discrimination of liquid foods and oral processing behavior of solid foods
30	<i>Rochelle Embling</i> - Associations between dietary variety, portion size, and body weight: Prospective evidence from 35,449 UK Biobank participants
31	<i>Yao Chen</i> - Influence of oral processing behaviour and bolus properties of brown rice and chickpeas on in vitro starch digestion and postprandial glycaemic response
32	<i>Maria Almudena Claassen</i> - Representational shifts: Increasing motivation for bottled water through advertisements
33	<i>Edel Campbell</i> - Taste-focused labelling to influence choice of oily fish in university canteen – a pilot study
34	<i>Amy Finlay</i> - A scoping review of outdoor food marketing: exposure, power and impacts on eating behaviour and health.
35	<i>Rebecca Stone</i> - Boredom-induced emotional eating in children aged 6-9-years
36	<i>Tennessee Randall</i> - Application of the theory of planned behaviour to understand sustainable food choices across Western and non-Western cultures: a scoping review protocol
37	<i>Beverley O'Hara</i> - Protocol for short and medium-term effects of sweeteners on appetite-related behaviour, physiology, and health.
38	<i>Simone Rehn</i> - Sucrose intake by rats affected by both intraperitoneal oxytocin administration and time of day

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39	<i>Dārta Vasiljeva</i> - Daily Work Stress and Unhealthy Snacking: The Moderating Role of Trait Mindfulness
40	<i>Katie Clarke</i> - Socioeconomic position and the effect of portion size reduction: a 1-day dietary behaviour experimental study

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