

Fermented root vegetables as synbiotic products

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RootBioMe and University of Tartu



Circular bioeconomy

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RootBioMe

- We believe good health begins in the gut, where our mutual connections with microbiome have evolved over millions of years.
- Because of our modern, urban lifestyles, many of us don't have easy access to the environments that support a healthy microbiome - full of diverse, rich populations of helpful bacteria.



Our aim is to provide healthy plant based products that support our microbiome.

We develop & provide plant based synbiotic products that are minimally processed

Probiotics-
bacteria that enrich
directly our microbiome

Prebiotics-
is food for good
beneficial bacteria

We developed
synbiotic product
by combining probiotics
and prebiotics

Vegetables as source of beneficial bacteria

RootBioMe has discovered that Jerusalem artichoke (*Helianthus tuberosus*, also known as topinambur) have very diverse bacterial communities, which have a great potential for influencing microbial communities in the human intestine.

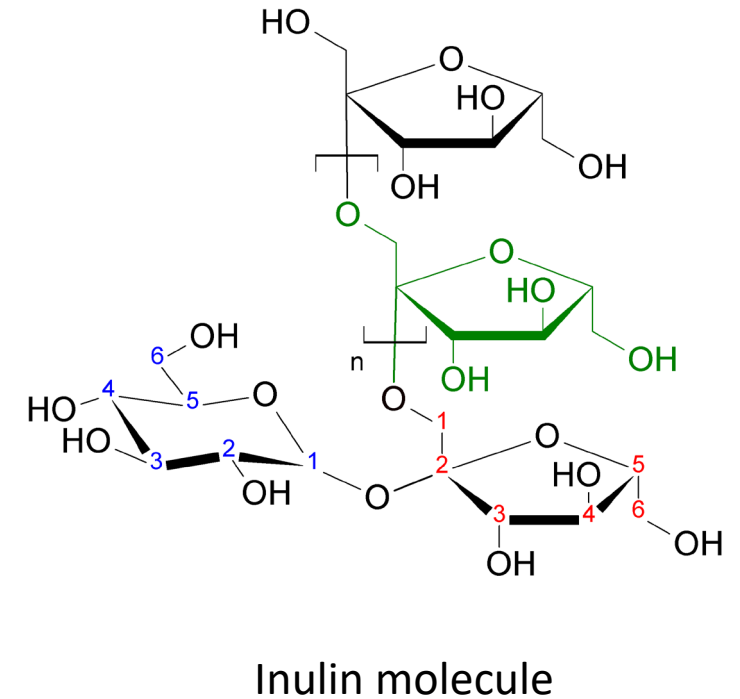


Helianthus tuberosus



Helianthus tuberosus roots

- The main **prebiotic** in the Jerusalem artichoke is **inulin**. Only gut bacteria can break inulin into **fructooligosaccharides (FOS)**.
- Inulin and FOS act as food for several beneficial bacteria in the gut, including *Bifidobacteria*. FOS is used in functional foods.
- bacteria living in our intestine cleave inulin and produce short chain fatty acids (SCFA), which in turn are very beneficial for the our health.
- RootBioMe continues to develop technologies that enrich FOS in foods



Synbiotic Jerusalem artichoke CHIPS & POWDER



- We have isolated the **lactic acids bacteria (LABs)** from Jerusalem artichok and use them for fermentation of the Jerusalem artichoke roots.
- After fermentation, our chips have a high concentration of lactic acid bacteria (**probiotic component**) with inulin and FOS (**prebiotic component**)

Freeze dried fermented synbiotic chips and powder are healthy products that can prevent or alleviate several health problems: improve our metabolism and protect against cardiovascular diseases

We have developed freeze dried chips with different flavours and powder from fermented Jerusalem artichok

Inulin 60%

Lactic acid bacteria:
more than 10^{10} per gram

Our trade mark is:

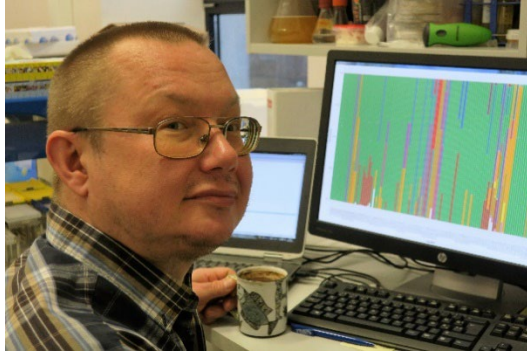
MAA

(„Earth“ in Estonian language)



- The chips can be enjoyed directly
- The powder as component of salads, smoothies etc.

Scientific co-founders:



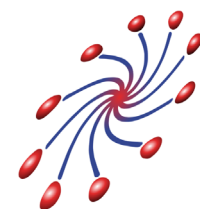
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Human gut microbiome



University of Tartu
SPIN-OFF
company

We produce our products
in collaboration with established **partners.**

Ecological farmers from Southern Estonia produce
the raw vegetables.



In Freezedry factory
we process the vegetables
and produce chips & powder.

